

# May 2022

## K-8 Breakfast & Lunch

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|--|--|--|---|
| May 2, 2022   | May 3, 2022  | May 4, 2022  | May 5, 2022  | May 6, 2022   |
| <b>BREAKFAST</b><br>TRIX CEREAL <sup>^</sup> , Graham Crackers <sup>^</sup> ,<br>Strawberry-Kiwi Juice, Dried<br>Cranberries, Milk<br><b>LUNCH</b><br>TURKEY & CHEESE SANDWICH <sup>^</sup> ,<br>Fresh Baby Carrots, Ranch Dressing,<br>Sun Splash Veggie Juice, Applesauce,<br>Mustard, Milk | <b>BREAKFAST</b><br>RICE CHEX <sup>^</sup> , Vanilla Waffle<br>Breakfast Square <sup>^</sup> , Grape Juice, Dried<br>Cranberries, Milk<br><b>LUNCH</b><br>VANILLA YOGURT, String Cheese,<br>Tropical Veggie Juice, Diced Pears,<br>Cornbread <sup>^</sup> , Milk                                       | <b>BREAKFAST</b><br>CINNAMON TOAST CRUNCH <sup>^</sup> ,<br>Graham Crackers <sup>^</sup> , Strawberry-Kiwi<br>Juice, Dried Cranberries, Milk<br><b>LUNCH</b><br>TURKEY BOLOGNA SANDWICH <sup>^</sup> ,<br>Fresh Chopped Romaine (IW), Fresh<br>Cauliflower Florets (IW), French<br>Dressing, Diced Peaches, Mustard,<br>Milk | <b>BREAKFAST</b><br>COCOA PUFFS <sup>^</sup> , Strawberry<br>Breakfast Square <sup>^</sup> , Blended Fruit Juice,<br>Peach Cup, Milk<br><b>LUNCH</b><br>TURKEY HAM & CHEESE<br>SANDWICH <sup>^</sup> , Hummus Cup, Fresh<br>Baby Carrots, Fresh Orange, Mustard,<br>Milk | <b>BREAKFAST</b><br>FRUITY CHEERIOS <sup>^</sup> , Maple<br>Breakfast Square <sup>^</sup> , Orange-Tangerine<br>Juice, Dried Cranberries, Milk<br><b>LUNCH</b><br>HERO SANDWICH <sup>^</sup> , Italian Corn<br>Salad, Fresh Pear, Mustard, Milk   |
| May 9, 2022   | May 10, 2022   | May 11, 2022   | May 12, 2022   | May 13, 2022  |
| <b>BREAKFAST</b><br>TRIX CEREAL <sup>^</sup> , Graham Crackers <sup>^</sup> ,<br>Strawberry-Kiwi Juice, Dried<br>Cranberries, Milk<br><b>LUNCH</b><br>STRAWBERRY YOGURT, String<br>Cheese, Tropical Veggie Juice, Fresh<br>Orange, Cornbread <sup>^</sup> , Milk                              | <b>BREAKFAST</b><br>RICE CHEX <sup>^</sup> , Vanilla Waffle<br>Breakfast Square <sup>^</sup> , Grape Juice, Dried<br>Cranberries, Milk<br><b>LUNCH</b><br>TURKEY HAM & CHEESE<br>SANDWICH <sup>^</sup> , Sun Splash Veggie<br>Juice, Fresh Baby Carrots, Ranch<br>Dressing, Mixed Fruit, Mustard, Milk | <b>BREAKFAST</b><br>CINNAMON TOAST CRUNCH <sup>^</sup> ,<br>Graham Crackers <sup>^</sup> , Strawberry-Kiwi<br>Juice, Dried Cranberries, Milk<br><b>LUNCH</b><br>TURKEY & CHEESE SANDWICH <sup>^</sup> ,<br>Hummus Cup, Fresh Baby Carrots,<br>Orange-Tangerine Juice, Mustard, Milk  | <b>BREAKFAST</b><br>COCOA PUFFS <sup>^</sup> , Strawberry<br>Breakfast Square <sup>^</sup> , Blended Fruit Juice,<br>Peach Cup, Milk<br><b>LUNCH</b><br>HERO SANDWICH <sup>^</sup> , Italian Corn<br>Salad, Sliced Apples, Mustard, Milk                                 | <b>BREAKFAST</b><br>FRUITY CHEERIOS <sup>^</sup> , Maple<br>Breakfast Square <sup>^</sup> , Orange-Tangerine<br>Juice, Dried Cranberries, Milk<br><b>LUNCH</b><br>TURKEY BOLOGNA SANDWICH <sup>^</sup> ,<br>Fresh Chopped Romaine (IW), Fresh<br>Broccoli Florets (IW), French Dressing,<br>Fresh Banana, Mustard, Milk |
