

November

Renaissance Valley Academy Middle School

Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				November 1, 2019 Breakfast String Cheese Peach Mini Loaf ^ Fresh Apple Assorted Jelly Milk Lunch DELI SUB SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Light French Dressing Diced Peaches Mustard Milk
November 4, 2019 Breakfast APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square Craisins Grape Juice Milk Lunch TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Fresh Banana* Light Ranch Dressing Mustard Milk	November 5, 2019 Breakfast VANILLA YOGURT Granola ^ Applesauce Cup Fruit Punch Juice Milk Lunch TURKEY HAM & CHEESE SANDWICH ^ Italian Corn Salad Pineapple Tidbits Mustard Milk	November 6, 2019 Breakfast BANANA MUFFIN ^ String Cheese Fresh Apple Milk Lunch DELI SUB SANDWICH ^ Sun Splash Veggie Juice Baby Carrots Light Ranch Dressing Applesauce Cup Mustard Milk	November 7, 2019 Breakfast WHOLE WHEAT BAGEL Cream Cheese Fresh Banana Orange-Tangerine Juice Milk Lunch STRAWBERRY YOGURT String Cheese Tropical Veggie Juice Fresh Orange* Corn Muffin Milk	November 8, 2019 Breakfast CINNAMON TOAST CRUNCH ^ Animal Grahams Fresh Apple Milk Lunch TURKEY & CHEESE SANDWICH ^ Hummus Cup Baby Carrots Fresh Pear* Mustard Milk
November 11, 2019  veterans day <h1>No School</h1>	November 12, 2019 <h1>No School</h1>	November 13, 2019 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk Lunch PEPPERONI PIZZA ^ CHEESY PARM WRAP ^ Romaine Lettuce Light Ranch Dressing Orange-Tangerine Juice Milk	November 14, 2019 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk Lunch CORN DOG ON A STICK^ VEGGIE NUGGETS ^ Maple Baked Beans Baby Carrots Fresh Pear* Light Ranch Dressing Mustard BBQ Sauce Ketchup Milk	November 15, 2019 Breakfast PEACH MINI LOAF^ String Cheese Fresh Apple Milk Lunch CHICKEN & GREEN CHILE TAMALE SOUTHWESTERN BLACK BEAN & CHEESE BURRITO ^ Jalapenos Diced Carrots Fresh Banana Taco Sauce Hot Sauce Milk
November 18, 2019 Breakfast GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Craisins Fruit Punch Juice Milk Lunch CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ CHEESE PIZZA ^ Breadstick ^ Green Beans Fresh Apple Milk	November 19, 2019 Breakfast COCOA PUFFS ^ Graham Crackers ^ Orange-Tangerine Juice Diced Peaches Milk Lunch BAGEL DOG ^ 4-CHEESE PANINI ^ Mixed Vegetables Diced Pears Ketchup Mustard Milk	November 20, 2019 Breakfast String Cheese Chocolate Chip Mini Loaf ^ Fresh Apple Assorted Jelly Milk Lunch CHICKEN TACO VEGETARIAN CHILI WITH BEANS Tortilla Rounds ^ Fiesta Beans Fresh Banana Salsa Milk	November 21, 2019 Breakfast VANILLA YOGURT Granola ^ Fresh Banana Applesauce Cup Milk Lunch MEATBALL SUB Wrapped Hot Dog Bun ^ MINI CHEESE RAVIOLI WITH SAUCE ^ Golden Potato Rounds Diced Peaches Milk	November 22, 2019 Breakfast APPLE CINNAMON CHEERIOS ^ Maple Breakfast Square ^ Fresh Apple Milk Lunch TURKEY W/STUFFING GRAVY SWEET POTATOES ^ Whole Wheat Dinner Roll^ VEGETARIAN BURGER Wrapped Hamburger Bun ^ Baby Carrots Romaine Lettuce Fresh Pear* Fat Free Ranch Dressing Mustard Ketchup Milk
November 25, 2019 <h1>thanksgiving</h1>	November 26, 2019 <h1>thanksgiving</h1>	November 27, 2019 <h1>thanksgiving</h1>	November 28, 2019  HAPPY THANKSGIVING	November 29, 2019 <h1>break</h1>

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE MILK

** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat. *This menu is free of peanuts, tree nuts, fish, and shellfish.

*** This institution is an equal opportunity provider.