

# January

## Temecula Student Center 9-12

### Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Winter Break	Winter Break	January 1, 2020 Winter Break	January 2, 2020 Winter Break	January 3, 2020 Winter Break
January 6, 2020 Winter Break	January 7, 2020 Winter Break	January 8, 2020 Winter Break	January 9, 2020 Winter Break	January 10, 2020 Winter Break
January 13, 2020 <b>Breakfast</b> COCOA PUFFS ^ Graham Crackers ^ Craisins Orange-Tangerine Juice Milk <b>Lunch</b> MAC & CHEESE ^ POPCORN CHICKEN ^ Country Blend Vegetables Applesauce Cup Jalapenos Vanilla Cookie ^ Grape Juice BBQ Sauce Milk	January 14, 2020 <b>Breakfast</b> MAPLE PANCAKES ^ Diced Pears Apple Juice Milk <b>Lunch</b> SLOPPY JOE Wrapped Hamburger Bun ^ PIZZA DIPPERS ^ Mixed Vegetables Orange-Tangerine Juice Mixed Fruit Cup Marinara Dipping Sauce Milk	January 15, 2020 <b>Breakfast</b> CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple Milk <b>Lunch</b> TURKEY & CHEESE SANDWICH ^ Italian Corn Salad Fresh Pear* Mustard Milk	January 16, 2020 <b>Breakfast</b> EGG & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana Diced Peaches Assorted Jelly Milk <b>Lunch</b> CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ MINI CHEESE RAVIOLI WITH SAUCE ^ Baked Beans Fresh Apple Multi Grain Sun Chips ^ Milk	January 17, 2020 <b>Breakfast</b> Peach Mini Loaf ^ String Cheese Fresh Apple Assorted Jelly Milk <b>Lunch</b> HOMESTYLE SALISBURY STEAK W/GRAVY MONTEREY VEGETARIAN PATTY Wrapped Hamburger Bun ^ Mashed Potatoes Romaine Lettuce Diced Peaches Grape Juice Mayonnaise, Ranch Milk
January 20, 2020 <b>Martin Luther King Jr.</b>	January 21, 2020 <b>Breakfast</b> BEEF SAUSAGE SLIDER ^ Applesauce Cup Fruit Punch Juice Assorted Jelly Milk <b>Lunch</b> CHICKEN TACO VEGETARIAN CHILI WITH BEANS Corn Diced Pears Wild White Nacho Doritos^ Snickerdoodle Cookie ^ Apple Juice Milk	January 22, 2020 <b>Breakfast</b> BANANA MUFFIN ^ String Cheese Fresh Apple Milk <b>Lunch</b> TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Orange-Tangerine Juice Mustard, Ranch Milk	January 23, 2020 <b>Breakfast</b> WAFFLES ^ Fresh Pear* Orange-Tangerine Juice Syrup Milk <b>Lunch</b> VEGGIE NUGGETS W/POTATO WEDGES ^ HOT DOG WITH POTATO ROUNDS Wrapped Hot Dog Bun ^ Maple Baked Beans Fresh Apple Pretzel ^ BBQ Sauce, Ketchup Milk	January 24, 2020 <b>Breakfast</b> CINNAMON TOAST CRUNCH ^ French Toast Breakfast Square ^ Fresh Apple Milk <b>Lunch</b> RIB-B-QUE FRENCH TOAST STICKS WITH SCRAMBLED EGGS French Fries Baby Carrots Fresh Banana Pineapple Tidbits Ketchup, Ranch, Syrup Milk
January 27, 2020 <b>Breakfast</b> FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk <b>Lunch</b> BEEF & BEAN CHILI CHEESY PARM WRAP ^ Corn Muffin ^ Baby Carrots Mixed Vegetables Diced Peaches Grape Juice Ranch Milk	January 28, 2020 <b>Breakfast</b> CHEESE OMELET Wrapped Sliced Bread ^ Fruit Punch Juice Diced Pears Assorted Jelly Milk <b>Lunch</b> CHEESE PUPUSA CHICKEN TENDERS WITH POTATO WEDGES ^ Breadstick ^ Jalapenos Honey Roasted Sunflower Seeds Country Blend Vegetables Pineapple Tidbits Orange-Tangerine Juice Ketchup, BBQ, Hot Sauce Milk	January 29, 2020 <b>Breakfast</b> FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk <b>Lunch</b> Strawberry Yogurt String Cheese Dragon Punch Corn Muffin Fresh Orange Craisins Milk	January 30, 2020 <b>Breakfast</b> FRENCH TOAST STICKS ^ Fresh Banana Orange-Tangerine Juice Syrup Milk <b>Lunch</b> CHEESE LASAGNA ^ SPICY CHICKEN FILLET ^ Wrapped Hamburger Bun ^ Sun Splash Veggie Juice Romaine Lettuce Fresh Apple Chocolate Cookie ^ BBQ Sauce, Ranch Milk	January 31, 2020 <b>Breakfast</b> String Cheese Cherry Mini Loaf ^ Fresh Apple Milk <b>Lunch</b> BAGEL DOG ^ S/W BLACK BEAN & CHEESE BURRITO ^ Corn Fresh Crunchy Celery Sticks Mixed Fruit Cup Cheddar Sun Chips ^ Fruit Punch Juice Ketchup, Mustard Milk

\*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat. \*This menu is free of peanuts, tree nuts, fish, and shellfish.  
\*\*\* This institution is an equal opportunity provider.