Springs Charter Schools

February

Temecula Student Center 9-12

Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 3, 2020	**February 4, 2020**	**February 5, 2020**	**February 6, 2020**	**February 7, 2020**
Breakfast GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Craisins Fruit Punch Juice Milk **Lunch** PIZZA DIPPERS ^ Marinara Dipping Sauce Mixed Vegetables Applesauce Cup Fresh Banana* Sun Splash Veggie Juice Milk	**Breakfast** PANCAKES ^ Orange-Tangerine Juice Diced Peaches Syrup Milk **Lunch** TOASTY TUESDAY** 4-CHEESE PANINI ^ Potato Wedges Tomato Soup^ Diced Pears Fruit Punch Juice Milk	**Breakfast** STRING CHEESE Peach Mini Loaf^ Fresh Apple Milk **Lunch** TURKEY & CHEESE SANDWICH ^ Hummus Cup Baby Carrots Sun Splash Veggie Juice Diced Peaches Fresh Orange Mustard Milk	**Breakfast** BREAKFAST QUESADILLA ^ Fresh Banana Grape Juice Taco Sauce Milk **Lunch** CHEESY TACO MEAT VEGGIE NACHO COMBO CHILI Tortilla Rounds ^ Romaine Lettuce Light Ranch Dressing Fresh Apple Jalapenos Baby Carrots Vanilla Cookie ^ Milk	**NO SCHOOL**
February 10, 2020	**February 11, 2020**	**February 12, 2020**	**February 13, 2020**	**February 14, 2020**
	MINIMUM DAY SCHEDULE ALL WEEK		***MINIMUM DAY SCHEDULE ALL WEEK***	
Breakfast TRIX ^ Strawberry Pancake Square ^ Craisins Grape Juice Milk **Lunch** PARMESAN POPCORN CHICKEN & PASTA ^ SPAGHETTI W/VEGGIE MEATBALLS Breadstick (IW) Mixed Vegetables Applesauce Cup Fruit Punch Juice Milk	**Breakfast** CHICKEN BISCUIT ^ Mixed Fruit Cup Orange-Tangerine Juice Honey Milk **Lunch** TURKEY BOLOGNA SANDWICH ^ VEGGIE NUGGETS W/POTATO WEDGES ^ Wild White Nacho Doritos ^ Dragon Punch Diced Peaches Fresh Banana Pickle Chips Milk	**Breakfast** BANANA MUFFIN^ String Cheese Fresh Apple Milk **Lunch** FRENCH BREAD CHEESE PIZZA Romaine Lettuce Fresh Cucumber Slices Baby Carrots Light Ranch Dressing Light Italian Dressing Fresh Apple Milk	**Breakfast** WAFFLES ^ Fresh Orange* Fruit Punch Juice Syrup Milk **Lunch** MEATLOAF PANINI ^ VEGETARIAN BURGER Wrapped Hamburger Bun ^ Maple Baked Beans Sun Splash Veggie Juice Fresh Apple Ketchup, Mustard, Mayo Milk	**Breakfast** CORN CHEX ^ Vanilla Waffle Square ^ Fresh Apple Milk **Lunch** VANILLA YOGURT String Cheese Tropical Veggie Juice Baby Carrots Ranch Dressing Dried Cranberries Fresh Banana Cherry Loaf ^ Milk
February 17, 2020	**February 18, 2020**	**February 19, 2020**	**February 20, 2020**	**February 21, 2020**
PRESIDENTS DAY	**Breakfast** PANCAKES ^ Diced Pears Apple Juice Milk **Lunch** SLOPPY JOE Wrapped Hamburger Bun ^ PIZZA DIPPERS ^ Marinara Dipping Sauce Mixed Vegetables Orange-Tangerine Juice Mixed Fruit Cup Milk	**Breakfast** CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple Milk **Lunch** DELI SUB SANDWICH ^ Italian Corn Salad Fresh Pear* Mustard Milk	**Breakfast** EGG & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana Diced Peaches Milk **Lunch** CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ MINI CHEESE RAVIOLI WITH SAUCE ^ Baked Beans Fresh Apple Multi Grain Sun Chips ^ Milk	**Breakfast** STRING CHEESE Peach Mini Loaf ^ Fresh Apple Milk **Lunch** HOMESTYLE SALISBURY STEAK W/GRAVY MONTEREY VEGETARIAN PATTY Wrapped Hamburger Bun ^ Mashed Potatoes Romaine Lettuce Diced Peaches Grape Juice BBQ & Ranch Milk
February 24, 2020	**February 25, 2021**	**February 26, 2022**	**February 27, 2023**	**February 28, 2024**
Breakfast APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square Craisins Grape Juice Milk **Lunch** PENNE PASTA W/MEAT SAUCE ^ Breadstick ^ VEGETARIAN CHICKEN TINGA W/CORN IW Soft Tortilla ^ Green Beans Mixed Fruit Cup Fruit Punch Juice Milk	**Breakfast** BEEF SAUSAGE SLIDER ^ Applesauce Cup Fruit Punch Juice Assorted Jelly Milk **Lunch** VEGETARIAN CHILI W/BEANS CHICKEN TACO Corn Diced Pears Apple Juice Wild White Nacho Doritos^ Snickerdoodle Cookie ^ Milk	**Breakfast** BANANA MUFFIN ^ String Cheese Fresh Apple Milk **Lunch** TURKEY HAM & CHEESE SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Light French Dressing Orange-Tangerine Juice Mustard Milk	**Breakfast** WAFFLES ^ Fresh Pear * Orange-Tangerine Juice Syrup Milk **Lunch** VEGGIE NUGGETS W/POTATO WEDGES ^ HOT DOG W/POTATO ROUNDS Wrapped Hot Dog Bun ^ Maple Baked Beans Fresh Apple Corn Muffin ^ Ketchup Milk	**Breakfast** CINNAMON TOAST CRUNCH ^ French Toast Breakfast Square ^ Fresh Apple Milk **Lunch** RIB-B-QUE Wrapped Hamburger Bun ^ FRENCH TOAST STICKS WITH SCRAMBLED EGGS Syrup French Fries Baby Carrots Fresh Banana Pineapple Tidbits Ketchup & Ranch Milk

***** MENU SUBJECT TO CHANGE *****

^ Denotes item is whole-grain/whole wheat.*This menu is free of peanuts, tree nuts, fish, and shellfish.

****** This institution is an equal opportunity provider.***