



September 2021

K-12 Breakfast



		WEDNESDAY	THURSDAY	FRIDAY
		September 1, 2021	September 2, 2021	September 3, 2021
		BREAKFAST MINI WHEATS LITTLE BITES [^] , Graham Crackers [^] , Strawberry-Kiwi Juice, Craisins, Milk	BREAKFAST CINNAMON FROSTED FLAKES [^] , Strawberry Square [^] , Blended Fruit Juice, Peach Cup, Milk	BREAKFAST CHEERIOS [^] , Maple Breakfast Square [^] , Grape Juice, Applesauce Cup, Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 6, 2021	September 7, 2021	September 8, 2021	September 9, 2021	September 10, 2021
LABOR DAY	BREAKFAST APPLE JACKS [^] , Vanilla Breakfast Square [^] , Blended Fruit Juice, Peach Cup, Milk	BREAKFAST FROSTED FLAKES [^] , Animal Graham Crackers, Strawberry-Kiwi Juice, Craisins, Milk	BREAKFAST COCOA PUFFS [^] , Strawberry Square [^] , Grape Juice, Applesauce Cup, Milk	BREAKFAST FROSTED MINI WHEATS [^] , Graham Crackers [^] , Orange-Tangerine Juice, Peach Cup, Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 13, 2021	September 14, 2021	September 15, 2021	September 16, 2021	September 17, 2021
BREAKFAST GOLDEN GRAHAM CEREAL [^] , Vanilla Breakfast Square [^] , Apple Juice, Craisins, Milk	BREAKFAST RICE KRISPIES [^] , Cherry Breakfast Bar [^] , Blended Fruit Juice, Peach Cup, Milk	BREAKFAST MINI WHEATS LITTLE BITES [^] , Graham Crackers [^] , Strawberry-Kiwi Juice, Craisins, Milk	BREAKFAST CINNAMON FROSTED FLAKES [^] , Strawberry Square [^] , Blended Fruit Juice, Peach Cup, Milk	BREAKFAST CHEERIOS [^] , Maple Breakfast Square [^] , Grape Juice, Applesauce Cup, Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 20, 2021	September 21, 2021	September 22, 2021	September 23, 2021	September 24, 2021
BREAKFAST FRUIT LOOPS [^] , Maple Breakfast Square [^] , Orange Tangerine Juice, Craisins, Milk	BREAKFAST APPLE JACKS [^] , Vanilla Breakfast Square [^] , Blended Fruit Juice, Peach Cup, Milk	BREAKFAST FROSTED FLAKES [^] , Animal Graham Crackers, Strawberry-Kiwi Juice, Craisins, Milk	BREAKFAST COCOA PUFFS [^] , Strawberry Square [^] , Grape Juice, Applesauce Cup, Milk	BREAKFAST FROSTED MINI WHEATS [^] , Graham Crackers [^] , Orange-Tangerine Juice, Peach Cup, Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
September 27, 2021	September 28, 2021	September 29, 2021	September 30, 2021	
BREAKFAST GOLDEN GRAHAM CEREAL [^] , Vanilla Breakfast Square [^] , Apple Juice, Craisins, Milk	BREAKFAST RICE KRISPIES [^] , Cherry Breakfast Bar [^] , Blended Fruit Juice, Peach Cup, Milk	BREAKFAST MINI WHEATS LITTLE BITES [^] , Graham Crackers [^] , Strawberry-Kiwi Juice, Craisins, Milk	BREAKFAST CINNAMON FROSTED FLAKES [^] , Strawberry Square [^] , Blended Fruit Juice, Peach Cup, Milk	



ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS A CHOICE OF 1% OR FAT FREE WHITE MILK

** MENU IS SUBJECT TO CHANGE **

[^] Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider ***