Renaissance Valley Academy — Springs Charter Schools

August 2021

High School Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 2, 2021	August 3, 2021	August 4, 2021	August 5, 2021	August 6, 2021
				
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
August 9, 2021	August 10, 2021	August 11, 2021	August 12, 2021	August 13, 2021
				
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
August 16, 2021	August 17, 2021	August 18, 2021	August 19, 2021	August 20, 2021
		**BREAKFAST** TRIX ^, Maple Breakfast Square ^, Fresh Apple, Milk **LUNCH** BBQ CHICKEN TATER TOT-CHOS w/Tortilla Rounds ^, Fresh Baby Carots, Fresh Apple, Chocolate Cookie ^, Ranch Dressing, Milk **Vegetarian Option** CHEESE PAPUSA ^, Stting Cheese, Golden Potato Rounds, Fresh Baby Carrots, Fresh Apple, Chocolate Cookie ^, Hot Sauce, Ranch Dressing, Ketchup, Milk	**BREAKFAST** RICE KRISPIES ^, Crispy Granola Bites ^, Seedless Raisins, Fruit Punch Juice, Milk **LUNCH** TACO JOE, Hamburger Bun ^, Baked Beans, Fresh Apple, Taco Sauce, Milk **Vegetarian Option** BEAN & CHEESE EMPANADA ^, Green Beans, Baked Beans, Taco Sauce, Fresh Apple, Milk	**BREAKFAST** BAGEL ^, Cream Cheese, Seedless Raisins, Apple Juice, Milk **LUNCH** TURKEY BOLOGNA SANDWICH ^, Fresh Chopped Romaine, Fresh Broccoli Florets, Fresh Banana, Mustard, Ranch Dressing, Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
August 23, 2021	August 24, 2021	August 25, 2021	August 26, 2021	August 27, 2021
BREAKFAST CINNAMON TOAST CRUNCH ^, Vanilla Waffle Square ^, Dried Cranberries, Grape Juice, Milk **LUNCH** CHEESE PIZZA ^, Tostito Tortilla Rounds ^, Corn, Jalapenos, Fresh Pear, Apple Juice, Milk	**BREAKFAST** PLAIN BAGEL ^, Cream Cheese, Diced Pears, Orange-Tangerine Juice, Milk **LUNCH** 4-CHEESE PANINI ^, Green Beans, Potato Wedges, Grape Juice, Fresh Nectarine, Ketchup, Milk	**BREAKFAST** DOUBLE CHOCOLATE MINI MUFFIN ^, String Cheese, Fresh Apple, Milk **LUNCH** NASHVILLE POPCORN CHICKEN ^, Sliced Bread ^, Pickle Chips, French Fries, Baby Carrots, Orange-Tangerine Juice, Diced Peaches, BBQ Sauce, Ranch Dressing, Ketchup, Milk **Vegetarian Option** COLBY CHEESE OMELET, Cornbread ^, Pickle Chips, French Fries, Baby Carrots, Orange-Tangerine Juice, Diced Peaches, BBQ Sauce, Ranch Dressing, Ketchup, Milk	**BREAKFAST** VANILLA YOGURT, Granola ^, Apple Juice, Fresh Pear, Milk **LUNCH** MAC & CHEESE ^, Baked Beans, Fritos ^, Baked Beans, Mixed Vegetables, Fresh Apple, Milk	**BREAKFAST** FROSTED FLAKES ^, Strawberry Pancake Square ^, Fresh Apple, Milk **LUNCH** HERO SANDWICH ^, Italian Corn Salad, Fresh Pear, Mustard, Milk
MONDAY	**TUESDAY**			
August 30, 2021	August 31, 2021			
BREAKFAST FROSTED CORN FLAKES ^, Apple Breakfast Bar ^, Dried Cranberries, Orange-Tangerine Juice, Milk **LUNCH** BEAN & CHEESE PAPUSA ^, Green Beans, Diced Pears, Salsa, Milk	**BREAKFAST** STRAWBERRY YOGURT, Granola ^, Fresh Orange, Grape Juice, Milk **LUNCH** CHICKEN & GREEN CHILI TAMALE ^, Baked Beans, Mixed Vegetables, Fresh Apple, Hot Sauce Milk **Vegetarian Option** BBQ VEGAN CHICKEN w/CARROTS, Hamburger Bun ^, Mashed Potatoes, Sun Splash Veggie Juice, Fresh Peach, Milk			**** MENU IS SUBJECT TO CHANGE ****

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS A CHOICE OF 1% OR FAT FREE WHITE MILK

^ Denotes item is whole-grain/whole wheat

**** This institution is an equal opportunity provider ****

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