

# November

## Hemet Learning Center K-12

### Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				November 1, 2019 <b>Breakfast</b> CHEERIOS Maple Breakfast Square Grape Juice Applesauce Cup Milk <b>Lunch</b> DELI SUB SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Light French Dressing Diced Peaches Mustard Milk
November 4, 2019 <b>Breakfast</b> FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Craisins Milk <b>Lunch</b> TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Fresh Banana* Light Ranch Dressing & Mustard Milk	November 5, 2019 <b>Breakfast</b> APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Peach Cup Milk <b>Lunch</b> TURKEY HAM & CHEESE SANDWICH ^ Italian Corn Salad Pineapple Tidbits Mustard Milk	November 6, 2019 <b>Breakfast</b> FROSTED CORN FLAKES Animal Graham Crackers Strawberry-Kiwi Juice Craisins Milk <b>Lunch</b> DELI SUB SANDWICH ^ Sun Splash Veggie Juice Baby Carrots Applesauce Cup Light Ranch Dressing & Mustard Milk	November 7, 2019 <b>Breakfast</b> COCOA PUFFS Strawberry Square Grape Juice Applesauce Cup Milk <b>Lunch</b> STRAWBERRY YOGURT String Cheese Tropical Veggie Juice Fresh Orange* Corn Muffin Milk	November 8, 2019 <b>Breakfast</b> CINNAMON CHEX Graham Crackers Orange-Tangerine Juice Peach Cup Milk <b>Lunch</b> TURKEY & CHEESE SANDWICH ^ Hummus Cup Baby Carrots Fresh Pear* Mustard Milk
November 11, 2019  veterans day No School	November 12, 2019 No School	November 13, 2019 <b>Breakfast</b> TRIX CEREAL Graham Crackers Strawberry-Kiwi Juice Craisins Milk <b>Lunch</b> TURKEY BOLOGNA Hummus Cup Baby Carrots Orange Juice Mustard Milk	November 14, 2019 <b>Breakfast</b> CINNAMON TOAST CRUNCH Strawberry Square Blended Fruit Juice SS Peach Cup Milk <b>Lunch</b> TURKEY HAM & CHEESE Baby Carrots Sun Splash Veggie Juice Fresh Apple Slices Light Ranch Dressing & Mustard Milk	November 15, 2019 <b>Breakfast</b> CHEERIOS Maple Breakfast Square Grape Juice Applesauce Cup Milk <b>Lunch</b> DELI SUB SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Diced Peaches Light Ranch Dressing & Mustard Milk
November 18, 2019 <b>Breakfast</b> FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Craisins Milk <b>Lunch</b> TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Fresh Banana* Light Ranch Dressing & Mustard Milk	November 19, 2019 <b>Breakfast</b> APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Peach Cup Milk <b>Lunch</b> TURKEY HAM & CHEESE SANDWICH ^ Italian Corn Salad Pineapple Tidbits Mustard Milk	November 20, 2019 <b>Breakfast</b> FROSTED CORN FLAKES Animal Graham Crackers Strawberry-Kiwi Juice Craisins Milk <b>Lunch</b> DELI SUB SANDWICH ^ Sun Splash Veggie Juice Baby Carrots Applesauce Cup Light Ranch Dressing & Mustard Milk	November 21, 2019 <b>Breakfast</b> COCOA PUFFS Strawberry Square Grape Juice Applesauce Cup Milk <b>Lunch</b> STRAWBERRY YOGURT String Cheese Tropical Veggie Juice Fresh Orange* Corn Muffin Milk	November 22, 2019 <b>Breakfast</b> CINNAMON CHEX Graham Crackers Orange-Tangerine Juice Peach Cup Milk <b>Lunch</b> TURKEY & CHEESE SANDWICH ^ Hummus Cup Baby Carrots Fresh Pear* Mustard Milk
November 25, 2019 thanksgiving	November 26, 2019 thanksgiving	November 27, 2019 thanksgiving	November 28, 2019  Happy Thanksgiving	November 29, 2019 break

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE MILK

^ Denotes item is whole-grain/whole wheat. \*This menu is free of peanuts, tree nuts, fish, and shellfish.

\*\*\* This institution is an equal opportunity provider.

\*\* MENU SUBJECT TO CHANGE \*\*