# March 2022

## K-12 Breakfast & Lunch

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | March 1, 2022 | March 2, 2022 | March 3, 2022 | March 4, 2022 |
| | **BREAKFAST**<br>CHERRY FRUDEL^, Diced Peaches, Fruit Punch Juice, Milk<br>**LUNCH**<br>TURKEY HAM & CHEESE SANDWICH^, Sun Splash Veggie Juice, Fresh Baby Carrots, Ranch Dressing, Mixed Fruit, Mustard, Milk | **BREAKFAST**<br>BLUEBERRY MINI MUFFIN^, String Cheese, Fresh Apple, Milk<br>**LUNCH**<br>TURKEY & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk | **BREAKFAST**<br>CINNAMON CHEX^, Cherry Breakfast Bar^, Fresh Banana, Orange-Tangerine Juice, Milk<br>**LUNCH**<br>HERO SANDWICH^, Italian Corn Salad, Fresh Apple Slices, Mustard, Milk | **BREAKFAST**<br>STRAWBERRY YOGURT, Granola^, Fresh Apple, Milk<br>**LUNCH**<br>TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Broccoli Florets, Ranch Dressing, Fresh Banana, Mustard, Milk |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **March 7, 2022** | **March 8, 2022** | **March 9, 2022** | **March 10, 2022** | **March 11, 2022** |
| **BREAKFAST**<br>CHEERIOS^, Graham Crackers^, Dried Cranberries, Orange-Tangerine Juice, Milk<br>**LUNCH**<br>TURKEY & CHEESE SANDWICH^, Fresh Baby Carrots, Ranch Dressing, Sun Splash Veggie Juice, Applesauce, Mustard, Milk | **BREAKFAST**<br>RASPBERRY-CHERRY YOGURT, Granola^, Diced Pears, Apple Juice, Milk<br>**LUNCH**<br>VANILLA YOGURT, String Cheese, Tropical Veggie Juice, Diced Pears, Cornbread^, Milk | **BREAKFAST**<br>TRIX^, Maple Breakfast Square^, Fresh Apple, Milk<br>**LUNCH**<br>TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Cauliflower Florets, French Dressing, Diced Peaches, Mustard, Milk | **BREAKFAST**<br>CINNAMON BUN^, Fresh Banana, Fruit Punch Juice, Milk<br>**LUNCH**<br>TURKEY HAM & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Fresh Orange, Mustard, Milk | **BREAKFAST**<br>POWDERED DONUT^, Applesauce, Grape Juice, Milk<br>**LUNCH**<br>HERO SANDWICH^, Italian Corn Salad, Fresh Pear, Mustard, Milk |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **March 14, 2022** | **March 15, 2022** | **March 16, 2022** | **March 17, 2022** | **March 18, 2022** |
| **BREAKFAST**<br>CINNAMON TOAST CRUNCH^, Vanilla Waffle Square^, Dried Cranberries, Grape Juice, Milk<br>**LUNCH**<br>STRAWBERRY YOGURT, String Cheese, Tropical Veggie Juice, Fresh Orange, Cornbread^, Milk | **BREAKFAST**<br>PILLSBURY GRAPE CRESCENT^, Diced Pears, Orange-Tangerine Juice, Milk<br>**LUNCH**<br>TURKEY HAM & CHEESE SANDWICH^, Sun Splash Veggie Juice, Fresh Baby Carrots, Ranch Dressing, Mixed Fruit, Mustard, Milk | **BREAKFAST**<br>DOUBLE CHOCOLATE MINI MUFFIN^, String Cheese, Fresh Apple, Milk<br>**LUNCH**<br>TURKEY & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk | **BREAKFAST**<br>VANILLA YOGURT, Granola, Fresh Banana, Fruit Punch Juice, Milk<br>**LUNCH**<br>HERO SANDWICH^, Italian Corn Salad, Fresh Apple Slices, Mustard, Milk | **BREAKFAST**<br>PLAIN BAGEL^, Cream Cheese, Applesauce, Grape Juice, Milk<br>**LUNCH**<br>TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Broccoli Florets, Ranch Dressing, Fresh Banana, Mustard, Milk |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **March 21, 2022** | **March 22, 2022** | **March 23, 2022** | **March 24, 2022** | **March 25, 2022** |
| **SPRING BREAK** | **SPRING BREAK** | **SPRING BREAK** | **SPRING BREAK** | **SPRING BREAK** |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | |
| **March 28, 2022** | **March 29, 2022** | **March 30, 2022** | **March 31, 2022** | |
| **BREAKFAST**<br>TRIX^, Maple Breakfast Square^, Dried Cranberries, Fruit Punch Juice, Milk<br>**LUNCH**<br>STRAWBERRY YOGURT, String Cheese, Tropical Veggie Juice, Fresh Orange, Cornbread^, Milk | **BREAKFAST**<br>CINNAMON TOAST CRUNCH FILLED BAR^, Diced Pears, Apple Juice, Milk<br>**LUNCH**<br>TURKEY HAM & CHEESE SANDWICH^, Sun Splash Veggie Juice, Fresh Baby Carrots, Ranch Dressing, Mixed Fruit, Mustard, Milk | **BREAKFAST**<br>BANANA MINI MUFFIN^, String Cheese, Fresh Apple, Milk<br>**LUNCH**<br>TURKEY & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk | **BREAKFAST**<br>RASPBERRY-CHERRY YOGURT, Granola^, Fresh Banana, Grape Juice, Milk<br>**LUNCH**<br>HERO SANDWICH^, Italian Corn Salad, Fresh Apple Slices, Mustard, Milk | |

*ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS and CHOICE OF 1% OR FAT FREE WHITE MILK*
*^ Denotes item is whole-grain/whole wheat*
**** This institution is an equal opportunity provider ****