



NOVEMBER

iShine K-12 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				November 1, 2019 Breakfast CHEERIOS Maple Breakfast Square Grape Juice Applesauce Cup Milk
November 4, 2019 Breakfast FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Craisins Milk	November 5, 2019 Breakfast APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Peach Cup Milk	November 6, 2019 Breakfast FROSTED CORN FLAKES Animal Graham Crackers Strawberry-Kiwi Juice Craisins Milk	November 7, 2019 Breakfast COCOA PUFFS Strawberry Square Grape Juice Applesauce Cup Milk	November 8, 2019 Breakfast CINNAMON CHEX Graham Crackers Orange-Tangerine Juice Peach Cup Milk
November 11, 2019  veterans day No School	November 12, 2019 No School	November 13, 2019 Breakfast TRIX CEREAL Graham Crackers Strawberry-Kiwi Juice Craisins Milk	November 14, 2019 Breakfast CINNAMON TOAST CRUNCH Strawberry Square Blended Fruit Juice SS Peach Cup Milk	November 15, 2019 Breakfast CHEERIOS Maple Breakfast Square Grape Juice Applesauce Cup Milk
November 18, 2019 Breakfast FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Craisins Milk	November 19, 2019 Breakfast APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Peach Cup Milk	November 20, 2019 Breakfast FROSTED CORN FLAKES Animal Graham Crackers Strawberry-Kiwi Juice Craisins Milk	November 21, 2019 Breakfast COCOA PUFFS Strawberry Square Grape Juice Applesauce Cup Milk	November 22, 2019 Breakfast CINNAMON CHEX Graham Crackers Orange-Tangerine Juice Peach Cup Milk
November 25, 2019 thanksgiving	November 26, 2019 thanksgiving	November 27, 2019 thanksgiving	November 28, 2019  Happy Thanksgiving	November 29, 2019 break

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE MILK

** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat.*This menu is free of peanuts, tree nuts, fish, and shellfish.

*** This institution is an equal opportunity provider.