SPRINGS CHARTER SCHOOLS
DEL RIO STUDENT CENTER

November 2021

K-8 Breakfast & Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 1, 2021	**November 2, 2021**	**November 3, 2021**	**November 4, 2021**	**November 5, 2021**
Home Study Day	**BREAKFAST** APPLE JACKS ^, Vanilla Breakfast Square ^, Blended Fruit Juice, SS Peach Cup, SS Milk **LUNCH** CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Mixed Vegetables Orange Juice BBQ Sauce Milk **Vegetarian Option** MAC & CHEESE ^, Mixed Vegetables, Orange Juice, Milk	**BREAKFAST** FROSTED FLAKES ^, Animal Graham Crackers ^, Strawberry-Kiwi Juice, Craisins, SS Milk **LUNCH** GRILLED CHEESE PANINI ^ Potato Wedges Diced Peaches Ketchup Milk	**BREAKFAST** COCOA PUFFS ^, Strawberry Square ^, Grape Juice, Applesauce Cup, SS Milk **LUNCH** CHEESEBURGER Hamburger Bun ^ Baby Carrots SunSet Sip Juice Fresh Apple Slices Mustard, Ketchup Milk **Vegetarian Option** MINI CHEESE RAVIOLI WITH SAUCE ^, SunSet Sip Juice, Fresh Apple Slices, Milk	**BREAKFAST** FROSTED MINI WHEATS ^, Graham Crackers ^, Orange-Tangerine Juice, SS Peach Cup, SS Milk **LUNCH** HERO SANDWICH^ Italian Corn Salad Fresh Pear Mustard Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
November 8, 2021	**November 9, 2021**	**November 10, 2021**	**November 11, 2021**	**November 12, 2021**
BREAKFAST GOLDEN GRAHAM CEREAL ^, Vanilla Breakfast Squares ^, Apple Juice, Craisins, SS Milk **LUNCH** STRAWBERRY YOGURT String Cheese Tropical Veggie Juice Fresh Orange Cornbread ^ Milk	**BREAKFAST** RICE KRISPIES ^, Cherry Breakfast Bar ^, Blended Fruit Juice, SS Peach Cup, SS Milk **LUNCH** PENNE PASTA W/MEAT SAUCE ^ Breadstick ^ Broccoli Diced Pears Milk **Vegetarian Option** MINI CHEESE RAVIOLI WITH SAUCE ^, Breadstick ^, Broccoli, Diced Pears, Milk	**BREAKFAST** MINI WHEATS LITTLE BITES ^ , Graham Crackers ^, Strawberry-Kiwi Juice, Craisins, SS Milk **LUNCH** BEAN & CHEESE BURRITO ^ Corn Fresh Banana Taco Sauce Choice of Milk	**NO SCHOOL** 	**BREAKFAST** CHEERIOS ^, Maple Breakfast Square ^, Grape Juice, Applesauce Cup, SS Milk LUNCH TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Ranch Dressing Fresh Banana Mustard Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
November 15, 2021	**November 16, 2021**	**November 17, 2021**	**November 18, 2021**	**November 19, 2021**
BREAKFAST FRUIT LOOPS ^, Maple Breakfast Square ^, Orange Tangerine Juice, Craisins, SS Milk **LUNCH** TURKEY & CHEESE SANDWICH ^ Fresh Baby Carrots Ranch Dressing Sun Splash Veggie Juice Applesauce Mustard Milk **Home Study Day (Mosaic)**	**BREAKFAST** APPLE JACKS ^, Vanilla Breakfast Square ^, Blended Fruit Juice, SS Peach Cup, SS Milk **LUNCH** CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Broccoli Diced Peaches BBQ Sauce Milk **Vegetarian Option** MINI CHEESE RAVIOLI WITH SAUCE ^, Breadstick ^, Broccoli, Diced Peaches, Milk	**BREAKFAST** FROSTED FLAKES ^, Animal Graham Crackers ^, Strawberry-Kiwi Juice, Craisins, SS Milk **LUNCH** GALAXY CHEESE PIZZA ^ Potato Wedges Orange Juice Milk	**BREAKFAST** COCOA PUFFS ^, Strawberry Square ^, Grape Juice, Applesauce Cup, SS Milk **LUNCH** BEAN & CHEESE BURRITO ^, Tortilla Rounds ^, Salsa Cup, Corn, Fresh Apple Slices, Milk	**BREAKFAST** FROSTED MINI WHEATS ^, Graham Crackers ^, Orange-Tangerine Juice, SS Peach Cup, SS Milk **LUNCH** HERO SANDWICH ^ Italian Corn Salad Fresh Pear Mustard Milk Grab & Go! **Minimum Day (Mosaic)**
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
November 22, 2021	**November 23, 2021**	**November 24, 2021**	**November 25, 2021**	**November 26, 2021**
NO SCHOOL	**NO SCHOOL** 	**NO SCHOOL**	**NO SCHOOL**	**NO SCHOOL** 
MONDAY	**TUESDAY**			
November 29, 2021	**November 30, 2021**			
Home Study	**Home Study**			**** MENU IS SUBJECT TO CHANGE ****

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS and A OF 1% OR FAT FREE WHITE MILK
^ Denotes item is whole-grain/whole wheat
****** This institution is an equal opportunity provider ******