

## Renaissance Valley Academy High School 9-12 Breakfast & Lunch Menu

MONDAY March 2, 2020	TUESDAY March 3, 2020	WEDNESDAY March 4, 2020	THURSDAY March 5, 2020	FRIDAY March 6, 2020
<b>NATIONAL SCHOOL BREAKFAST WEEK</b>				
<p><b>BREAKFAST</b> FROOT LOOPS<sup>^</sup> Animal Grahams<sup>^</sup> Craisins Grape Juice Milk</p> <p><b>Lunch</b> FRENCH TOAST STICKS W/SAUSAGE<sup>^</sup> FRENCH TOAST STICKS W/SCRAMBLED EGGS* Sun Splash Veggie Juice Potato Rounds Applesauce Cup Diced Peaches Ketchup &amp; Syrup Milk</p>	<p><b>BREAKFAST</b> STRAWBERRY BANANA YOGURT Granola<sup>^</sup> Fruit Punch Juice Diced Pears Milk</p> <p><b>Lunch</b> BBQ CHICKEN TOT-CHOS Tortilla Rounds<sup>^</sup> BBQ VEGAN CHICKEN W/CARROTS* Wrapped Hamburger Bun<sup>^</sup> Country Blend Vegetables Mixed Fruit Cup Grape Juice Snickerdoodle Cookie<sup>^</sup> Milk</p>	<p><b>BREAKFAST</b> FROSTED FLAKES<sup>^</sup> Vanilla Waffle Square<sup>^</sup> Fresh Apple Milk</p> <p><b>Lunch</b> POPCORN CHICKEN<sup>^</sup> VEGETARIAN BURGER* Breadstick<sup>^</sup> Baked Beans Corn Orange-Tangerine Juice Pineapple Tidbits BBQ Sauce, Ketchup, Mustard Milk</p>	<p><b>BREAKFAST</b> PILLSBURY GRAPE CRESCENT<sup>^</sup> Fresh Banana* Orange-Tangerine Juice Milk</p> <p><b>Lunch</b> CHICKEN ALFREDO PASTA<sup>^</sup> CHEESY PENNE ALFREDO W/BROCCOLI* Mixed Vegetables Baby Carrots Fresh Apple Vanilla Cookie<sup>^</sup> Ranch Milk</p>	<p><b>BREAKFAST</b> String Cheese Lemon Mini Loaf<sup>^</sup> Fresh Apple Milk</p> <p><b>Lunch</b> BEAN &amp; CHEESE PUPUSA SPICY CHICKEN SANDWICH* Romaine Lettuce Light Italian Dressing Green Beans Fresh Banana* Diced Pears Hot Sauce &amp; BBQ Sauce Milk</p>
<p>March 9, 2020</p> <p><b>Breakfast</b> GOLDEN GRAHAM CEREAL<sup>^</sup> French Toast Breakfast Square<sup>^</sup> Craisins Fruit Punch Juice Milk</p> <p><b>Lunch</b> MEATLOAF W/TOMATO SAUCE Mashed Potatoes VEGGIE NUGGETS W/ MASHED POTATOES* Corn Applesauce Cup Grape Juice Breadstick (IW)<sup>^</sup> Chocolate Cookie<sup>^</sup> BBQ Sauce Milk</p>	<p>March 10, 2020</p> <p><b>Breakfast</b> CINNAMON FLAKES<sup>^</sup> Graham Crackers<sup>^</sup> Orange-Tangerine Juice Diced Peaches Milk</p> <p><b>Lunch</b> CRISPY CHICKEN DRUMSTICK<sup>^</sup> Corn Muffin<sup>^</sup> SOUTHWESTERN BLACK BEAN &amp; CHEESE BURRITO*<sup>^</sup> Green Beans Diced Carrots Diced Pears Fruit Punch Juice BBQ Sauce &amp; Hot Sauce Milk</p>	<p>March 11, 2020</p> <p><b>Breakfast</b> String Cheese Chocolate Chip Mini Loaf<sup>^</sup> Fresh Apple Milk</p> <p><b>Lunch</b> CHEESEBURGER MONTEREY VEGETARIAN BURGER* Broccoli Mixed Vegetables Diced Peaches Apple Juice Ranch, Ketchup, &amp; Mustard Milk</p>	<p>March 12, 2020</p> <p><b>Breakfast</b> VANILLA YOGURT Granola<sup>^</sup> Fresh Banana* Grape Juice Milk</p> <p><b>Lunch</b> MEATBALL SUB CHEESY PARM WRAP*<sup>^</sup> Potato Rounds Baked Beans Fresh Orange* Pineapple Tidbits Pretzel<sup>^</sup> Milk</p>	<p>March 13, 2020</p> <p><b>Breakfast</b> APPLE JACKS<sup>^</sup> Maple Breakfast Square<sup>^</sup> Fresh Apple Milk</p> <p><b>Lunch</b> MAC &amp; CHEESE* CRUNCHY CHICKEN TENDERS<sup>^</sup> California Blend Veggies Baby Carrots Fresh Pear* Mixed Fruit Cup Snickerdoodle Cookie<sup>^</sup> BBQ Sauce &amp; Ranch Milk</p>
