



JOSHUA TREE ROCK CLIMBING



WHERE:
 JOSHUA TREE NATIONAL PARK
 INDIAN COVE
 TWENTYNINE PALMS, CA 92277

REGISTRATION OPENS: SEPTEMBER 5, 2019
REGISTRATION CLOSES: OCTOBER 15, 2019 @ 5:00PM
NO REFUNDS AFTER REGISTRATION CLOSES (NO EXCEPTION)

PROGRAM RECOMMENDATION
 5TH—12TH; HOWEVER OPEN TO 3RD AND ABOVE

PROGRAM INFORMATION

(PLEASE READ IN ITS ENTIRETY)

OUTDOOR ROCK CLIMBING

Your students will love this 3 hour climbing session and will want to take it over and over again. A variety of challenges to match the different ability levels of the students makes it no experience necessary.

This experience will focus on rock climbing movement techniques, such as smearing, edging, laybacking, jamming, chimney climbing, and staying in balance.

Not only does Rock Climbing inspires and builds confidence and self-esteem; but other benefits include:

- Increases Strength, Endurance and Flexibility. ...
- Teaches Hand, Feet and Eye Coordination. ...
- Increases Problem Solving, Planning and Decision Making Abilities. ...
- Stress Relief. ...
- Develop Communication and Listening Skills.

All Equipment and gear included:

- ◆ Climbing Shoes
- ◆ Harness and Ropes
- ◆ Helmets



SPECIAL GUIDELINES:

- Space is limited; first serve.
- No use of membership passes.
- PARENTS DO NOT NEED TO PARTICIPATE OR REGISTER; BUT MUST ATTEND.

- ◆ **NOTE:** Homeschool students must use their own Instructional Fund account to register for field trips. Any duplicate field trip registrations on one student's account will not be allowed and dropped from the report.

WHEN: (RAIN OR SHINE)



TUESDAY
NOVEMBER 19, 2019

Check-in Time: 8:00 AM
 Program Start: 8:30 AM
 Program End: 12:00 PM

COST:



\$ 55.00 Student
 \$ 52.00 Child guest
 \$ 70.00 Adult (18+)

Equipment and gear included:
 shoes, harnesses, and helmets

PARKING:



FREE
 (subject to change)

QUESTIONS? Contact Kathy Crudo, Field Trip Coordinator at field.trips@springscs.org