






## Renaissance Valley Academy Middle School 6-8 Breakfast & Lunch Menu

MONDAY March 2, 2020	TUESDAY March 3, 2020	WEDNESDAY March 4, 2020	THURSDAY March 5, 2020	FRIDAY March 6, 2020
<b>NATIONAL SCHOOL BREAKFAST WEEK</b>				
 <p><b>BREAKFAST</b> FROOT LOOPS<sup>^</sup> Animal Grahams <sup>^</sup> Craisins Grape Juice Milk</p> <p><b>Lunch</b> FRENCH TOAST STICKS W/SAUSAGE <sup>^</sup> FRENCH TOAST STICKS W/SCRAMBLED EGGS* Tropical Veggie Juice Applesauce Cup Syrup Milk</p>	 <p><b>BREAKFAST</b> STRAWBERRY BANANA YOGURT Granola <sup>^</sup> Fruit Punch Juice Diced Pears Milk</p> <p><b>Lunch</b> BBQ CHICKEN TATOR TOT-CHOS BBQ VEGAN CHICKEN W/CARROTS* Tortilla Rounds <sup>^</sup> Diced Carrots Mixed Fruit Cup Milk</p>	 <p><b>BREAKFAST</b> FROSTED FLAKES <sup>^</sup> Vanilla Waffle Square <sup>^</sup> Fresh Apple Milk</p> <p><b>Lunch</b> POPCORN CHICKEN <sup>^</sup> VEGETARIAN BURGER* Breadstick (IW)<sup>^</sup> Baked Beans Pickle Chips Orange-Tangerine Juice Ketchup, Mustard, &amp; BBQ Sauce Milk</p>	 <p><b>BREAKFAST</b> PILLSBURY GRAPE CRESCENT <sup>^</sup> Fresh Banana* Orange-Tangerine Juice Milk</p> <p><b>Lunch</b> CHICKEN ALFREDO PASTA <sup>^</sup> HEESY PENNE ALFREDO W/BROCCOLI* Mixed Vegetables Fresh Apple Slices Milk</p>	 <p><b>BREAKFAST</b> String Cheese Lemon Mini Loaf <sup>^</sup> Fresh Apple Milk</p> <p><b>Lunch</b> CRISPY CHICKEN SANDWICH <sup>^</sup> BEAN &amp; CHEESE PUPUSA* Fresh Crunchy Celery Sticks Romaine Lettuce Fresh Banana Ranch, Hot Sauce, &amp; BBQ Sauce Milk</p>
<p>March 9, 2020</p> <p><b>Breakfast</b> GOLDEN GRAHAM CEREAL <sup>^</sup> French Toast Breakfast Square <sup>^</sup> Craisins Fruit Punch Juice Milk</p> <p><b>Lunch</b> CHICKEN STRIPS W/SWEET POTATO PUFFS <sup>^</sup> MINI CHEESE RAVIOLI W/SAUCE <sup>^</sup> Green Beans Fresh Orange* BBQ Sauce Milk</p>	<p>March 10, 2020</p> <p><b>Breakfast</b> CINNAMON FLAKES <sup>^</sup> Graham Crackers <sup>^</sup> Orange-Tangerine Juice Diced Peaches Milk</p> <p><b>Lunch</b> RIB-B-QUE Wrapped Hamburger Bun <sup>^</sup> BEAN &amp; CHEESE BURRITO <sup>^</sup> French Fries Diced Peaches Ketchup &amp; Salsa Milk</p>	<p>March 11, 2020</p> <p><b>Breakfast</b> String Cheese Chocolate Chip Mini Loaf <sup>^</sup> Fresh Apple Milk</p> <p><b>Lunch</b> MEATLOAF PANINI <sup>^</sup> GRILLED CHEESE PANINI <sup>^</sup> Corn Fresh Crunchy Celery Sticks Diced Pears Chocolate Cookie <sup>^</sup> Ranch Milk</p>	<p>March 12, 2020</p> <p><b>Breakfast</b> VANILLA YOGURT Granola <sup>^</sup> Fresh Banana* Grape Juice Milk</p> <p><b>Lunch</b> CHEESY TACO MEAT VEGGIE NACHO COMBO CHILI Tortilla Rounds <sup>^</sup> Romaine Lettuce Fresh Red Pepper Slices Fresh Apple Slices Taco Sauce &amp; Ranch Milk</p>	<p>March 13, 2020</p> <p><b>Breakfast</b> APPLE JACKS <sup>^</sup> Maple Breakfast Square <sup>^</sup> Fresh Apple Milk</p> <p><b>Lunch</b> CRUNCHY CHICKEN TENDERS <sup>^</sup> MAC &amp; CHEESE<sup>^</sup> * California Blend Veggies Fresh Pear Snickerdoodle Cookie <sup>^</sup> BBQ Sauce Milk</p>