| May 16, 2022  | May 17, 2022   | May 18, 2022   | May 19, 2022   | May 20, 2022  |
| <b>BREAKFAST</b><br>TRIX CEREAL <sup>^</sup> , Graham Crackers <sup>^</sup> ,<br>Strawberry-Kiwi Juice, Dried<br>Cranberries, Milk<br><b>LUNCH</b><br>TURKEY & CHEESE SANDWICH <sup>^</sup> ,<br>Fresh Baby Carrots, Ranch Dressing,<br>Sun Splash Veggie Juice, Applesauce,<br>Mustard, Milk | <b>BREAKFAST</b><br>RICE CHEX <sup>^</sup> , Vanilla Waffle<br>Breakfast Square <sup>^</sup> , Grape Juice, Dried<br>Cranberries, Milk<br><b>LUNCH</b><br>VANILLA YOGURT, String Cheese,<br>Tropical Veggie Juice, Diced Pears,<br>Cornbread <sup>^</sup> , Milk                                       | <b>BREAKFAST</b><br>CINNAMON TOAST CRUNCH <sup>^</sup> ,<br>Graham Crackers <sup>^</sup> , Strawberry-Kiwi<br>Juice, Dried Cranberries, Milk<br><b>LUNCH</b><br>TURKEY BOLOGNA SANDWICH <sup>^</sup> ,<br>Fresh Chopped Romaine (IW), Fresh<br>Cauliflower Florets (IW), French<br>Dressing, Diced Peaches, Mustard,<br>Milk | <b>BREAKFAST</b><br>COCOA PUFFS <sup>^</sup> , Strawberry<br>Breakfast Square <sup>^</sup> , Blended Fruit Juice,<br>Peach Cup, Milk<br><b>LUNCH</b><br>TURKEY HAM & CHEESE<br>SANDWICH <sup>^</sup> , Hummus Cup, Fresh<br>Baby Carrots, Fresh Orange, Mustard,<br>Milk | <b>BREAKFAST</b><br>FRUITY CHEERIOS <sup>^</sup> , Maple<br>Breakfast Square <sup>^</sup> , Orange-Tangerine<br>Juice, Dried Cranberries, Milk<br><b>LUNCH</b><br>HERO SANDWICH <sup>^</sup> , Italian Corn<br>Salad, Fresh Pear, Mustard, Milk   |
| May 23, 2022  | May 24, 2022   | May 25, 2022   | May 26, 2022   | May 27, 2022  |
| <b>BREAKFAST</b><br>TRIX CEREAL <sup>^</sup> , Graham Crackers <sup>^</sup> ,<br>Strawberry-Kiwi Juice, Dried<br>Cranberries, Milk<br><b>LUNCH</b><br>STRAWBERRY YOGURT, String<br>Cheese, Tropical Veggie Juice, Fresh<br>Orange, Cornbread <sup>^</sup> , Milk                              | <b>BREAKFAST</b><br>RICE CHEX <sup>^</sup> , Vanilla Waffle<br>Breakfast Square <sup>^</sup> , Grape Juice, Dried<br>Cranberries, Milk<br><b>LUNCH</b><br>TURKEY HAM & CHEESE<br>SANDWICH <sup>^</sup> , Sun Splash Veggie<br>Juice, Fresh Baby Carrots, Ranch<br>Dressing, Mixed Fruit, Mustard, Milk | <b>BREAKFAST</b><br>CINNAMON TOAST CRUNCH <sup>^</sup> ,<br>Graham Crackers <sup>^</sup> , Strawberry-Kiwi<br>Juice, Dried Cranberries, Milk<br><b>LUNCH</b><br>TURKEY & CHEESE SANDWICH <sup>^</sup> ,<br>Hummus Cup, Fresh Baby Carrots,<br>Orange-Tangerine Juice, Mustard, Milk<br><br><b>MINIMUM DAY</b>                |  | <b>**MENU SUBJECT TO CHANGE**</b>   |
| May 30, 2022  | May 31, 2022   |  |  |   |



ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS and CHOICE OF 1% OR FAT FREE WHITE MILK

<sup>^</sup> Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider \*\*\*