September 2019 iShine

K -8 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 3, 2019	September 4, 2019	September 5, 2019	September 6, 2019
	Breakfast	Breakfast	Breakfast	Breakfast
NO SCHOOL	RICE CHEX	TRIX CEREAL	CINNAMON TOAST CRUNCH	CHEERIOS
LABOR DAY	Cherry Breakfast Bar	Graham Crackers	Strawberry Square	Maple Breakfast Square
	Blended Fruit Juice	Craisins	Peach Cup	Applesauce Cup
	Peach Cup	Strawberry-Kiwi Juice	Blended Fruit Juice	Grape Juice
	Milk	Milk	Milk	Milk
September 9, 2019	September 10, 2019	September 11, 2019	September 12, 2019	September 13, 2019
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
FRUITY CHEERIOS	APPLE CINNAMON CHEERIOS	Animal Graham Crackers	COCOA PUFFS	CINNAMON CHEX
Maple Breakfast Square	Vanilla Breakfast Square	Craisins	Strawberry Square	Graham Crackers
Craisins	Peach Cup	Strawberry-Kiwi Juice	Applesauce Cup	Peach Cup
Orange Tangerine Juice	Blended Fruit Juice	Milk	Grape Juice	Orange-Tangerine Juice
Milk	Milk		Milk	Milk
September 16, 2019	September 17, 2019	September 18, 2019	September 19, 2019	September 20, 2019
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
GOLDEN GRAHAM CEREAL	RICE CHEX	TRIX CEREAL	CINNAMON TOAST CRUNCH	CHEERIOS
Vanilla Breakfast Squares	Cherry Breakfast Bar	Graham Crackers	Strawberry Square	Maple Breakfast Square
Craisins	Peach Cup	Craisins	Peach Cup	Applesauce Cup
Apple Juice	Blended Fruit Juice	Strawberry-Kiwi Juice	Blended Fruit Juice	Grape Juice
Milk	Milk	Milk	Milk	Milk
September 23, 2019	September 24, 2019	September 25, 2019	September 26, 2019	September 27, 2019
	Breakfast	Breakfast	Breakfast	Breakfast
NO SCHOOL	APPLE CINNAMON CHEERIOS	FROSTED CORN FLAKES	COCOA PUFFS	CINNAMON CHEX
	Vanilla Breakfast Square	Animal Graham Crackers	Strawberry Square	Graham Crackers
	Peach Cup	Craisins	Applesauce Cup	Peach Cup
	Blended Fruit Juice	Strawberry-Kiwi Juice	Grape Juice	Orange-Tangerine Juice
	Milk	Milk	Milk	Milk
September 30, 2019				
Breakfast				
GOLDEN GRAHAM CEREAL				
Vanilla Breakfast Squares				
Craisins				
Apple Juice				
Milk				
	BRIATE CONDUCTION AND A CUCIOE OF 49/ OR E	AT EDEC AND IC	** ***	CUID IFCT TO CHANCE **

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE MILK

Denotes item is whole-grain/whole wheat.

*** This institution is an equal opportunity provider.

** MENU SUBJECT TO CHANGE **

Denotes item is vegetarian.