

NOVEMBER

Renaissance Valley Academy High School Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				November 1, 2019 Breakfast CHEERIOS Maple Breakfast Square Grape Juice Applesauce Cup Milk Lunch DELI SUB SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Light French Dressing Diced Peaches Mustard Milk
November 4, 2019 Breakfast APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Peach Cup Milk Lunch TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Fresh Banana* Light Ranch Dressing Mustard Milk	November 5, 2019 Breakfast APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Peach Cup Milk Lunch TURKEY HAM & CHEESE SANDWICH ^ Italian Corn Salad Pineapple Tidbits Mustard Milk	November 6, 2019 Breakfast FROSTED CORN FLAKES Animal Graham Crackers Strawberry-Kiwi Juice Craisins Milk Lunch DELI SUB SANDWICH ^ Sun Splash Veggie Juice Baby Carrots Light Ranch Dressing Applesauce Cup Mustard Milk	November 7, 2019 Breakfast COCOA PUFFS Strawberry Square Grape Juice Applesauce Cup Milk Lunch STRAWBERRY YOGURT String Cheese Tropical Veggie Juice Fresh Orange* Corn Muffin Milk	November 8, 2019 Breakfast CINNAMON CHEX Graham Crackers Orange-Tangerine Juice Peach Cup Milk Lunch TURKEY & CHEESE SANDWICH ^ Hummus Cup Baby Carrots Fresh Pear* Mustard Milk
November 11, 2019  veterans day No School	November 12, 2019 No School	November 13, 2019 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk Lunch PEPPERONI PIZZA ^ CHEESY PARM WRAP ^ French Fries Romaine Lettuce Diced Peaches Orange-Tangerine Juice Cheddar Sun Chips ^ Ketchup Light Ranch Dressing Milk	November 14, 2019 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk Lunch CORN DOG ON A STICK^ VEGGIE NUGGETS ^ Maple Baked Beans Mixed Vegetables Fresh Apple Snickerdoodle Cookie ^ Mustard Ketchup BBQ Sauce Milk	November 15, 2019 Breakfast PEACH MINI LOAF^ String Cheese Fresh Apple Milk Lunch CHICKEN & GREEN CHILE TAMALE SOUTHWESTERN BLACK BEAN & CHEESE BURRITO ^ Fresh Crunchy Celery Sticks Diced Carrots Jalapenos Fresh Banana Orange-Tangerine Juice Taco Sauce Light Ranch Dressing Hot Sauce Milk
November 18, 2019 Breakfast GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Craisins Fruit Punch Juice Milk Lunch CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Breadstick ^ CHEESE PIZZA ^ Country Blend Vegetables Applesauce Cup Orange-Tangerine Juice Milk	November 19, 2019 Breakfast COCOA PUFFS ^ Graham Crackers ^ Orange-Tangerine Juice Diced Peaches Milk Lunch BAGEL DOG ^ 4-CHEESE PANINI ^ Green Beans Corn Diced Pears Fruit Punch Juice Ketchup Mustard Milk	November 20, 2019 Breakfast String Cheese Chocolate Chip Mini Loaf ^ Fresh Apple Assorted Jelly Milk Lunch CHICKEN TACO VEGETARIAN CHILI WITH BEANS Tortilla Rounds ^ Jalapenos Fiesta Beans Baby Carrots Fresh Banana Mixed Fruit Cup Chocolate Cookie ^ Salsa Light Ranch Dressing Milk	November 21, 2019 Breakfast VANILLA YOGURT Granola ^ Fresh Banana Applesauce Cup Milk Lunch MEATBALL SUB Wrapped Hot Dog Bun ^ MINI CHEESE RAVIOLI WITH SAUCE ^ Mixed Vegetables Fresh Apple Multi Grain Sun Chips ^ Milk	November 22, 2019 Breakfast APPLE CINNAMON CHEERIOS ^ Maple Breakfast Square ^ Fresh Apple Milk Lunch TURKEY W/STUFFING GRAVY SWEET POTATOES ^ Whole Wheat Dinner Roll^ VEGETARIAN BURGER Wrapped Hamburger Bun ^ Baby Carrots Romaine Lettuce Fresh Pear* Fat Free Ranch Dressing Mustard Ketchup Milk
November 25, 2019 thanksgiving	November 26, 2019 thanksgiving	November 27, 2019 thanksgiving	November 28, 2019  Happy Thanksgiving	November 29, 2019 break

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE MILK

** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat.*This menu is free of peanuts, tree nuts, fish, and shellfish.

*** This institution is an equal opportunity provider.