



# NOVEMBER

## Palm Academy K-12

### Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				November 1, 2019 <b>Breakfast</b> CHEERIOS Maple Breakfast Square Grape Juice Applesauce Cup Milk
November 4, 2019 <b>Breakfast</b> FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Craisins Milk	November 5, 2019 <b>Breakfast</b> APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Peach Cup Milk	November 6, 2019 <b>Breakfast</b> FROSTED CORN FLAKES Animal Graham Crackers Strawberry-Kiwi Juice Craisins Milk	November 7, 2019 <b>Breakfast</b> COCOA PUFFS Strawberry Square Grape Juice Applesauce Cup Milk	November 8, 2019 <b>Breakfast</b> CINNAMON CHEX Graham Crackers Orange-Tangerine Juice Peach Cup Milk
November 11, 2019  veterans day <b>No School</b>	November 12, 2019	November 13, 2019 <b>Breakfast</b> TRIX CEREAL Graham Crackers Strawberry-Kiwi Juice Craisins Milk	November 14, 2019 <b>Breakfast</b> CINNAMON TOAST CRUNCH Strawberry Square Blended Fruit Juice SS Peach Cup Milk	November 15, 2019 <b>Breakfast</b> CHEERIOS Maple Breakfast Square Grape Juice Applesauce Cup Milk
November 18, 2019 <b>Breakfast</b> FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Craisins Milk	November 19, 2019 <b>Breakfast</b> APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Peach Cup Milk	November 20, 2019 <b>Breakfast</b> FROSTED CORN FLAKES Animal Graham Crackers Strawberry-Kiwi Juice Craisins Milk	November 21, 2019 <b>Breakfast</b> COCOA PUFFS Strawberry Square Grape Juice Applesauce Cup Milk	November 22, 2019 <b>Breakfast</b> CINNAMON CHEX Graham Crackers Orange-Tangerine Juice Peach Cup Milk
November 25, 2019	November 26, 2019	November 27, 2019	November 28, 2019	November 29, 2019
<b>thanksgiving</b>			 <b>break</b>	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE MILK

\*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat.\*This menu is free of peanuts, tree nuts, fish, and shellfish.

\*\*\* This institution is an equal opportunity provider.