January

Temecula Student Center 9-12

Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		January 1, 2020	**January 2, 2020**	**January 3, 2020**
Winter Break	**Winter Break**	**Winter Break**	**Winter Break**	**Winter Break**
January 6, 2020	**January 7, 2020**	**January 8, 2020**	**January 9, 2020**	**January 10, 2020**
Winter Break	**Winter Break**	**Winter Break**	**Winter Break**	**Winter Break**
January 13, 2020	**January 14, 2020**	**January 15, 2020**	**January 16, 2020**	**January 17, 2020**
Breakfast COCOA PUFFS ^ Graham Crackers ^ Craisins Orange-Tangerine Juice Milk **Lunch** MAC & CHEESE ^ POPCORN CHICKEN ^ Country Blend Vegetables Applesauce Cup Jalapenos Vanilla Cookie ^ Grape Juice BBQ Sauce Milk	**Breakfast** MAPLE PANCAKES ^ Diced Pears Apple Juice Milk **Lunch** SLOPPY JOE Wrapped Hamburger Bun ^ PIZZA DIPPERS ^ Mixed Vegetables Orange-Tangerine Juice Mixed Fruit Cup Marinara Dipping Sauce Milk	**Breakfast** CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple Milk **Lunch** TURKEY & CHEESE SANDWICH ^ Italian Corn Salad Fresh Pear* Mustard Milk	**Breakfast** EGG & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana Diced Peaches Assorted Jelly Milk **Lunch** CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ MINI CHEESE RAVIOLI WITH SAUCE ^ Baked Beans Fresh Apple Multi Grain Sun Chips ^ Milk	**Breakfast** Peach Mini Loaf ^ String Cheese Fresh Apple Assorted Jelly Milk **Lunch** HOMESTYLE SALISBURY STEAK W/GRAVY MONTEREY VEGETARIAN PATTY Wrapped Hamburger Bun ^ Mashed Potatoes Romaine Lettuce Diced Peaches Grape Juice Mayonnaise, Ranch Milk
January 20, 2020	**January 21, 2020**	**January 22, 2020**	**January 23, 2020**	**January 24, 2020**
Martin Luther King Jr.	**Breakfast** BEEF SAUSAGE SLIDER ^ Applesauce Cup Fruit Punch Juice Assorted Jelly Milk **Lunch** CHICKEN TACO VEGETARIAN CHILI WITH BEANS Corn Diced Pears Wild White Nacho Doritos^ Snickerdoodle Cookie ^ Apple Juice Milk	**Breakfast** BANANA MUFFIN ^ String Cheese Fresh Apple Milk **Lunch** TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Orange-Tangerine Juice Mustard, Ranch Milk	**Breakfast** WAFFLES ^ Fresh Pear* Orange-Tangerine Juice Syrup Milk **Lunch** VEGGIE NUGGETS W/POTATO WEDGES ^ HOT DOG WITH POTATO ROUNDS Wrapped Hot Dog Bun ^ Maple Baked Beans Fresh Apple Pretzel ^ BBQ Sauce, Ketchup Milk	**Breakfast** CINNAMON TOAST CRUNCH ^ French Toast Breakfast Square ^ Fresh Apple Milk **Lunch** RIB-B-QUE FRENCH TOAST STICKS WITH SCRAMBLED EGGS French Fries Baby Carrots Fresh Banana Pineapple Tidbits Ketchup, Ranch, Syrup Milk
January 27, 2020	**January 28, 2020**	**January 29, 2020**	**January 30, 2020**	**January 31, 2020**
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk **Lunch** BEEF & BEAN CHILI CHEESY PARM WRAP ^ Corn Muffin ^ Baby Carrots Mixed Vegetables Diced Peaches Grape Juice Ranch Milk	**Breakfast** CHEESE OMELET Wrapped Sliced Bread ^ Fruit Punch Juice Diced Pears Assorted Jelly Milk **Lunch** CHEESE PUPUSA CHICKEN TENDERS WITH POTATO WEDGES ^ Breadstick ^ Jalapenos Honey Roasted Sunflower Seeds Country Blend Vegetables Pineapple Tidbits Orange-Tangerine Juice Ketchup, BBQ, Hot Sauce Milk	**Breakfast** FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk **Lunch** TURKEY HAM & CHEESE SANDWICH ^ Hummus Cup Baby Carrots Fresh Banana* Mustard Milk	**Breakfast** FRENCH TOAST STICKS ^ Fresh Banana Orange-Tangerine Juice Syrup Milk **Lunch** CHEESE LASAGNA ^ SPICY CHICKEN FILLET ^ Wrapped Hamburger Bun ^ Sun Splash Veggie Juice Romaine Lettuce Fresh Apple Chocolate Cookie ^ BBQ Sauce, Ranch Milk	**Breakfast** String Cheese Cherry Mini Loaf ^ Fresh Apple Milk **Lunch** BAGEL DOG ^ S/W BLACK BEAN &CHEESE BURRITO ^ Corn Fresh Crunchy Celery Sticks Mixed Fruit Cup Cheddar Sun Chips ^ Fruit Punch Juice Ketchup, Mustard Milk

***** MENU SUBJECT TO CHANGE *****

^ Denotes item is whole-grain/whole wheat.*This menu is free of peanuts, tree nuts, fish, and shellfish.
****** This institution is an equal opportunity provider.***