

Renaissance Valley Academy High School

Breakfast & Lunch Menu

MONDAY		Breakfast & Lunch Menu		
	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		January 1, 2020	January 2, 2020	January 3, 2020
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
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January 6, 2020	January 7, 2020	January 8, 2020	January 9, 2020	January 10, 2020
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
January 13, 2020	January 14, 2020	January 15, 2020	January 16, 2020	January 17, 2020
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
COCOA PUFFS ^	STRAWBERRY YOGURT	CINNAMON CHEX ^	ENGLISH MUFFIN ^	Peach Mini Loaf ^
Graham Crackers ^	Granola ^	Maple Breakfast Square ^	Fresh Banana	String Cheese
Craisins Orange-Tangerine Juice	Diced Pears Apple Juice	Fresh Apple Milk	Diced Peaches Assorted Jelly	Fresh Apple Assorted Jelly
Orange-Tangerine Juice Milk	Apple Juice Milk	IVIIK	Assorted Jelly Milk	Assorted Jelly Milk
Lunch	Lunch	Lunch	Lunch	Lunch
MAC & CHEESE ^	SLOPPY JOE	BEAN & CHEESE PUPUSA	CHICKEN DUNKERS	HOMESTYLE SALISBURY
POPCORN CHICKEN ^	Wrapped Hamburger Bun ^	CHARBROILED HAMBURGER	W/PARMESAN MARINARA SAUCE ^	STEAK W/GRAVY
Country Blend Vegetables	PIZZA DIPPERS ^	Wrapped Hamburger Bun ^	MINI CHEESE RAVIOLI	MONTEREY VEGETARIAN PATTY
Applesauce Cup	Mixed Vegetables	Corn	WITH SAUCE ^	Wrapped Hamburger Bun ^
Jalapenos	Orange-Tangerine Juice	Fresh Crunchy Celery Sticks	Baked Beans	Mashed Potatoes
Vanilla Cookie ^	Mixed Fruit Cup	Fresh Banana*	Fresh Apple	Romaine Lettuce
Grape Juice	Marinara Dipping Sauce	Pineapple Tidbits	Multi Grain Sun Chips ^	Diced Peaches
BBQ Sauce Milk	Milk	Mayo,Ketchup,Mustard,Hot Sauce,Ranch Milk	Milk	Grape Juice
IVIIIK		IVIIIK		Mayonnaise, Ranch Milk
January 20, 2020	January 21, 2020	January 22, 2020	January 23, 2020	January 24, 2020
Martin Luther King Jr.	Breakfast	Breakfast	Breakfast	Breakfast
Martin Luttler King Jr.	VANILLA YOGURT	BANANA MUFFIN ^	WHOLE WHEAT BAGEL	CINNAMON TOAST CRUNCH ^
	Granola ^	String Cheese	Cream Cheese	French Toast
	Applesauce Cup	Fresh Apple	Fresh Pear*	Breakfast Square ^
	Fruit Punch Juice	Milk	Orange-Tangerine Juice	Fresh Apple
	Milk		Milk	Milk
	Lunch	Lunch	Lunch	Lunch
	CHICKEN TACO	CHICKEN & GREEN CHILE TAMALE	VEGGIE NUGGETS W/POTATO WEDGES ^	RIB-B-QUE
	VEGETARIAN CHILI	VEGETARIAN BURGER	HOT DOG	FRENCH TOAST STICKS
	WITH BEANS	Wrapped Hamburger Bun ^	WITH POTATO ROUNDS	WITH SCRAMBLED EGGS
	Corn Diced Pears	Romaine Lettuce FRESH RED PEPPER SLICES	Wrapped Hot Dog Bun ^ Maple Baked Beans	French Fries Baby Carrots
	Wild White Nacho Doritos^	Orange-Tangerine Juice	Fresh Apple	Fresh Banana
	Snickerdoodle Cookie ^	Diced Peaches	Pretzel ^	Pineapple Tidbits
	Snickerdoodle Cookie ^ Apple Juice	Hot Sauce, Ketchup, Mustard, Ranch	BBQ Sauce, Ketchup	Ketchup, Ranch, Syrup
January 27, 2020	Apple Juice	Hot Sauce, Ketchup, Mustard, Ranch	BBQ Sauce, Ketchup	Ketchup, Ranch, Syrup
Breakfast	Apple Juice Milk January 28, 2020 Breakfast	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast	BBQ Sauce, Ketchup Milk	Ketchup, Ranch, Syrup Milk
	Apple Juice Milk January 28, 2020	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020	BBQ Sauce, Ketchup Milk January 30, 2020	Ketchup, Ranch, Syrup Milk January 31, 2020
Breakfast FRUITY CHEERIOS ^	Apple Juice Milk January 28, 2020 Breakfast	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese
Breakfast	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^ Diced Pears Fruit Punch Juice	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese Cherry Mini Loaf ^
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^ Diced Pears	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese Cherry Mini Loaf ^ Fresh Apple
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^ Diced Pears Fruit Punch Juice Milk	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese Cherry Mini Loaf ^ Fresh Apple Milk
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk Lunch	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^ Diced Pears Fruit Punch Juice Milk Lunch	Hot Sauce, Ketchup, Mustard, Ranch Milk Januar 29, 2020 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk Lunch	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk Lunch	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese Cherry Mini Loaf ^ Fresh Apple Milk Lunch
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk Lunch BEEF & BEAN CHILI	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^ Diced Pears Fruit Punch Juice Milk Lunch CHEESE PUPUSA	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk Lunch BBQ CHICKEN	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk Lunch CHEESE LASAGNA ^	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese Cherry Mini Loaf ^ Fresh Apple Milk Lunch BAGEL DOG ^
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk Lunch BEEF & BEAN CHILI CHEESY PARM WRAP ^	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^ Diced Pears Fruit Punch Juice Milk Lunch CHESE PUPUSA CHICKEN TENDERS WITH	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk Lunch BBQ CHICKEN VEGGIE BURGER	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk Lunch CHEESE LASAGNA ^ SPICY CHICKEN FILLET ^	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese Cherry Minl Loaf ^ Fresh Apple Milk Lunch BAGEL DOG ^ SW BLACK BEAN &CHEESE BURRITO ^
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk Lunch BEEF & BEAN CHILI CHEESY PARM WRAP ^ Corn Muffin ^	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^ Diced Pears Fruit Punch Juice Milk Lunch CHEESE PUPUSA CHICKEN TENDERS WITH POTATO WEDGES ^	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk Lunch BBQ CHICKEN VEGGIE BURGER POTATO WEDGES	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk Lunch CHEESE LASAGNA ^ SPICY CHICKEN FILLET ^ Wrapped Hamburger Bun ^	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese Cherry Mini Loaf ^ Fresh Apple Milk Lunch BAGEL DOG ^ S/W BLACK BEAN &CHEESE BURRITO ^ Corn
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk Lunch BEEF & BEAN CHILI CHEESY PARM WRAP ^ Corn Muffin ^ Baby Carrots	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^ Diced Pears Fruit Punch Juice Milk Lunch CHESSE PUPUSA CHICKEN TENDERS WITH POTATO WEDDES ^ Breadstick ^	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk Lunch BBQ CHICKEN VEGGIE BURGER POTATO WEDGES Wrapped Hamburger Bun ^	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk Lunch CHESE LASAGNA ^ SPICY CHICKEN FILLET ^ Wrapped Hamburger Bun ^ Sun Splash Veggie Juice	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese Cherry Mini Loaf ^ Fresh Apple Milk Lunch BAGEL DOG ^ S/W BLACK BEAN &CHEESE BURRITO ^ Corn Fresh Crunchy Celery Sticks
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk Lunch BEEF & BEAN CHILI CHEESY PARM WRAP ^ Corn Muffin ^ Baby Carrots Mixed Vegetables	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^ Diced Pears Fruit Punch Juice Milk Lunch CHESE PUPUSA CHICKEN TENDERS WITH POTATO WEDGES ^ Breadstick ^ Jalapenos	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk Lunch BBQ CHICKEN VEGGIE BURGER POTATO WEDGES Wrapped Hamburger Bun ^ Baked Beans	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk Lunch CHEESE LASAGNA ^ SPICY CHICKEN FILLET ^ Wrapped Hamburger Bun ^ Sun Splash Veggie Juice Romaine Lettuce	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese Cherry Mini Loaf ^ Fresh Apple Milk Lunch BAGEL DOG ^ S/W BLACK BEAN & CHEESE BURRITO ^ Corn Fresh Crunchy Celery Sticks Mixed Fruit Cup
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk Lunch BEEF & BEAN CHILI CHEESY PARM WRAP ^ Corn Muffin ^ Baby Carrots Mixed Vegetables Diced Peaches	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^ Diced Pears Fruit Punch Juice Milk Lunch CHESS PUPUSA CHICKEN TENDERS WITH POTATO WEDGES ^ Breadstick ^ Jalapenos Honey Roasted Sunflower Seeds	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk Lunch BBQ CHICKEN VEGGIE BURGER POTATO WEDGES Wrapped Hamburger Bun ^ Baked Beans Pickle Chips	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk Lunch CHESE LASAGNA ^ SPICY CHICKEN FILLET ^ Wrapped Hamburger Bun ^ Sun Splash Veggie Juice Romaine Lettuce Fresh Apple	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese Cherry Mini Loaf ^ Fresh Apple Milk Lunch BAGEL DOG ^ S/W BLACK BEAN &CHEESE BURRITO ^ Com Fresh Crunchy Celery Sticks Mixed Fruit Cup Cheddar Sun Chips ^
