



January 2021

K-12 Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				January 1, 2021
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 4, 2021	January 5, 2021	January 6, 2021	January 7, 2021	January 8, 2021
GOLDEN GRAHAMS ^ Vanilla Breakfast Square ^ Apple Juice Craisins Milk	RICE KRISPIES ^ Cherry Breakfast Bar ^ Blended Fruit Juice Peach Cup Milk	VANILLA YOGURT Cinnamon Oat Granola ^ Apple Juice Dried Cranberries Milk	CINNAMON FROSTED FLAKES ^ Strawberry Square ^ Blended Fruit Juice Peach Cup Milk	CHEERIOS ^ Maple Breakfast Square ^ Grape Juice Applesauce Cup Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 11, 2021	January 12, 2021	January 13, 2021	January 14, 2021	January 15, 2021
FRUIT LOOPS ^ Maple Breakfast Square ^ Orange Juice Craisins Milk	APPLE JACKS ^ Vanilla Breakfast Square ^ Blended Fruit Juice Peach Cup Milk	FROSTED FLAKES ^ Animal Graham Crackers ^ Strawberry-Kiwi Juice Craisins Milk	COCOA PUFFS ^ Strawberry Square ^ Grape Juice Applesauce Cup Milk	FROSTED MINI WHEATS ^ Graham Crackers ^ Orange-Tangerine Juice Peach Cup Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 18, 2021	January 19, 2021	January 20, 2021	January 21, 2021	January 22, 2021
GOLDEN GRAHAMS ^ Vanilla Breakfast Square ^ Apple Juice Craisins Milk	RICE KRISPIES ^ Cherry Breakfast Bar ^ Blended Fruit Juice Peach Cup Milk	MINI WHEATS LITTLE BITES ^ Graham Crackers ^ Strawberry-Kiwi Juice Craisins Milk	CINNAMON FROSTED FLAKES ^ Strawberry Square ^ Blended Fruit Juice Peach Cup Milk	CHEERIOS ^ Maple Breakfast Square ^ Grape Juice Applesauce Cup Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 25, 2021	January 26, 2021	January 27, 2021	January 28, 2021	January 29, 2021
FRUIT LOOPS ^ Maple Breakfast Square ^ Orange Juice Craisins Milk	APPLE JACKS ^ Vanilla Breakfast Square ^ Blended Fruit Juice Peach Cup Milk	FROSTED FLAKES ^ Animal Graham Crackers ^ Strawberry-Kiwi Juice Craisins Milk	COCOA PUFFS ^ Strawberry Square ^ Grape Juice Applesauce Cup Milk	FROSTED MINI WHEATS ^ Graham Crackers ^ Orange-Tangerine Juice Peach Cup Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT-FREE MILK.
 MENU IS SUBJECT TO CHANGE
 ^ Denotes item is whole-grain/whole wheat
 *** This institution is an equal opportunity provider ***

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.nscd.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington D.C. 20250-9410, by fax (202)690-7442 or email program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800)845-6136 (Spanish). USDA is an equal opportunity provider and employer.