SPRINGS CHARTER SCHOOLS
DEL RIO STUDENT CENTER

February 2022

K-8 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	February 1, 2022	February 2, 2022	February 3, 2022	February 4, 2022
	**BREAKFAST** RICE CHEX^, Vanilla Breakfast Square^, Grape Juice, Dried Cranberries, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH^, Sun Splash Veggie Juice, Fresh Baby Carrots, Light Ranch Dressing, Mixed Fruit, Mustard, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** TURKEY & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk	**BREAKFAST** COCOA PUFFS^, Strawberry Breakfast Square^, Fruit Punch Juice, Diced Peaches, Milk **LUNCH** HERO SANDWICH^, Italian Corn Salad, Fresh Apple Slices, Mustard, Milk	**BREAKFAST** FRUITY CHEERIOS^, Maple Breakfast Square^, Orange-Tangerine Juice, Dried Cranberries, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Broccoli Florets, Light Ranch Dressing, Fresh Banana, Mustard, Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
February 7, 2022	**February 8, 2022**	**February 9, 2022**	**February 10, 2022**	**February 11, 2022**
BREAKFAST TRIX CEREAL^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** TURKEY & CHEESE SANDWICH^, Fresh Baby Carrots, Light Ranch Dressing, Sun Splash Veggie Juice, Applesauce, Mustard, Milk	**BREAKFAST** RICE CHEX^, Vanilla Breakfast Square^, Grape Juice, Dried Cranberries, Milk **LUNCH** VANILLA YOGURT, String Cheese, Tropical Veggie Juice, Diced Pears, Cornbread^, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Broccoli Florets, Fat-Free French Dressing, Diced Peaches, Mustard, Milk	**BREAKFAST** COCOA PUFFS^, Strawberry Breakfast Square^, Fruit Punch Juice, Diced Peaches, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Fresh Orange, Mustard, Milk	**NON-STUDENT DAY**
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
February 14, 2022	**February 15, 2022**	**February 16, 2022**	**February 17, 2022**	**February 18, 2022**
BREAKFAST TRIX CEREAL^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** STRAWBERRY YOGURT, String Cheese, Tropical Veggie Juice, Fresh Orange, Cornbread^, Milk	**BREAKFAST** RICE CHEX^, Vanilla Breakfast Square^, Grape Juice, Dried Cranberries, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH^, Sun Splash Veggie Juice, Fresh Baby Carrots, Light Ranch Dressing, Mixed Fruit, Mustard, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** TURKEY & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk	**BREAKFAST** COCOA PUFFS^, Strawberry Breakfast Square^, Fruit Punch Juice, Diced Peaches, Milk **LUNCH** HERO SANDWICH^, Italian Corn Salad, Fresh Apple Slices, Mustard, Milk	**BREAKFAST** FRUITY CHEERIOS^, Maple Breakfast Square^, Orange-Tangerine Juice, Dried Cranberries, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Broccoli Florets, Light Ranch Dressing, Fresh Banana, Mustard, Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
February 21, 2022	**February 22, 2022**	**February 23, 2022**	**February 24, 2022**	**February 25, 2022**
	**BREAKFAST** RICE CHEX^, Vanilla Breakfast Square^, Grape Juice, Dried Cranberries, Milk **LUNCH** VANILLA YOGURT, String Cheese, Tropical Veggie Juice, Diced Pears, Cornbread^, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Broccoli Florets, Fat-Free French Dressing, Diced Peaches, Mustard, Milk	**BREAKFAST** COCOA PUFFS^, Strawberry Breakfast Square^, Fruit Punch Juice, Diced Peaches, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Fresh Orange, Mustard, Milk	**BREAKFAST** FRUITY CHEERIOS^, Maple Breakfast Square^, Orange-Tangerine Juice, Dried Cranberries, Milk **LUNCH** HERO SANDWICH^, Italian Corn Salad, Fresh Apple Slices, Mustard, Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
February 28, 2022				
BREAKFAST TRIX CEREAL^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** STRAWBERRY YOGURT, String Cheese, Tropical Veggie Juice, Fresh Orange, Cornbread^, Milk				

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS and CHOICE OF 1% OR FAT FREE WHITE MILK
^ Denotes item is whole-grain/whole wheat
**** This institution is an equal opportunity provider ****