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk Lunch BEEF & BEAN CHILI CHEESY PARM WRAP ^ Corn Muffin ^ Baby Carrots Mixed Vegetables	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^ Diced Pears Fruit Punch Juice Milk Lunch CHESE PUPUSA CHICKEN TENDERS WITH POTATO WEDGES ^ Breadstick ^ Jalapenos	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk Lunch BBQ CHICKEN VEGGIE BURGER POTATO WEDGES Wrapped Hamburger Bun ^ Baked Beans	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk Lunch CHEESE LASAGNA ^ SPICY CHICKEN FILLET ^ Wrapped Hamburger Bun ^ Sun Splash Veggie Juice Romaine Lettuce	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese Cherry Mini Loaf ^ Fresh Apple Milk Lunch BAGEL DOG ^ S/W BLACK BEAN & CHEESE BURRITO ^ Com Fresh Crunchy Celery Sticks Mixed Fruit Cup
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk Lunch BEEF & BEAN CHILI CHEESY PARM WRAP ^ Corn Muffin ^ Baby Carrots Mixed Vegetables Diced Peaches Grape Juice	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^ Diced Pears Fruit Punch Juice Milk Lunch CHESSE PUPUSA CHICKEN TENDERS WITH POTATO WEDGES ^ Breadstick ^ Jalapenos Honey Roasted Sunflower Seeds Country Blend Vegetables Pineapple Tidbits Orange-Tangerine Juice	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk Lunch BBQ CHICKEN VEGGIE BURGER POTATO WEDGES Wrapped Hamburger Bun ^ Baked Beans Pickle Chips Fresh Banana	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk Lunch CHESE LASAGNA ^ SPICY CHICKEN FILLET ^ Wrapped Hamburger Bun ^ Sun Splash Veggie Juice Romaine Lettuce Fresh Apple Chocolate Cookie ^	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese Cherry Mini Loaf ^ Fresh Apple Milk Lunch BAGEL DOG ^ S/W BLACK BEAN &CHEESE BURRITO ^ Com Fresh Crunchy Celery Sticks Mixed Fruit Cup Cheddar Sun Chips ^ Fruit Punch Juice
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk Lunch BEEF & BEAN CHILI CHEESY PARM WRAP ^ Corn Muffin ^ Baby Carrots Mixed Vegetables Diced Peaches Grape Juice Ranch	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^ Diced Pears Fruit Punch Juice Milk Lunch CHEESE PUPUSA CHICKEN TENDERS WITH POTATO WEDGES ^ Breadstick ^ Jalapenos Honey Roasted Sunflower Seeds Country Blend Vegetables Pineapple Tidbits Orange-Tangerine Juice Ketchup, BBQ, Hot Sauce	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk Lunch BBQ CHICKEN VEGGIE BURGER POTATO WEDGES Wrapped Hamburger Bun ^ Baked Beans Pickle Chips Fresh Banana Diced Pears	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk Lunch CHEESE LASAGNA ^ SPICY CHICKEN FILLET ^ Wrapped Hamburger Bun ^ Sun Splash Veggie Juice Romaine Lettuce Fresh Apple Chocolate Cookie ^ BBQ Sauce, Ranch	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese Cherry Mini Loaf ^ Fresh Apple Milk Lunch BAGEL DOG ^ S/W BLACK BEAN & CHEESE BURRITO ^ Corn Fresh Crunchy Celery Sticks Mixed Fruit Cup Cheddar Sun Chips ^ Fruit Punch Juice Ketchup, Mustard
Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk Lunch BEEF & BEAN CHILI CHEESY PARM WRAP ^ Corn Muffin ^ Baby Carrots Mixed Vegetables Diced Peaches Grape Juice Ranch	Apple Juice Milk January 28, 2020 Breakfast STRAWBERRY BANANA YOGURT Granola ^ Diced Pears Fruit Punch Juice Milk Lunch CHESSE PUPUSA CHICKEN TENDERS WITH POTATO WEDGES ^ Breadstick ^ Jalapenos Honey Roasted Sunflower Seeds Country Blend Vegetables Pineapple Tidbits Orange-Tangerine Juice	Hot Sauce, Ketchup, Mustard, Ranch Milk January 29, 2020 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Milk Lunch BBQ CHICKEN VEGGIE BURGER POTATO WEDGES Wrapped Hamburger Bun ^ Baked Beans Pickle Chips Fresh Banana Diced Pears	BBQ Sauce, Ketchup Milk January 30, 2020 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk Lunch CHEESE LASAGNA ^ SPICY CHICKEN FILLET ^ Wrapped Hamburger Bun ^ Sun Splash Veggie Juice Romaine Lettuce Fresh Apple Chocolate Cookie ^ BBQ Sauce, Ranch	Ketchup, Ranch, Syrup Milk January 31, 2020 Breakfast String Cheese Cherry Mini Loaf ^ Fresh Apple Milk Lunch BAGEL DOG ^ S/W BLACK BEAN & CHEESE BURRITO ^ Corn Fresh Crunchy Celery Sticks Mixed Fruit Cup Cheddar Sun Chips ^ Fruit Punch Juice Ketchup, Mustard