SPRINGS CHARTER SCHOOLS
Riverside
STUDENT CENTER

May 2022

K-8 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 2, 2022	**May 3, 2022**	**May 4, 2022**	**May 5, 2022**	**May 6, 2022**
BREAKFAST TRIX^, Maple Breakfast Square^, Craisins, Fruit Punch Juice, Milk **LUNCH** TURKEY & CHEESE SANDWICH^, Fresh Baby Carrots, Ranch Dressing, Sun Splash Veggie Juice, Applesauce, Mustard, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH FILLED BAR^, Diced Pears, Apple Juice, Milk **LUNCH** VANILLA YOGURT, String Cheese, Tropical Veggie Juice, Diced Pears, Cornbread^, Milk	**BREAKFAST** BANANA MINI MUFFIN^, String Cheese, Fresh Apple, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine (IW), Fresh Cauliflower Florets (IW), French Dressing, Diced Peaches, Mustard, Milk	**BREAKFAST** RASPBERRY-CHERRY YOGURT, Granola^, Fresh Banana, Grape Juice, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Fresh Orange, Mustard, Milk	**BREAKFAST** GOLDEN GRAHAMS^, Vanilla Waffle Square^, Fresh Apple, Milk **LUNCH** HERO SANDWICH^, Italian Corn Salad, Fresh Pear, Mustard, Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
May 9, 2022	**May 10, 2022**	**May 11, 2022**	**May 12, 2022**	**May 13, 2022**
BREAKFAST COCOA PUFFS^, Strawberry Pancake Square^, Craisins, Apple Juice, Mik **LUNCH** STRAWBERRY YOGURT, String Cheese, Tropical Veggie Juice, Fresh Orange, Cornbread^, Milk	**BREAKFAST** CHERRY FRUDEL^, Diced Peaches, Fruit Punch Juice, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH^, Sun Splash Veggie Juice, Fresh Baby Carrots, Ranch Dressing, Mixed Fruit, Mustard, Milk	**BREAKFAST** BLUEBERRY MINI MUFFIN^, String Cheese, Fresh Apple, Milk **LUNCH** TURKEY & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk	**BREAKFAST** CINNAMON CHEX^, Cherry Breakfast Bar^, Fresh Banana, Orange-Tangerine Juice, Milk **LUNCH** HERO SANDWICH^, Italian Corn Salad, Sliced Apples, Mustard, Milk	**BREAKFAST** STRAWBERRY YOGURT, Granola^, Fresh Apple, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine (IW), Fresh Broccoli Florets (IW), French Dressing, Fresh Banana, Mustard, Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
May 16, 2022	**May 17, 2022**	**May 18, 2022**	**May 19, 2022**	**May 20, 2022**
BREAKFAST APPLE CINNAMON CHEERIOS^, Graham Crackers^, Craisins, Orange-Tangerine Juice, Milk **LUNCH** TURKEY & CHEESE SANDWICH^, Fresh Baby Carrots, Ranch Dressing, Sun Splash Veggie Juice, Applesauce, Mustard, Milk	**BREAKFAST** RASPBERRY-CHERRY YOGURT, Granola^, Diced Pears, Apple Juice, Milk **LUNCH** VANILLA YOGURT, String Cheese, Tropical Veggie Juice, Diced Pears, Cornbread^, Milk	**BREAKFAST** TRIX^, Maple Breakfast Square^, Fresh Apple, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine (IW), Fresh Cauliflower Florets (IW), French Dressing, Diced Peaches, Mustard, Milk	**BREAKFAST** CINNAMON BUN^, Fresh Banana, Fruit Punch Juice, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Fresh Orange, Mustard, Milk	**BREAKFAST** CHERRY BREAKFAST BAR^, String Cheese, Fresh Apple, Milk **LUNCH** HERO SANDWICH^, Italian Corn Salad, Fresh Pear, Mustard, Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
May 23, 2022	**May 24, 2022**	**May 25, 2022**	**May 26, 2022**	**May 27, 2022**
BREAKFAST CINNAMON TOAST CRUNCH^, Vanilla Waffle Square^, Craisins, Grape Juice, Milk **LUNCH** STRAWBERRY YOGURT, String Cheese, Tropical Veggie Juice, Fresh Orange, Cornbread^, Milk	**BREAKFAST** PILLSBURY GRAPE CRESCENT^, Diced Pears, Orange-Tangerine Juice, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH^, Sun Splash Veggie Juice, Fresh Baby Carrots, Ranch Dressing, Mixed Fruit, Mustard, Milk	**BREAKFAST** DOUBLE CHOCOLATE MINI MUFFIN^, String Cheese, Fresh Apple, Milk **LUNCH** TURKEY & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk		***MENU SUBJECT TO CHANGE***
MONDAY	**TUESDAY**			
May 30, 2022	**May 31, 2022**			



ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS and CHOICE OF 1% OR FAT FREE WHITE MILK
^ Denotes item is whole-grain/whole wheat
**** This institution is an equal opportunity provider ****