

Murrieta Student Center K-8 Breakfast & Lunch Menu

MONDAY
March 2, 2020

TUESDAY
March 3, 2020

WEDNESDAY
March 4, 2020

THURSDAY
March 5, 2020

FRIDAY
March 6, 2020

NATIONAL SCHOOL BREAKFAST WEEK



BREAKFAST
GOLDEN GRAHAM CEREAL
Vanilla Breakfast Squares
Apple Juice
Craisins
Milk



BREAKFAST
RICE KRISPIES
Cherry Breakfast Bar
Blended Fruit Juice
Peach Cup
Milk



BREAKFAST
MINI WHEATS LITTLE BITES
Graham Crackers
Strawberry-Kiwi Juice
Craisins
Milk



BREAKFAST
CINNAMON FROSTED FLAKES
Strawberry Square
Blended Fruit Juice
Peach Cup
Milk



BREAKFAST
CHEERIOS
Maple Breakfast Square
Grape Juice
Applesauce Cup
Milk



Lunch
FRENCH TOAST STICKS W/SAUSAGE ^
FRENCH TOAST STICKS
W/SCRAMBLED EGGS*
Tropical Veggie Juice
Applesauce Cup
Syrup
Milk

Lunch
BBQ CHICKEN TATOR TOT-CHOS
BBQ VEGAN CHICKEN W/CARROTS*
Tortilla Rounds ^
Diced Carrots
Mixed Fruit Cup
Milk

Lunch
POPCORN CHICKEN ^
VEGETARIAN BURGER*
Breadstick (IW)^
Baked Beans
Pickle Chips
Orange-Tangerine Juice
Ketchup, Mustard, & BBQ Sauce
Milk

Lunch
CHICKEN ALFREDO PASTA ^
HEESY PENNE ALFREDO W/BROCCOLI^
Mixed Vegetables
Fresh Apple Slices
Milk

Lunch
CRISPY CHICKEN SANDWICH ^
BEAN & CHEESE PUPUSA*
Fresh Crunchy Celery Sticks
Romaine Lettuce
Fresh Banana
Ranch, Hot Sauce, & BBQ Sauce
Milk

March 9, 2020

March 10, 2020

March 11, 2020

March 12, 2020

March 13, 2020

Breakfast
FRUIT LOOPS
Maple Breakfast Square
Orange Tangerine Juice
Craisins
Milk
Lunch
MEATLOAF W/TOMATO SAUCE
VEGGIE NUGGETS W/MASHED POTATOES*
Sun Splash Veggie Juice
Applesauce Cup
Breadstick (IW)^
BBQ Sauce
Milk

Breakfast
APPLE JACKS
Vanilla Breakfast Square
Blended Fruit Juice
Peach Cup
Milk
Lunch
CRISPY CHICKEN DRUMSTICK ^
SOUTHWESTERN BLACK BEAN
& CHEESE BURRITO^*
Corn Muffin ^
Country Blend Vegetables
Diced Pears
Taco Sauce & BBQ Sauce
Milk

Breakfast
FROSTED FLAKES
Animal Graham Crackers
Strawberry-Kiwi Juice
Craisins
Milk
Lunch
CHEESEBURGER
MONTEREY VEGETARIAN BURGER*
Baby Carrots
Broccoli
Diced Peaches
Ranch, Ketchup, & Mustard
Milk

Breakfast
COCOA PUFFS
Strawberry Square
Grape Juice
Applesauce Cup
Milk
Lunch
MEATBALL SUB
CHEESY PARM WRAP*
Baked Beans
Fresh Orange
Milk

Breakfast
FROSTED MINI WHEATS
Graham Crackers
Orange-Tangerine Juice
Peach Cup
Milk
Lunch
CRUNCHY CHICKEN TENDERS ^
MAC & CHEESE^*
California Blend Veggies
Fresh Pear
Snickerdoodle Cookie ^
BBQ Sauce
Milk

March 16, 2020

March 17, 2020

March 18, 2020

March 19, 2020

March 20, 2020

Breakfast
GOLDEN GRAHAM CEREAL
Vanilla Breakfast Squares
Apple Juice
Craisins
Milk
Lunch
BEEF & BEAN CHILI
VEGGIE NACHO COMBO CHILI*
Fritos ^
Mixed Vegetables
Orange Sorbet 100% Juice
Milk

Breakfast
RICE KRISPIES
Cherry Breakfast Bar
Blended Fruit Juice
Peach Cup
Milk
Lunch
MINI CORN DOGS ^
GRILLED CHEESE PANINIA ^
Potato Rounds
Corn
Diced Pears
Mayo, Ketchup, & Mustard
Milk

Breakfast
MINI WHEATS LITTLE BITES
Graham Crackers
Strawberry-Kiwi Juice
Craisins
Milk
Lunch
CHICKEN & GREEN CHILE TAMALE
PIZZA DIPPERS^*
Marinara Dipping Sauce
Baby Carrots
Romaine Lettuce
Grape Juice
Hot Sauce & Ranch
Milk

Breakfast
CINNAMON FROSTED FLAKES
Strawberry Square
Blended Fruit Juice
Peach Cup
Milk
Lunch
CHEESY TACO MEAT
VEGGIE NUGGETS^*
Wild White Nacho Doritos^*
Refried Beans
Jalapenos
Fresh Apple Slices
BBQ Sauce
Milk

Breakfast
CHEERIOS
Maple Breakfast Square
Grape Juice
Applesauce Cup
Milk
Lunch
CHICKEN TENDERS W/POTATO WEDGES ^
MINI CHEESE RAVIOLI W/SAUCE^*
Country Blend Vegetables
Fresh Banana
Breadstick (IW)^
Ketchup & BBQ Sauce
Milk

March 23, 2020

March 24, 2020

March 25, 2020

March 26, 2020

March 27, 2020

Breakfast
FRUIT LOOPS
Maple Breakfast Square
Orange Tangerine Juice
Craisins
Milk
Lunch
SPAGHETTI & MEATBALLS ^
CHEESE PUPUSA**
Jalapenos
Green Beans
Orange-Tangerine Juice
Hot Sauce
Milk

Breakfast
APPLE JACKS
Vanilla Breakfast Square
Blended Fruit Juice
Peach Cup
Milk
Lunch
CHICKEN DUNKERS
W/PARMESAN MARINARA SAUCE ^
CHEESE LASAGNA**
Breadstick (IW)^
Mixed Vegetables
Diced Peaches
Milk

Breakfast
FROSTED FLAKES
Animal Graham Crackers
Strawberry-Kiwi Juice
Craisins
Milk
Lunch
TERIYAKI CHICKEN SANDWICH
TERIYAKI VEGAN CHICKEN & RICE*
French Fries
Mixed Fruit Cup
Ketchup
Milk

Breakfast
COCOA PUFFS
Strawberry Square
Grape Juice
Applesauce Cup
Milk
Lunch
RIB-B-QUE
VEGGIE BURGER*
Potato Wedges
Baked Beans
Pickle Chips
Fresh Apple
Ketchup & Mustard
Milk

Breakfast
FROSTED MINI WHEATS
Graham Crackers
Orange-Tangerine Juice
Peach Cup
Milk
Lunch
CORN DOG ON A STICK^
FRENCH BREAD CHEESE PIZZA^*
Baby Carrots
Fresh Broccoli Florets
Fresh Pear
Ketchup, Mustard, & Ranch
Milk

March 30, 2020

March 31, 2020

Breakfast
GOLDEN GRAHAM CEREAL
Vanilla Breakfast Squares
Apple Juice
Craisins
Milk
Lunch
CHICKEN STRIPS W/SWEET POTATO FRIES ^
CHEESE & GREEN CHILE TAMALE*
Potato Wedges
Diced Pears
Ketchup & BBQ Sauce
Milk

Breakfast
RICE KRISPIES
Cherry Breakfast Bar
Blended Fruit Juice
Peach Cup
Milk
Lunch
SLOPPY JOE BURGER
CHEESY PARM WRAP^*
Diced Carrots
Mixed Fruit Cup
Milk

** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat. * Denotes item is vegetarian.

*This menu is free of peanuts, tree nuts, fish, and shellfish.

*** This institution is an equal opportunity provider.