<p>March 16, 2020</p> <p><b>Breakfast</b> RICE KRISPIES<sup>^</sup> Strawberry Pancake Square<sup>^</sup> Craisins Grape Juice Milk</p> <p><b>Lunch</b> BEEF &amp; BEAN CHILI VEGGIE NACHO COMBO CHILI* Pickle Chips Fritos<sup>^</sup> Mixed Vegetables Orange Sorbet 100% Juice Diced Peaches Vanilla Cookie<sup>^</sup> Milk</p>	<p>March 17, 2020</p> <p><b>Breakfast</b> RASPBERRY YOGURT Granola<sup>^</sup> Mixed Fruit Cup Orange-Tangerine Juice Milk</p> <p><b>Lunch</b> GRILLED CHEESE PANINI<sup>^</sup> MINI CORN DOGS*<sup>^</sup> Potato Rounds Corn Diced Pears Fruit Punch Juice Ketchup, Mustard, &amp; Mayo Milk</p>	<p>March 18, 2020</p> <p><b>Breakfast</b> BLUEBERRY MUFFIN<sup>^</sup> String Cheese Fresh Apple Milk</p> <p><b>Lunch</b> CHICKEN &amp; GREEN CHILE TAMALES PIZZA DIPPER*<sup>^</sup> Marinara Dipping Sauce Diced Carrots Romaine Lettuce Grape Juice Pineapple Tidbits Ranch &amp; Hot Sauce Milk</p>	<p>March 19, 2020</p> <p><b>Breakfast</b> CORN CHEX<sup>^</sup> Animal Grahams<sup>^</sup> Fresh Orange* Fruit Punch Juice Milk</p> <p><b>Lunch</b> CHEESY TACO MEAT VEGGIE NUGGETS*<sup>^</sup> Wild White Nacho Doritos<sup>^</sup> Refried Beans Jalapenos Baby Carrots Fresh Apple Chocolate Cookie<sup>^</sup> BBQ Sauce &amp; Ranch Milk</p>	<p>March 20, 2020</p> <p><b>Breakfast</b> FROOT LOOPS<sup>^</sup> Vanilla Waffle Square<sup>^</sup> Fresh Apple Milk</p> <p><b>Lunch</b> CHICKEN TENDERS WITH POTATO WEDGES<sup>^</sup> MINI CHEESE RAVIOLI W/SAUCE*<sup>^</sup> Country Blend Vegetables Fresh Banana* Mixed Fruit Cup Breadstick (IW)<sup>^</sup> Ranch &amp; BBQ Sauce Milk</p>
<p>March 23, 2020</p> <p><b>Breakfast</b> COCOA PUFFS<sup>^</sup> Graham Crackers<sup>^</sup> Craisins Apple Juice Milk</p> <p><b>Lunch</b> SPAGHETTI &amp; MEATBALLS<sup>^</sup> CHEESE PUPUSA*<sup>^</sup> Jalapenos Honey Roasted Sunflower Seeds Country Blend Vegetables Orange-Tangerine Juice Diced Pears Snickerdoodle Cookie<sup>^</sup> Hot Sauce Milk</p>	<p>March 24, 2020</p> <p><b>Breakfast</b> STRAWBERRY YOGURT Granola<sup>^</sup> Diced Pears Orange-Tangerine Juice Milk</p> <p><b>Lunch</b> CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE<sup>^</sup> CHEESE LASAGNA*<sup>^</sup> Breadstick<sup>^</sup> Mixed Vegetables Diced Peaches Grape Juice Milk</p>	<p>March 25, 2020</p> <p><b>Breakfast</b> CINNAMON FLAKES<sup>^</sup> Maple Breakfast Square<sup>^</sup> Fresh Apple Milk</p> <p><b>Lunch</b> TERIYAKI CHICKEN SANDWICH TERIYAKI VEGAN CHICKEN &amp; RICE* French Fries Baby Carrots Mixed Fruit Cup Fresh Banana* Multi Grain Sun Chips<sup>^</sup> Ketchup &amp; Ranch Milk</p>	<p>March 26, 2020</p> <p><b>Breakfast</b> ENGLISH MUFFIN<sup>^</sup> Assorted Jelly Fresh Banana* Diced Peaches Milk</p> <p><b>Lunch</b> RIB-B-QUE VEGGIE BURGER*<sup>^</sup> Potato Wedges Baked Beans Corn Fresh Apple Ketchup &amp; Mustard Milk</p>	<p>March 27, 2020</p> <p><b>Breakfast</b> String Cheese Peach Mini Loaf<sup>^</sup> Fresh Apple Milk</p> <p><b>Lunch</b> CORN DOG ON A STICK<sup>^</sup> FRENCH BREAD CHEESE PIZZA*<sup>^</sup> Fresh Broccoli Florets Diced Carrots Fresh Pear* Pineapple Tidbits Ranch, Ketchup, &amp; Mustard Milk</p>
<p>March 30, 2020</p> <p><b>Breakfast</b> APPLE JACKS<sup>^</sup> Vanilla Waffle Square<sup>^</sup> Craisins Grape Juice Milk</p> <p><b>Lunch</b> CHICKEN STRIPS W/SWEET POTATO FRIES<sup>^</sup> CHEESE &amp; GREEN CHILE TAMALES* Potato Wedges Mixed Vegetables String Cheese Diced Pears Fruit Punch Juice Vanilla Cookie<sup>^</sup> BBQ Sauce, Hot Sauce, &amp; Ranch Milk</p>	<p>March 31, 2020</p> <p><b>Breakfast</b> VANILLA YOGURT Granola<sup>^</sup> Applesauce Cup Fruit Punch Juice Milk</p> <p><b>Lunch</b> SLOPPY JOE BURGER CHEESY PARM WRAP*<sup>^</sup> Sun Splash Veggie Juice Diced Carrots Mixed Fruit Cup Craisins Milk</p>			

\*\* MENU SUBJECT TO CHANGE \*\*  
<sup>^</sup> Denotes item is whole-grain/whole wheat. \* Denotes item is vegetarian.  
 \*This menu is free of peanuts, tree nuts, fish, and shellfish.  
 \*\*\* This institution is an equal opportunity provider.