



January 2022

6-12 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 3, 2022 BREAKFAST CINNAMON TOAST CRUNCH [^] , Vanilla Waffle Square [^] , Dried Cranberries, Grape Juice, Milk LUNCH STRAWBERRY YOGURT, String Cheese, Tropical Veggie Juice, Fresh Orange, Cornbread [^] , Milk	January 4, 2022 BREAKFAST PLAIN BAGEL [^] , Cream Cheese, Diced Pears, Orange-Tangerine Juice, Milk LUNCH TURKEY HAM & CHEESE SANDWICH [^] , Sun Splash Veggie Juice, Fresh Baby Carrots, Light Ranch Dressing, Mixed Fruit, Mustard, Milk	January 5, 2022 BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN [^] , String Cheese, Applesauce, Fruit Punch, Milk LUNCH TURKEY & CHEESE SANDWICH [^] , Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk	January 6, 2022 BREAKFAST CINNAMON BUN [^] , Diced Peaches, Apple Juice, Milk LUNCH HERO SANDWICH [^] , Italian Corn Salad, Fresh Apple Slices, Mustard, Milk	January 7, 2022 BREAKFAST POWDERED DONUT [^] , Applesauce, Grape Juice, Milk LUNCH TURKEY BOLOGNA SANDWICH [^] , Fresh Chopped Romaine, Fresh Broccoli Florets, Light Ranch Dressing, Fresh Banana, Mustard, Milk
January 10, 2022 BREAKFAST FROSTED CORN FLAKES [^] , Cherry Breakfast Bar [^] , Craisins, Orange- Tangerine Juice, Milk LUNCH TURKEY & CHEESE SANDWICH [^] , Fresh Baby Carrots, Light Ranch Dressing, Sun Splash Veggie Juice, Applesauce, Mustard, Milk	January 11, 2022 BREAKFAST STRAWBERRY YOGURT, Granola [^] , Diced Peaches, Grape Juice, Milk LUNCH VANILLA YOGURT, String Cheese, Tropical Veggie Juice, Diced Pears, Cornbread [^] , Milk	January 12, 2022 BREAKFAST RICE CHEX [^] , Graham Crackers [^] , Fresh Apple, Milk LUNCH TURKEY BOLOGNA SANDWICH [^] , Fresh Chopped Romaine, Fresh Cauliflower Florets, Light French Dressing, Diced Peaches, Mustard, Milk	January 13, 2022 BREAKFAST CINNAMON TOAST CRUNCH FILLED BAR [^] , Fresh Banana, Fruit Punch, Milk LUNCH TURKEY HAM & CHEESE SANDWICH [^] , Hummus Cup, Fresh Baby Carrots, Fresh Orange, Mustard, Milk	January 14, 2022 BREAKFAST BLUEBERRY MINI MUFFIN [^] , String Cheese, Fresh Apple, Milk LUNCH HERO SANDWICH [^] , Italian Corn Salad, Fresh Pear, Mustard, Milk
January 17, 2022 MARTIN LUTHER KING, JR. DAY	January 18, 2022 BREAKFAST TRIX [^] , Maple Breakfast Square [^] , Dried Cranberries, Fruit Punch, Milk LUNCH TURKEY HAM & CHEESE SANDWICH [^] , Sun Splash Veggie Juice, Fresh Baby Carrots, Light Ranch Dressing, Mixed Fruit, Mustard, Milk	January 19, 2022 BREAKFAST BANANA MINI MUFFIN [^] , String Cheese, Fresh Apple, Milk LUNCH TURKEY & CHEESE SANDWICH [^] , Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk	January 20, 2022 BREAKFAST RASPBERRY-CHERRY YOGURT, Granola [^] , Fresh Banana, Grape Juice, Milk LUNCH HERO SANDWICH [^] , Italian Corn Salad, Fresh Apple Slices, Mustard, Milk	January 21, 2022 BREAKFAST GOLDEN GRAHAM CEREAL [^] , Vanilla Waffle Square [^] , Fresh Apple, Milk LUNCH TURKEY BOLOGNA SANDWICH [^] , Fresh Chopped Romaine, Fresh Broccoli Florets, Light Ranch Dressing, Fresh Banana, Mustard, Milk
January 24, 2022 BREAKFAST COCOA PUFFS [^] , Strawberry Pancake Square [^] , Dried Cranberries, Apple Juice, Milk LUNCH TURKEY & CHEESE SANDWICH [^] , Fresh Baby Carrots, Light Ranch Dressing, Sun Splash Veggie Juice, Applesauce, Mustard, Milk	January 25, 2022 BREAKFAST CHERRY FRUDEL [^] , Diced Peaches, Fruit Punch, Milk LUNCH VANILLA YOGURT, String Cheese, Tropical Veggie Juice, Diced Pears, Cornbread [^] , Milk	January 26, 2022 BREAKFAST BLUEBERRY MINI MUFFIN [^] , String Cheese, Fresh Apple, Milk LUNCH TURKEY BOLOGNA SANDWICH [^] , Fresh Chopped Romaine, Fresh Cauliflower Florets, Light French Dressing, Diced Peaches, Mustard, Milk	January 27, 2022 BREAKFAST CINNAMON CHEX [^] , Cherry Breakfast Bar [^] , Fresh Banana, Orange-Tangerine Juice, Milk LUNCH TURKEY HAM & CHEESE SANDWICH [^] , Hummus Cup, Fresh Baby Carrots, Fresh Orange, Mustard, Milk	January 28, 2022 BREAKFAST STRAWBERRY YOGURT, Granola [^] , Fresh Apple, Milk LUNCH HERO SANDWICH [^] , Italian Corn Salad, Fresh Pear, Mustard, Milk
January 31, 2022 BREAKFAST APPLE CINNAMON CHEERIOS [^] , Graham Crackers [^] , Dried Cranberries, Orange-Tangerine Juice, Milk LUNCH STRAWBERRY YOGURT, String Cheese, Tropical Veggie Juice, Fresh Orange, Cornbread [^] , Milk				

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS and CHOICE OF 1% OR FAT FREE WHITE MILK

[^] Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider ***