

Renaissance Valley Academy High School

Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				November 1, 2019
				Breakfast CHEERIOS Maple Breakfast Square Grape Juice Applesauce Cup Milk **Lunch** DELI SUB SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Light French Dressing Diced Peaches Mustard Milk
November 4, 2019	November 5, 2019	November 6, 2019	November 7, 2019	November 8, 2019
Breakfast FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Craisins Milk **Lunch** TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Fresh Banana* Light Ranch Dressing Mustard Milk	**Breakfast** APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Peach Cup Milk **Lunch** TURKEY HAM & CHEESE SANDWICH ^ Italian Corn Salad Pineapple Tidbits Mustard Milk	**Breakfast** FROSTED CORN FLAKES Animal Graham Crackers Strawberry-Kiwi Juice Craisins Milk **Lunch** DELI SUB SANDWICH ^ Sun Splash Veggie Juice Baby Carrots Light Ranch Dressing Applesauce Cup Mustard Milk	**Breakfast** COCOA PUFFS Strawberry Square Grape Juice Applesauce Cup Milk **Lunch** STRAWBERRY YOGURT String Cheese Tropical Veggie Juice Fresh Orange* Corn Muffin Milk	**Breakfast** CINNAMON CHEX Graham Crackers Orange-Tangerine Juice Peach Cup Milk **Lunch** TURKEY & CHEESE SANDWICH ^ Hummus Cup Baby Carrots Fresh Pear* Mustard Milk
November 11, 2019	November 12, 2019	November 13, 2019	November 14, 2019	November 15, 2019
 No School		**Breakfast** TRIX CEREAL Graham Crackers Strawberry-Kiwi Juice Craisins Milk **Lunch** TURKEY BOLOGNA ON A WHOLE WHEAT BUN Hummus Cup Baby Carrots Orange Juice Mustard Milk	**Breakfast** CINNAMON TOAST CRUNCH Strawberry Square Blended Fruit Juice SS Peach Cup Milk **Lunch** TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Baby Carrots Light Ranch Dressing Sun Splash Veggie Juice Fresh Apple Slices Mustard Milk	**Breakfast** CHEERIOS Maple Breakfast Square Grape Juice Applesauce Cup Milk **Lunch** DELI SUB SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Light French Dressing Diced Peaches Mustard Milk
November 18, 2019	November 19, 2019	November 20, 2019	November 21, 2019	November 22, 2019
Breakfast FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Craisins Milk **Lunch** TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Light Ranch Dressing Fresh Banana* Mustard Milk	**Breakfast** APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Peach Cup Milk **Lunch** TURKEY HAM & CHEESE SANDWICH ^ Italian Corn Salad Pineapple Tidbits Mustard Milk	**Breakfast** FROSTED CORN FLAKES Animal Graham Crackers Strawberry-Kiwi Juice Craisins Milk **Lunch** DELI SUB SANDWICH ^ Sun Splash Veggie Juice Baby Carrots Applesauce Cup Light Ranch Dressing Mustard Milk	**Breakfast** COCOA PUFFS Strawberry Square Grape Juice Applesauce Cup Milk **Lunch** STRAWBERRY YOGURT String Cheese Tropical Veggie Juice Fresh Orange* Corn Muffin Milk	**Breakfast** CINNAMON CHEX Graham Crackers Orange-Tangerine Juice Peach Cup Milk **Lunch** TURKEY & CHEESE SANDWICH ^ Hummus Cup Baby Carrots Fresh Pear* Mustard Milk
November 25, 2019	November 26, 2019	November 27, 2019	November 28, 2019	November 29, 2019
thanksgiving				break

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE MILK *** MENU SUBJECT TO CHANGE ***

*^ Denotes item is whole-grain/whole wheat.*This menu is free of peanuts, tree nuts, fish, and shellfish.*

**** This institution is an equal opportunity provider.*