



SPRINGS
CHARTER SCHOOLS

February 2021

K-12 Breakfast & Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 1, 2021	February 2, 2021	February 3, 2021	February 4, 2021	February 5, 2021
BREAKFAST Cinnamon Toast Crunch ^, Strawberry Breakfast Bar ^, Applesauce Cup, Blended Fruit Juice, Milk LUNCH Salisbury Steak Breakstick ^ Seasoned Potatoes Sun Splash Vegetable Juice, Peach Cup Milk	BREAKFAST Cinnamon Bun ^, Peach Cup, Apple Cran Juice, Milk LUNCH Mini Corn Dogs & Chicken Nuggets ^ w/Potatoes, Baked Beans Mandarin Orange Cup Ketchup, Mustard Milk	BREAKFAST Blueberry Muffin, Cheese Stick, Pear Cup, Orange Juice, Milk LUNCH Sloppy Joe Hamburger Bun ^ Green Beans Mixed Fruit Cup Milk	BREAKFAST Rice Krispies ^, Graham Crackers ^, Applesauce, Grape Juice, Milk LUNCH Pizza Dippers ^ Marinara Dipping Sauce Green Beans Applesauce Milk	BREAKFAST Blueberry Muffin ^, String Cheese, Mixed Fruit Cup, Blended Fruit Juice, Milk LUNCH Penne Pasta w/Meatsauce ^ Breakstick ^ Mixed Vegetables Peach Cup Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 8, 2021	February 9, 2021	February 10, 2021	February 11, 2021	February 12, 2021
BREAKFAST Cinnamon Toast Soft Filled Bar ^, Diced Pears, Orange Juice, Milk LUNCH Cheesy Chipotle Chicken w/Spanish Rice ^ Combread Broccoli Mixed Fruit Cup Milk	BREAKFAST Waffles ^, Peach Cup, Apple Cran Juice, Syrup, Milk LUNCH Breaded Chicken Nuggets ^ Fiesta Beans Sun Splash Vegetable Juice Pear Cup, BBQ Sauce Milk	BREAKFAST Cinnamon Flakes ^, Maple Breakfast Square ^, Pineapple Tidbits, Blended Fruit Juice, Milk LUNCH Pancakes w/Sausage ^ Potato Rounds Orange Juice Syrup Milk	BREAKFAST Frosted Flakes ^, Apple Bar ^, Craisins, Orange Juice, Milk LUNCH Bean & Cheese Burrito ^ Corn Mixed Fruit Cup Salsa Cup Milk	BREAKFAST Turkey Ham & Cheese on English Muffin ^, Pineapple Tidbits, Grape Juice, Milk LUNCH Kickin Chicken Patty ^ Hamburger Bun ^ Potato Wedges Orange Juice Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 15, 2021	February 16, 2021	February 17, 2021	February 18, 2021	February 19, 2021
BREAKFAST Froot Loops ^, Graham Crackers, Pear Cup, Apple Cran Juice, Milk LUNCH General Tso's Chicken & Noodles ^ Broccoli Peach Cup Chocolate Cookie ^ Milk	BREAKFAST Pillsbury Grape Crescent, Peach Cup, Blended Fruit Juice, Milk LUNCH Chicken Strips w/Mac & Cheese Baked Beans Sun Splash Vegetable Juice Pear Cup, Applesauce, Honey Milk	BREAKFAST Banana Muffin ^, Cheese Stick, Mixed Fruit Cup, Grape Juice, Milk LUNCH Hero Sandwich Country Blend Vegetables Pineapple Cup Mustard Milk	BREAKFAST Cinnamon Flakes ^, Vanilla Breakfast Square ^, Craisins, Grape Juice, Milk LUNCH Hero Sandwich ^ Country Blend Vegetables Mixed Fruit Cup, Apple Cran Juice Mustard Milk	BREAKFAST Cheesy Egg Tater Ta-Chos, Crispy Granola Bites ^, Pear Cup, Mik LUNCH Chicken Alfredo Pasta ^ Breakstick ^ Broccoli Orange Juice Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 22, 2021	February 23, 2021	February 24, 2021	February 25, 2021	February 26, 2021
BREAKFAST Double Chocolate Mini Muffin ^, String Cheese, Applesauce Cup, Blended Fruit Juice, Milk LUNCH BBQ Chicken Hamburger Bun ^ Potato Wedges, Peach Cup Ketchup Milk	BREAKFAST Pancakes ^, Peach Cup, Orange Juice, Syrup, Milk LUNCH Chicken Nuggets ^ Baked Beans Sun Splash Vegetable Juice Applesauce, BBQ Sauce Milk	BREAKFAST Trix Cereal, Animal Crackers ^, Mixed Fruit Cup, Apple Cran Juice, Milk LUNCH Cheese Pizza ^ Green Beans Pear Cup Milk	BREAKFAST Frosted Flakes ^, Apple Bar ^, Craisins, