

## September 2021

## K-8 Breakfast & Lunch

		WEDNESDAY September 1, 2021	THURSDAY September 2, 2021	FRIDAY September 3, 2021
	JUC C	BREAKFAST MINI WHEATS LITTLE BITES^, Graham Crackers^, Strawberry-Kiwi Juice, Craisins, Milk LUNCH TURKEY & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Orange Tangerine Juice, Mustard, Milk	BREAKFAST CINNAMON FROSTED FLAKES^, Strawberry Square^, Blended Fruit Juice, Peach Cup, Milk LUNCH HERO SANDWICH^, Italian Corn Salad, Fresh Apple Slices, Mustard, Milk	Non-Student Day
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 6, 2021	September 7, 2021	September 8, 2021	September 9, 2021	September 10, 2021
Labor Day	BREAKFAST APPLE JACKS <sup>^</sup> , Vanilla Breakfast Square <sup>^</sup> , Blended Fruit Juice, Peach Cup, Milk LUNCH TURKEY & CHEESE SANDWICH <sup>^</sup> , Fresh Baby Carrots, Sun Splash Veggie Juice, Applesauce, Ranch Dressing Mustard, Milk	BREAKFAST FROSTED FLAKES <sup>^</sup> , Animal Graham Crackers, Strawberry-Kiwi Juice, Craisins, Milk LUNCH TURKEY BOLOGNA SANDWICH <sup>^</sup> , Fresh Chopped Romaine, Fresh Broccoli Florets, Fresh Banana, Ranch Dressing, Mustard. Milk	BREAKFAST COCOA PUFFS <sup>^</sup> , Strawberry Square <sup>^</sup> , Grape Juice, Applesauce Cup, Milk LUNCH TURKEY HAM & CHEESE SANDWICH <sup>^</sup> , Hummus Cup, Fresh Baby Carrots, Fresh Orange, Mustard, Milk	Non-Student Day
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 13, 2021	September 14, 2021	September 15, 2021	September 16, 2021	September 17, 2021
BREAKFAST GOLDEN GRAHAM CEREAL^, Vanilla Breakfast Square^, Apple Juice, Craisins, Milk LUNCH STRAWBERRY YOGURT, Combread^, String Cheese, Tropical Veggie Juice, Fresh Orange, Milk MONDAY September 20, 2021 BREAKFAST FRUIT LOOPS^, Maple	BREAKFAST RICE KRISPIES^, Cherry Breakfast Bar^, Blended Fruit Juice, Peach Cup, Milk LUNCH TURKEY HAM & CHEESE^, Sun Splash Veggie Juice, Fresh Baby Carrots, Mixed Fruit, Ranch Dressing, Mustard, Milk TUESDAY September 21, 2021 BREAKFAST	BREAKFAST MINI WHEATS LITTLE BITES^, Graham Crackers^, Strawberry-Kiwi Juice, Craisins, Milk LUNCH TURKEY & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Orange Tangerine Juice, Mustard, Milk WEDNESDAY September 22, 2021 BREAKFAST	BREAKFAST CINNAMON FROSTED FLAKES^, Strawberry Square^, Blended Fruit Juice, Peach Cup, Milk LUNCH HERO SANDWICH^, Italian Corn Salad, Fresh Apple Slices, Mustard, Milk THURSDAY September 23, 2021 BREAKFAST	Non-Student Day FRIDAY September 24, 2021
Breakfast Square^, Orange Tangerine Juice, Craisins, Milk LUNCH TURKEY & CHEESE SANDWICH^, Fresh Baby Carrots, Sun Splash Veggie Juice, Applesauce, Ranch Dressing Mustard, Milk	APPLE JACKS^, Vanilla Breakfast Square^, Blended Fruit Juice, Peach Cup, Milk LUNCH VANILLA YOGURT, Cinnamon Bun^, String Cheese, Tropical Veggie Juice, Diced Pears, Milk	FROSTED FLAKES <sup>^</sup> , Animal Graham Crackers, Strawberry-Kiwi Juice, Craisins, Milk <b>LUNCH</b> TURKEY BOLOGNA SANDWICH <sup>^</sup> , Fresh Chopped Romaine, Fresh Broccoli Florets, Fresh Banana, Ranch Dressing, Mustard, Milk	COCOA PUFFS <sup>^</sup> , Strawberry Square <sup>^</sup> , Grape Juice, Applesauce Cup, Milk <b>LUNCH</b> TURKEY HAM & CHEESE SANDWICH <sup>^</sup> , Hummus Cup, Fresh Baby Carrots, Fresh Orange, Mustard, Milk	Non-Student Day
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
September 27, 2021	September 28, 2021	September 29, 2021	September 30, 2021	
BREAKFAST GOLDEN GRAHAM CEREAL^, Vanilla Breakfast Square^, Apple Juice, Craisins, Milk LUNCH STRAWBERRY YOGURT,	BREAKFAST RICE KRISPIES <sup>^</sup> , Cherry Breakfast Bar <sup>^</sup> , Blended Fruit Juice, Peach Cup, Milk LUNCH TURKEY HAM & CHEESE <sup>^</sup> , Sun	BREAKFAST MINI WHEATS LITTLE BITES^, Graham Crackers^, Strawberry-Kiwi Juice, Craisins, Milk LUNCH TURKEY & CHEESE	BREAKFAST CINNAMON FROSTED FLAKES^, Strawberry Square^, Blended Fruit Juice, Peach Cup, Milk LUNCH HERO SANDWICH^, Italian Corn	**MENU SUBJECT TO CHANGE**
Cornbread^, String Cheese, Tropical Veggie Juice, Fresh Orange, Milk		SANDWICH <sup>^</sup> , Hummus Cup, Fresh Baby Carrots, Orange Tangerine Juice, Mustard, Milk COPRIATE CONDIMENTS AND A C <sup>^</sup> Denotes item is whole-grain/whole this institution is an equal opportunity	Salad, Fresh Apple Slices, Mustard, Milk HOICE OF 1% OR FAT FREE WHIT wheat	re milk