

September 2019

Renaissance Valley Academy High School

Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 3, 2019	September 4, 2019	September 5, 2019	September 6, 2019
NO SCHOOL LABOR DAY	<p style="text-align: center;">Breakfast</p> RICE CHEX Cherry Breakfast Bar Blended Fruit Juice Peach Cup Milk <p style="text-align: center;">Lunch</p> TURKEY & CHEESE SANDWICH ^ Italian Corn Salad Fresh Banana* Mustard Milk	<p style="text-align: center;">Breakfast</p> TRIX CEREAL Graham Crackers Craisins Strawberry-Kiwi Juice Milk <p style="text-align: center;">Lunch</p> TURKEY BOLOGNA W/ WHOLE WHEAT BUN Baby Carrots Hummus Cup Mustard Orange Juice Milk	<p style="text-align: center;">Breakfast</p> CINNAMON TOAST CRUNCH Strawberry Square Peach Cup Blended Fruit Juice Milk <p style="text-align: center;">Lunch</p> TURKEY HAM & CHEESE W/WHOLE WHEAT Baby Carrots Fresh Apple Slices Light Ranch Dressing Mustard Sun Splash Veggie Juice Milk	<p style="text-align: center;">Breakfast</p> CHEERIOS Maple Breakfast Square Applesauce Cup Grape Juice Milk <p style="text-align: center;">Lunch</p> DELI SUB SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Diced Peaches Light French Dressing Mustard Milk
September 9, 2019	September 10, 2019	September 11, 2019	September 12, 2019	September 13, 2019
<p style="text-align: center;">Breakfast</p> FRUITY CHEERIOS Maple Breakfast Square Craisins Orange Tangerine Juice Milk <p style="text-align: center;">Lunch</p> TURKEY BOLOGNA SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Fresh Banana* Light Ranch Dressing Mustard Milk	<p style="text-align: center;">Breakfast</p> APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Peach Cup Blended Fruit Juice Milk <p style="text-align: center;">Lunch</p> TURKEY HAM & CHEESE SANDWICH ^ Italian Corn Salad Pineapple Tidbits Mustard Milk	<p style="text-align: center;">Breakfast</p> Animal Graham Crackers Craisins Strawberry-Kiwi Juice Milk <p style="text-align: center;">Lunch</p> DELI SUB SANDWICH ^ Baby Carrots Applesauce Cup Light Ranch Dressing Mustard Sun Splash Veggie Juice Milk	<p style="text-align: center;">Breakfast</p> COCOA PUFFS Strawberry Square Applesauce Cup Grape Juice Milk <p style="text-align: center;">Lunch</p> STRAWBERRY YOGURT String Cheese Corn Muffin Fresh Orange* Tropical Veggie Juice Milk	<p style="text-align: center;">Breakfast</p> CINNAMON CHEX Graham Crackers Peach Cup Orange-Tangerine Juice Milk <p style="text-align: center;">Lunch</p> TURKEY & CHEESE SANDWICH ^ Baby Carrots Fresh Pear* Hummus Cup Mustard Milk
September 16, 2019	September 17, 2019	September 18, 2019	September 19, 2019	September 20, 2019
<p style="text-align: center;">Breakfast</p> GOLDEN GRAHAM CEREAL Vanilla Breakfast Squares Craisins Apple Juice Milk <p style="text-align: center;">Lunch</p> TURKEY & CHEESE SANDWICH ^ Italian Corn Salad Fresh Banana* Mustard Milk	<p style="text-align: center;">Breakfast</p> RICE CHEX Cherry Breakfast Bar Peach Cup Blended Fruit Juice Milk <p style="text-align: center;">Lunch</p> VANILLA YOGURT String Cheese Cherry Loaf ^ Mixed Fruit Cup Tropical Veggie Juice Milk	<p style="text-align: center;">Breakfast</p> TRIX CEREAL Graham Crackers Craisins Strawberry-Kiwi Juice Milk <p style="text-align: center;">Lunch</p> TURKEY BOLOGNA W/ WHOLE WHEAT BUN Baby Carrots Hummus Cup Mustard Orange Juice Milk	<p style="text-align: center;">Breakfast</p> CINNAMON TOAST CRUNCH Strawberry Square Peach Cup Blended Fruit Juice Milk <p style="text-align: center;">Lunch</p> TURKEY HAM & CHEESE W/WHOLE WHEAT Baby Carrots Fresh Apple Slices Light Ranch Dressing Mustard Sun Splash Veggie Juice Milk	<p style="text-align: center;">Breakfast</p> CHEERIOS Maple Breakfast Square Applesauce Cup Grape Juice Milk <p style="text-align: center;">Lunch</p> DELI SUB SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Diced Peaches Light French Dressing Mustard
September 23, 2019	September 24, 2019	September 25, 2019	September 26, 2019	September 27, 2019
NO SCHOOL	<p style="text-align: center;">Breakfast</p> APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Peach Cup Blended Fruit Juice Milk <p style="text-align: center;">Lunch</p> TURKEY HAM & CHEESE SANDWICH ^ Italian Corn Salad Pineapple Tidbits Mustard Milk	<p style="text-align: center;">Breakfast</p> FROSTED CORN FLAKES Animal Graham Crackers Craisins Strawberry-Kiwi Juice Milk <p style="text-align: center;">Lunch</p> DELI SUB SANDWICH ^ Baby Carrots Applesauce Cup Light Ranch Dressing Mustard Sun Splash Veggie Juice Milk	<p style="text-align: center;">Breakfast</p> COCOA PUFFS Strawberry Square Applesauce Cup Grape Juice Milk <p style="text-align: center;">Lunch</p> STRAWBERRY YOGURT String Cheese Corn Muffin Fresh Orange* Tropical Veggie Juice Milk	<p style="text-align: center;">Breakfast</p> CINNAMON CHEX Graham Crackers Peach Cup Orange-Tangerine Juice Milk <p style="text-align: center;">Lunch</p> TURKEY & CHEESE SANDWICH ^ Baby Carrots Fresh Pear* Hummus Cup Mustard Milk
September 30, 2019				
<p style="text-align: center;">Breakfast</p> GOLDEN GRAHAM CEREAL Vanilla Breakfast Squares Craisins Apple Juice Milk <p style="text-align: center;">Lunch</p> TURKEY & CHEESE SANDWICH ^ Italian Corn Salad Fresh Banana* Mustard Milk				

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE MILK

** MENU SUBJECT TO CHANGE **

Denotes item is whole-grain/whole wheat.

Denotes item is vegetarian.

*** This institution is an equal opportunity provider.