November 2021

K-12 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 1, 2021	**November 2, 2021**	**November 3, 2021**	**November 4, 2021**	**November 5, 2021**
BREAKFAST FRUIT LOOPS ^ Maple Breakfast Square ^ Orange Tangerine Juice Craisins SS Milk **LUNCH** TURKEY & CHEESE SANDWICH ^ Fresh Baby Carrots Ranch Dressing Sun Splash Veggie Juice Applesauce Mustard Milk	**BREAKFAST** APPLE JACKS ^ Vanilla Breakfast Square ^ Blended Fruit Juice SS Peach Cup SS Milk **LUNCH** VANILLA YOGURT String Cheese Tropical Veggie Juice Diced Pears CINNAMON BUN ^ Milk	**BREAKFAST** FROSTED FLAKES ^ Animal Graham Crackers ^ Strawberry-Kiwi Juice Craisins SS Milk **LUNCH** TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) French Dressing Diced Peaches Mustard Milk	**BREAKFAST** COCOA PUFFS ^ Strawberry Square ^ Grape Juice Applesauce Cup SS Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH ^ Hummus Cup Fresh Baby Carrots Fresh Orange Mustard Milk	**Home Study Day**
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
November 8, 2021	**November 9, 2021**	**November 10, 2021**	**November 11, 2021**	**November 12, 2021**
BREAKFAST GOLDEN GRAHAM CEREAL ^ Vanilla Breakfast Squares ^ Apple Juice Craisins SS Milk **LUNCH** STRAWBERRY YOGURT String Cheese Tropical Veggie Juice Fresh Orange Cornbread ^ Milk	**BREAKFAST** RICE KRISPIES ^ Cherry Breakfast Bar ^ Blended Fruit Juice SS Peach Cup SS Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH ^ Sun Splash Veggie Juice Fresh Baby Carrots Ranch Dressing Mixed Fruit Mustard Milk	**BREAKFAST** MINI WHEATS LITTLE BITES ^ Graham Crackers ^ Strawberry-Kiwi Juice Craisins SS Milk **LUNCH** TURKEY & CHEESE SANDWICH ^ Hummus Cup Fresh Baby Carrots Orange-Tangerine Juice Mustard Milk	**NO SCHOOL** 	**Home Study Day**
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
November 15, 2021	**November 16, 2021**	**November 17, 2021**	**November 18, 2021**	**November 19, 2021**
BREAKFAST FRUIT LOOPS ^ Maple Breakfast Square ^ Orange Tangerine Juice Craisins SS Milk **LUNCH** TURKEY & CHEESE SANDWICH ^ Fresh Baby Carrots Ranch Dressing Sun Splash Veggie Juice Applesauce Mustard Milk	**BREAKFAST** APPLE JACKS ^ Vanilla Breakfast Square ^ Blended Fruit Juice SS Peach Cup SS Milk **LUNCH** VANILLA YOGURT String Cheese Tropical Veggie Juice Diced Pears CINNAMON BUN ^ Milk	**BREAKFAST** FROSTED FLAKES ^ Animal Graham Crackers ^ Strawberry-Kiwi Juice Craisins SS Milk **LUNCH** TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) French Dressing Diced Peaches Mustard Milk	**BREAKFAST** COCOA PUFFS ^ Strawberry Square ^ Grape Juice Applesauce Cup SS Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH ^ Hummus Cup Fresh Baby Carrots Fresh Orange Mustard Milk	**Home Study Day**
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
November 22, 2021	**November 23, 2021**	**November 24, 2021**	**November 25, 2021**	**November 26, 2021**
NO SCHOOL	**NO SCHOOL** 	**NO SCHOOL**	**NO SCHOOL**	
MONDAY	**TUESDAY**			
November 29, 2021	**November 30, 2021**			
Home Study Day	**Home Study Day**			***** MENU IS SUBJECT TO CHANGE *******

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS amd A OF 1% OR FAT FREE WHITE MILK

^ Denotes item is whole-grain/whole wheat

****** This institution is an equal opportunity provider ******