

## September 2021

## K-8 Breakfast & Lunch

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		WEDNESDAY	THURSDAY	FRIDAY
	l la	September 1, 2021 BREAKFAST	September 2, 2021 BREAKFAST	September 3, 2021 BREAKFAST
		BREAKFAS I RICE KRISPIES <sup>^</sup> , Honey Grahams <sup>^</sup> ,	BREAKFASI PILLSBURY GRAPE CRESCENI^,	BREAKFASI BLUEBERRY MINI MUFFIN^,
		Fresh Apple, Milk	Fresh Banana, Fruit Punch Juice, Milk	String Cheese, Fresh Apple, Milk
$\bigcirc$		LUNCH	LUNCH	LUNCH
	¥ C	CHEESY TACO MEAT, Wild White	CODM DOC ON A STICKA D. 4.4	DDO NULLED DODK Hards and
N/KI	Vak	Nacho Doritos <sup>^</sup> , Fresh Baby Carrots, Fresh Chopped Romaine, Fresh Banana, Ranch Dressing, Salsa, Milk	CORN DOG ON A STICK <sup>^</sup> , Potato Wedges, Fresh Apple Slices, Mustard, Ketchup, Milk	BBQ PULLED PORK, Hamburge Bun^, Baked Beans, Applesauce Cu Milk
O X		Vegetarian Option	Vegetarian Option	Vegetarian Option
		VEGGIE NACHO COMBO, Wild White Nacho Doritos <sup>^</sup> , Fresh Baby Carrots, Fresh Chopped Romaine, Fresh Banana, Ranch Dressing, Salsa, Milk	FRENCH TOAST STICKS W/SCRAMBLED EGGS <sup>^</sup> , Potato Wedges, Fresh Apple Slices, Mustard, Ketchup, Milk	BEAN & CHEESE EMPANADA^ Fresh Baby Carrots, Applesauce Cu Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 6, 2021	September 7, 2021	September 8, 2021	September 9, 2021	September 10, 2021
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	FROSTED FLAKES <sup>^</sup> , Maple Breakfast Square <sup>^</sup> , Dried Cranberries,	BANANA MINI MUFFIN^, String	RASPBERRY-CHERRY YOGURT, Granola <sup>^</sup> , Fresh Banana, Grape Juice,	FROSTED FLAKES^, Vanilla
	Fruit Punch Juice, Milk	Cheese, Fresh Apple, Milk	Milk	Waffle Square <sup>^</sup> , Fresh Apple, Milk
LABOR DAY	LUNCH	LUNCH	LUNCH	LUNCH
	CRISPY CHICKEN DRUMSTICK <sup>^</sup> , Cornbread <sup>^</sup> , Mixed Vegetables, Diced Peaches, Milk	CHICKEN ALFREDO PASTA^, Fresh Chopped Romaine, Fresh Baby Carrots, Fresh Banana, Milk	HOT DOG <sup>^</sup> , Golden Potato Rounds, Fresh Plum, Mustard, Ketchup, Milk	CHICKEN NUGGETS^, Baked Beans, Fresh Baby Carrots w/Ranc Dressing, Diced Pears, Chocolate Cookie^, Milk
	Vegetarian Option	Vegetarian Option	Vegetarian Option	Vegetarian Option
	MINI CHEESE RAVIOLI	VEGETARIAN BURGER^, Fresh	TERIYAKI CHICK'N STRIPS	MAC & CHEESE <sup>^</sup> , Baked Beans, Fresh Baby Carrots w/Ranch
	W/SAUCE <sup>^</sup> , Breadstick <sup>^</sup> , Mixed Vegetables, Diced Peaches, Milk	Chopped Romaine, Fresh Baby Carrots, Fresh Banana, Milk	W/FRIED RICE^, Fresh Plum, Milk	Dressing, Diced Pears, Chocolate Cookie^. Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 13, 2021	September 14, 2021	September 15, 2021	September 16, 2021	September 17, 2021
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	CHERRY FRUDEL^, Diced Peaches,	DOUBLE CHOCOLATE MINI MUFFIN^, String Cheese, Fresh	CINNAMON FLAKES <sup>^</sup> , Apple Bar <sup>^</sup> , Fresh Banana, Orange Tangerine	STRAWBERRY YOGURT,
	Fruit Punch Juice, Milk	Apple, Milk	Juice, Milk	Granola^, Fresh Apple, Milk
	LUNCH	LUNCH	LUNCH	LUNCH
	MEATBALL SUB <sup>^</sup> , Potato Wedges, Orange-Tangerine Juice, Milk	BBQ CHICKEN BURGER^, Baked Beans, Pineapple Tidbits, Milk	CRUNCHY CHICKEN TENDERS <sup>^</sup> , Potato Rounds, Fresh Baby Carrots w/Ranch Dressing, Fresh Apple Slices, Ketchup, BBQ Sauce, Milk	CHEESEBURGER^, Fresh Baby Carrots w/Ranch Dressing, Fresh Chopped Romaine, Fresh Banana, Milk
	Vegetarian Option	Vegetarian Option	Vegetarian Option	Vegetarian Option
	CHIK'N NUGGETS^,	CHEESE & GREEN CHILE	BEAN & CHEESE BURRITO^.	BBQ CHICK'N STRIPS
