

Hemet Learning Center K-12

Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 2, 2019	**December 3, 2019**	**December 4, 2019**	**December 5, 2019**	**December 6, 2019**
Breakfast FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Craisins Milk **Lunch** VANILLA YOGURT String Cheese Tropical Veggie Juice Applesauce Cup Cherry Loaf ^ Milk	**Breakfast** APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Peach Cup Milk **Lunch** TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Baby Carrots Light Ranch Dressing Sun Splash Veggie Juice Fresh Orange* Mustard Milk	**Breakfast** FROSTED CORN FLAKES Animal Graham Crackers Strawberry-Kiwi Juice Craisins Milk **Lunch** TURKEY & CHEESE SANDWICH ^ Italian Corn Salad Fresh Pear* Mustard Milk	**Breakfast** COCOA PUFFS Strawberry Square Grape Juice Applesauce Cup Milk **Lunch** TURKEY BOLOGNA ON A WHOLE WHEAT BUN Hummus Cup Baby Carrots Orange-Tangerine Juice Mustard Milk	**Breakfast** CINNAMON CHEX Graham Crackers Orange-Tangerine Juice Peach Cup Milk **Lunch** DELI SUB SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Light French Dressing Diced Peaches Mustard Milk
December 9, 2019	**December 10, 2019**	**December 11, 2019**	**December 12, 2019**	**December 13, 2019**
Breakfast GOLDEN GRAHAM CEREAL Vanilla Breakfast Squares Apple Juice Craisins Milk **Lunch** TURKEY HAM & CHEESE SANDWICH ^ Sun Splash Veggie Juice Baby Carrots Light Ranch Dressing Mixed Fruit Cup Mustard Milk	**Breakfast** RICE CHEX Cherry Breakfast Bar Blended Fruit Juice Peach Cup Milk **Lunch** DELI SUB SANDWICH ^ Italian Corn Salad Diced Pears Mustard Milk	**Breakfast** TRIX CEREAL Graham Crackers Strawberry-Kiwi Juice Craisins Milk **Lunch** TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Light Ranch Dressing Orange-Tangerine Juice Mustard Milk	**Breakfast** CINNAMON TOAST CRUNCH Strawberry Square Blended Fruit Juice Peach Cup Milk **Lunch** TURKEY & CHEESE SANDWICH ^ Hummus Cup Baby Carrots Fresh Apple Mustard Milk	**Breakfast** CHEERIOS Maple Breakfast Square Grape Juice Applesauce Cup Milk **Lunch** STRAWBERRY YOGURT String Cheese Tropical Veggie Juice Fresh Banana* Corn Muffin ^ Milk
December 16, 2019	**December 17, 2019**	**December 18, 2019**	**December 19, 2019**	**December 20, 2019**
Breakfast FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Craisins Milk **Lunch** TURKEY BOLOGNA SANDWICH^ Baby Carrots Light Ranch Dressing Sun Splash Veggie Juice Diced Peaches Mustard Milk	**Breakfast** APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Peach Cup Milk **Lunch** VANILLA YOGURT String Cheese Tropical Veggie Juice Fresh Orange* Cherry Loaf ^ Milk	**Breakfast** FROSTED CORN FLAKES Animal Graham Crackers Strawberry-Kiwi Juice Craisins Milk **Lunch** TURKEY HAM & CHEESE SANDWICH ^ Hummus Cup Baby Carrots Fresh Banana* Mustard Milk	**Breakfast** COCOA PUFFS Strawberry Square Grape Juice Applesauce Cup Milk **Lunch** DELI SUB SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Light French Dressing Fresh Pear* Mustard Milk	**Breakfast** CINNAMON CHEX Graham Crackers Orange-Tangerine Juice Peach Cup Milk **Lunch** TURKEY & CHEESE SANDWICH ^ Italian Corn Salad Mixed Fruit Cup Mustard Milk
December 23, 2019	**December 24, 2019**	**December 25, 2019**	**December 26, 2019**	**December 27, 2019**
Winter		Break		
December 30, 2019	**December 31, 2019**			
Winter Break Con.				

*** MENU SUBJECT TO CHANGE ***

*^ Denotes item is whole-grain/whole wheat.*This menu is free of peanuts, tree nuts, fish, and shellfish.*

*** This institution is an equal opportunity provider.*