<p>March 16, 2020</p> <p><b>Breakfast</b> RICE KRISPIES <sup>^</sup> Strawberry Pancake Square <sup>^</sup> Craisins Grape Juice Milk</p> <p><b>Lunch</b> PANCAKES &amp; SAUSAGE <sup>^</sup> Syrup GRILLED CHEESE SANDWICH <sup>^</sup> Tropical Veggie Juice Applesauce Cup Milk</p>	<p>March 17, 2020</p> <p><b>Breakfast</b> RASPBERRY YOGURT Granola <sup>^</sup> Mixed Fruit Cup Orange-Tangerine Juice Milk</p> <p><b>Lunch</b> HOMESTYLE SALISBURY STEAK W/GRAVY MONTEREY VEGETARIAN PATTY Wrapped Hamburger Bun <sup>^</sup> Potato Wedges Mixed Fruit Cup Ketchup Milk</p>	<p>March 18, 2020</p> <p><b>Breakfast</b> BLUEBERRY MUFFIN <sup>^</sup> String Cheese Fresh Apple Milk</p> <p><b>Lunch</b> PEPPERONI PIZZA <sup>^</sup> CHEESY PARM WRAP <sup>^</sup> Romaine Lettuce Orange-Tangerine Juice Ranch Milk</p>	<p>March 19, 2020</p> <p><b>Breakfast</b> CORN CHEX <sup>^</sup> Animal Grahams <sup>^</sup> Fresh Orange* Fruit Punch Juice Milk</p> <p><b>Lunch</b> CORN DOG ON A STICK<sup>^</sup> VEGGIE NUGGETS <sup>^</sup> Maple Baked Beans Baby Carrots Fresh Pear* Ketchup, Ranch, BBQ Sauce Milk</p>	<p>March 20, 2020</p> <p><b>Breakfast</b> FROOT LOOPS<sup>^</sup> Vanilla Waffle Square <sup>^</sup> Fresh Apple Milk</p> <p><b>Lunch</b> CHICKEN TENDERS W/POTATO WEDGES <sup>^</sup> MINI CHEESE RAVIOLI W/SAUCE<sup>^</sup> * Country Blend Vegetables Fresh Banana* Breadstick (IW)<sup>^</sup> Ketchup &amp; BBQ Sauce Milk</p>
<p>March 23, 2020</p> <p><b>Breakfast</b> COCOA PUFFS <sup>^</sup> Graham Crackers <sup>^</sup> Craisins Apple Juice Milk</p> <p><b>Lunch</b> CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE <sup>^</sup> CHEESE PIZZA <sup>^</sup> Breadstick <sup>^</sup> Green Beans Fresh Apple Milk</p>	<p>March 24, 2020</p> <p><b>Breakfast</b> STRAWBERRY YOGURT Granola <sup>^</sup> Diced Pears Orange-Tangerine Juice Milk</p> <p><b>Lunch</b> BAGEL DOG <sup>^</sup> 4-CHEESE PANINI <sup>^</sup> Golden Potato Rounds Diced Pears Ketchup &amp; Mustard Milk</p>	<p>March 25, 2020</p> <p><b>Breakfast</b> CINNAMON FLAKES <sup>^</sup> Maple Breakfast Square <sup>^</sup> Fresh Apple Milk</p> <p><b>Lunch</b> CHICKEN TACO VEGETARIAN CHILI W/BEANS Tortilla Rounds <sup>^</sup> Fiesta Beans Fresh Banana Salsa Milk</p>	<p>March 26, 2020</p> <p><b>Breakfast</b> ENGLISH MUFFIN <sup>^</sup> Assorted Jelly Fresh Banana* Diced Peaches Milk</p> <p><b>Lunch</b> MEATBALL SUB Wrapped Hot Dog Bun <sup>^</sup> MINI CHEESE RAVIOLI W/SAUCE <sup>^</sup> Mixed Vegetables Diced Peaches Milk</p>	<p>March 27, 2020</p> <p><b>Breakfast</b> String Cheese Peach Mini Loaf <sup>^</sup> Fresh Apple Milk</p> <p><b>Lunch</b> CORN DOG ON A STICK<sup>^</sup> FRENCH BREAD CHEESE PIZZA<sup>^</sup> * Baby Carrots Fresh Broccoli Florets Fresh Pear Ketchup, Mustard, &amp; Ranch Milk</p>
<p>March 30, 2020</p> <p><b>Breakfast</b> APPLE JACKS <sup>^</sup> Vanilla Waffle Square <sup>^</sup> Craisins Grape Juice Milk</p> <p><b>Lunch</b> CHICKEN STRIPS W/SWEET POTATO FRIES <sup>^</sup> CHEESE &amp; GREEN CHILE TAMALE* Potato Wedges Diced Pears Ketchup &amp; BBQ Sauce Milk</p>	<p>March 31, 2020</p> <p><b>Breakfast</b> VANILLA YOGURT Granola <sup>^</sup> Applesauce Cup Fruit Punch Juice Milk</p> <p><b>Lunch</b> SLOPPY JOE BURGER CHEESY PARM WRAP<sup>^</sup> * Diced Carrots Mixed Fruit Cup Milk</p>			

\*\* MENU SUBJECT TO CHANGE \*\*

<sup>^</sup> Denotes item is whole-grain/whole wheat. <sup>\*</sup> Denotes item is vegetarian.

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\*\*\* This institution is an equal opportunity provider.