	CORNBREAD <sup>^</sup> , Potato Wedges, Orange-Tangerine Juice, BBQ Sauce, Ketchup, Milk	TAMALE <sup>^</sup> , Baked Beans, Pineapple Tidbits, Ssalsa Cup, Milk	Fresh Baby Carrot w/Ranch Dressing, Fresh Apple Slices, Taco Sauce, Milk	W/CARROTS <sup>^</sup> , Fresh Chopped Romaine, Fresh Banana, Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 20, 2021	September 21, 2021	September 22, 2021	September 23, 2021	September 24, 2021
	BREAKFAST RASPBERRY CHERRY YOGURT,	BREAKFAST	BREAKFAST	BREAKFAST
	Granola^, Mixed Fruit Cup, Apple	TRIX <sup>^</sup> , Maple Breakfast Square <sup>^</sup> , Fresh Apple, MIlk	CINNAMON BUN^, Fresh Banana,	CHERRY BREAKFAST BAR^,
	Juice, MIlk	Flesh Apple, Milk	Fruit Punch Juice, Milk	String Cheese, Fresh Apple, Milk
	LUNCH	LUNCH	Fruit Punch Juice, Milk LUNCH	String Cheese, Fresh Apple, Milk LUNCH
	LUNCH CRISPY CHICKEN SANDWICH^, Fresh Baby Carrots w/Ranch	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortila Rounds <sup>^</sup> , Fresh	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum,	LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced
	LUNCH CRISPY CHICKEN SANDWICH <sup>^</sup> , Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortilla Rounds^, Fresh Banana, Golden Potato Rounds, Ketchun Milk	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum, Taco Sauce, Milk	LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk
	LUNCH CRISPY CHICKEN SANDWICH <sup>^</sup> , Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk Vegetarian Option	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortilla Rounds^, Fresh Banana, Golden Potato Rounds, Ketchun Milk Vegetarian Option	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum, Taco Sauce, Milk Vegetarian Option BEAN & CHEESE EMPANADA^,	LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk Vegetarian Option
	LUNCH CRISPY CHICKEN SANDWICH^, Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk Vegetarian Option CHEESE LASAGNA^, Breadstick^, Broccoli, Diced Pears, Milk	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortilla Rounds^, Fresh Banana, Golden Potato Rounds, Ketchun Milk Vegetarian Option CHEESE PUPUSA^, Golden Potato Rounds^, Fresh Banana, Hot Sauce, Milk	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum, Taco Sauce, Milk Vegetarian Option BEAN & CHEESE EMPANADA^, Fresh Baby Carrots w/Ranch Dressing, Fresh Plum, Taco Sauce, Milk	PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk
MONDAY	LUNCH CRISPY CHICKEN SANDWICH^, Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk Vegetarian Option CHEESE LASAGNA^, Breadstick^, Broccoli, Diced Pears, Milk TUESDAY	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortilla Rounds^, Fresh Banana, Golden Potato Rounds, Ketchun Milk Vegetarian Option CHEESE PUPUSA^, Golden Potato Rounds^, Fresh Banana, Hot Sauce, Milk WEDNESDAY	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum, Taco Sauce, Milk Vegetarian Option BEAN & CHEESE EMPANADA^, Fresh Baby Carrots w/Ranch Dressing, Fresh Plum, Taco Sauce, Milk THURSDAY	LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk Vegetarian Option EGG & CHEESE BAGEL^, Tropic
MONDAY September 27, 2021	LUNCH CRISPY CHICKEN SANDWICH^, Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk Vegetarian Option CHEESE LASAGNA^, Breadstick^, Broccoli, Diced Pears, Milk <u>TUESDAY</u> September 28, 2021	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortilla Rounds^, Fresh Banana, Golden Potato Rounds, Ketchun Milk Vegetarian Option CHEESE PUPUSA^, Golden Potato Rounds^, Fresh Banana, Hot Sauce, Milk WEDNESDAY September 29, 2021	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum, Taco Sauce, Milk Vegetarian Option BEAN & CHEESE EMPANADA^, Fresh Baby Carrots w/Ranch Dressing, Fresh Plum, Taco Sauce, Milk THURSDAY September 30, 2021	LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk Vegetarian Option EGG & CHEESE BAGEL^, Tropic
	LUNCH CRISPY CHICKEN SANDWICH <sup>^</sup> , Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk Vegetarian Option CHEESE LASAGNA <sup>^</sup> , Breadstick <sup>^</sup> , Broccoli, Diced Pears, Milk TUESDAY September 28, 2021 BREAKFAST	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortilla Rounds^, Fresh Banana, Golden Potato Rounds, Ketchun Milk Vegetarian Option CHEESE PUPUSA^, Golden Potato Rounds^, Fresh Banana, Hot Sauce, Milk WEDNESDAY September 29, 2021 BREAKFAST	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum, Taco Sauce, Milk Vegetarian Option BEAN & CHEESE EMPANADA^, Fresh Baby Carrots w/Ranch Dressing, Fresh Plum, Taco Sauce, Milk THURSDAY September 30, 2021 BREAKFAST	LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk Vegetarian Option EGG & CHEESE BAGEL^, Tropic
	LUNCH CRISPY CHICKEN SANDWICH^, Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk Vegetarian Option CHEESE LASAGNA^, Breadstick^, Broccoli, Diced Pears, Milk TUESDAY September 28, 2021 BREAKFAST PLAIN BAGEL^, Cream Cheese, Diced Pears, Orange Tangerine Juice,	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortilla Rounds^, Fresh Banana, Golden Potato Rounds, Ketchun Milk Vegetarian Option CHEESE PUPUSA^, Golden Potato Rounds^, Fresh Banana, Hot Sauce, Milk WEDNESDAY September 29, 2021 BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN^, String Cheese, Fresh	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum, Taco Sauce, Milk Vegetarian Option BEAN & CHEESE EMPANADA^, Fresh Baby Carrots w/Ranch Dressing, Fresh Plum, Taco Sauce, Milk THURSDAY September 30, 2021	LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk Vegetarian Option EGG & CHEESE BAGEL^, Tropic
	LUNCH CRISPY CHICKEN SANDWICH^, Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk Vegetarian Option CHEESE LASAGNA^, Breadstick^, Broccoli, Diced Pears, Milk TUESDAY September 28, 2021 BREAKFAST PLAIN BAGEL^, Cream Cheese, Diced Pears, Orange Tangerine Juice, Milk	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortilla Rounds^, Fresh Banana, Golden Potato Rounds, Ketchun Milk Vegetarian Option CHEESE PUPUSA^, Golden Potato Rounds^, Fresh Banana, Hot Sauce, Milk WEDNESDAY September 29, 2021 BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN^, String Cheese, Fresh Apple, Milk	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum, Taco Sauce, Milk Vegetarian Option BEAN & CHEESE EMPANADA^, Fresh Baby Carrots w/Ranch Dressing, Fresh Plum, Taco Sauce, Milk THURSDAY September 30, 2021 BREAKFAST VANILLA YOGURT, Granola^, Fresh Banana, Apple Juice, Milk	LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk Vegetarian Option EGG & CHEESE BAGEL^, Tropic
	LUNCH CRISPY CHICKEN SANDWICH <sup>^</sup> , Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk Vegetarian Option CHEESE LASAGNA <sup>^</sup> , Breadstick <sup>^</sup> , Broccoli, Diced Pears, Milk TUESDAY September 28, 2021 BREAKFAST PLAIN BAGEL <sup>^</sup> , Cream Cheese, Diced Pears, Orange Tangerine Juice, Milk LUNCH MEATLOAF W/TOMATO SAUCE,	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortilla Rounds^, Fresh Banana, Golden Potato Rounds, Ketchun Milk Vegetarian Option CHEESE PUPUSA^, Golden Potato Rounds^, Fresh Banana, Hot Sauce, Milk WEDNESDAY September 29, 2021 BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN^, String Cheese, Fresh Apple, Milk LUNCH NASHVILLE (HOT) POPCORN	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum, Taco Sauce, Milk Vegetarian Option BEAN & CHEESE EMPANADA^, Fresh Baby Carrots w/Ranch Dressing, Fresh Plum, Taco Sauce, Milk THURSDAY September 30, 2021 BREAKFAST VANILLA YOGURT, Granola^, Fresh Banana, Apple Juice, Milk LUNCH CHICKEN & GREEN CHILE	LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk Vegetarian Option EGG & CHEESE BAGEL^, Tropic
	LUNCH CRISPY CHICKEN SANDWICH <sup>^</sup> , Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk Vegetarian Option CHEESE LASAGNA <sup>^</sup> , Breadstick <sup>^</sup> , Broccoli, Diced Pears, Milk TUESDAY September 28, 2021 BREAKFAST PLAIN BAGEL <sup>^</sup> , Cream Cheese, Diced Pears, Orange Tangerine Juice, Milk LUNCH MEATLOAF W/TOMATO SAUCE, HAMBURGER BUN <sup>^</sup> , Country	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortilla Rounds^, Fresh Banana, Golden Potato Rounds, Ketchın Milk Vegetarian Option CHEESE PUPUSA^, Golden Potato Rounds^, Fresh Banana, Hot Sauce, Milk WEDNESDAY September 29, 2021 BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN^, String Cheese, Fresh Apple, Milk LUNCH NASHVILLE (HOT) POPCORN CHICKEN^, Sliced Bread^, Fresh	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum, Taco Sauce, Milk Vegetarian Option BEAN & CHEESE EMPANADA^, Fresh Baby Carrots w/Ranch Dressing, Fresh Plum, Taco Sauce, Milk THURSDAY September 30, 2021 BREAKFAST VANILLA YOGURT, Granola^, Fresh Banana, Apple Juice, Milk LUNCH CHICKEN & GREEN CHILE TAMALE^, Baked Beans, Fresh	LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk Vegetarian Option EGG & CHEESE BAGEL^, Tropic
	LUNCH CRISPY CHICKEN SANDWICH <sup>^</sup> , Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk Vegetarian Option CHEESE LASAGNA <sup>^</sup> , Breadstick <sup>^</sup> , Broccoli, Diced Pears, Milk TUESDAY September 28, 2021 BREAKFAST PLAIN BAGEL <sup>^</sup> , Cream Cheese, Diced Pears, Orange Tangerine Juice, Milk LUNCH MEATLOAF W/TOMATO SAUCE,	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortilla Rounds^, Fresh Banana, Golden Potato Rounds, Ketchun Milk Vegetarian Option CHEESE PUPUSA^, Golden Potato Rounds^, Fresh Banana, Hot Sauce, Milk WEDNESDAY September 29, 2021 BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN^, String Cheese, Fresh Apple, Milk LUNCH NASHVILLE (HOT) POPCORN	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum, Taco Sauce, Milk Vegetarian Option BEAN & CHEESE EMPANADA^, Fresh Baby Carrots w/Ranch Dressing, Fresh Plum, Taco Sauce, Milk THURSDAY September 30, 2021 BREAKFAST VANILLA YOGURT, Granola^, Fresh Banana, Apple Juice, Milk LUNCH CHICKEN & GREEN CHILE	LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk Vegetarian Option EGG & CHEESE BAGEL^, Tropic
	LUNCH CRISPY CHICKEN SANDWICH^, Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk Vegetarian Option CHEESE LASAGNA^, Breadstick^, Broccoli, Diced Pears, Milk TUESDAY September 28, 2021 BREAKFAST PLAIN BAGEL^, Cream Cheese, Diced Pears, Orange Tangerine Juice, Milk LUNCH MEATLOAF W/TOMATO SAUCE, HAMBURGER BUN^, Country Blend Vegetables, Mixed Fruit Cup,	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortilla Rounds^, Fresh Banana, Golden Potato Rounds, Ketchun Milk Vegetarian Option CHEESE PUPUSA^, Golden Potato Rounds^, Fresh Banana, Hot Sauce, Milk WEDNESDAY September 29, 2021 BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN <sup>A</sup> , String Cheese, Fresh Apple, Milk LUNCH NASHVILLE (HOT) POPCORN CHICKEN <sup>A</sup> , Sliced Bread <sup>A</sup> , Fresh Baby Carrots, Orange-Tangerine Juice, Ketchup, Milk Vegetarian Option	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum, Taco Sauce, Milk Vegetarian Option BEAN & CHEESE EMPANADA^, Fresh Baby Carrots w/Ranch Dressing, Fresh Plum, Taco Sauce, Milk THURSDAY September 30, 2021 BREAKFAST VANILLA YOGURT, Granola^, Fresh Banana, Apple Juice, Milk LUNCH CHICKEN & GREEN CHILE TAMALE^, Baked Beans, Fresh Baby Carrots w/Ranch Dressing, Fresh Apple Slices, Hot Sauce, Milk	LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk Vegetarian Option EGG & CHEESE BAGEL^, Tropic
	LUNCH CRISPY CHICKEN SANDWICH <sup>^</sup> , Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk Vegetarian Option CHEESE LASAGNA <sup>^</sup> , Breadstick <sup>^</sup> , Broccoli, Diced Pears, Milk TUESDAY September 28, 2021 BREAKFAST PLAIN BAGEL <sup>^</sup> , Cream Cheese, Diced Pears, Orange Tangerine Juice, Milk LUNCH MEATLOAF W/TOMATO SAUCE, HAMBURGER BUN <sup>^</sup> , Country Blend Vegetables, Mixed Fruit Cup, Milk Vegetarian Option 4-CHEESE PANINI <sup>^</sup> , Country Blend	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortilla Rounds^, Fresh Banana, Golden Potato Rounds, Ketchun Milk Vegetarian Option CHEESE PUPUSA^, Golden Potato Rounds^, Fresh Banana, Hot Sauce, Milk WEDNESDAY September 29, 2021 BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN^, String Cheese, Fresh Apple, Milk LUNCH NASHVILLE (HOT) POPCORN CHICKEN^, Sliced Bread^, Fresh Baby Carrots, Orange-Tangerine Juice, Ketchup, Milk Vegetarian Option CHIK'N NUGGETS^, Cornbread^,	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum, Taco Sauce, Milk Vegetarian Option BEAN & CHEESE EMPANADA^, Fresh Baby Carrots w/Ranch Dressing, Fresh Plum, Taco Sauce, Milk THURSDAY September 30, 2021 BREAKFAST VANILLA YOGURT, Granola^, Fresh Banana, Apple Juice, Milk LUNCH CHICKEN & GREEN CHILE TAMALE^, Baked Beans, Fresh Baby Carrots w/Ranch Dressing, Fresh Apple Slices, Hot Sauce, Mikk Vegetarian Option MAC & CHEESE^, Baked Beans,	LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk Vegetarian Option EGG & CHEESE BAGEL^, Tropic
	LUNCH CRISPY CHICKEN SANDWICH <sup>^</sup> , Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk Vegetarian Option CHEESE LASAGNA <sup>^</sup> , Breadstick <sup>^</sup> , Broccoli, Diced Pears, Milk TUESDAY September 28, 2021 BREAKFAST PLAIN BAGEL <sup>^</sup> , Cream Cheese, Diced Pears, Orange Tangerine Juice, Milk LUNCH MEATLOAF W/TOMATO SAUCE, HAMBURGER BUN <sup>^</sup> , Country Blend Vegetables, Mixed Fruit Cup, Milk Vegetarian Option 4-CHEESE PANINI <sup>^</sup> , Country Blend Vegetables, Mixed Fruit Cup, Milk	LUNCH BBQ CHICKEN TATER TOT- CHOS, Tortilla Rounds^, Fresh Banana, Golden Potato Rounds, Ketchun Milk Vegetarian Option CHEESE PUPUSA^, Golden Potato Rounds^, Fresh Banana, Hot Sauce, Milk WEDNESDAY September 29, 2021 BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN <sup>A</sup> , String Cheese, Fresh Apple, Milk LUNCH NASHVILLE (HOT) POPCORN CHICKEN <sup>A</sup> , Sliced Bread <sup>A</sup> , Fresh Baby Carrots, Orange-Tangerine Juice, Ketchup, Milk Vegetarian Option	LUNCH TACO "JOE" W/HAMBURGER BUN^, Baked Beans, Fresh Plum, Taco Sauce, Milk Vegetarian Option BEAN & CHEESE EMPANADA^, Fresh Baby Carrots w/Ranch Dressing, Fresh Plum, Taco Sauce, Milk THURSDAY September 30, 2021 BREAKFAST VANILLA YOGURT, Granola^, Fresh Banana, Apple Juice, Milk LUNCH CHICKEN & GREEN CHILE TAMALE^, Baked Beans, Fresh Baby Carrots w/Ranch Dressing, Fresh Apple Slices, Hot Sauce, Mikk Vegetarian Option MAC & CHEESE^, Baked Beans, Fresh Baby Carrots w/Ranch Dressing, Fresh Apple Sliced, Milk	LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk Vegetarian Option EGG & CHEESE BAGEL^, Tropic

^ Denotes item is whole-grain/whole wheat \*\*\* This institution is an equal opportunity provide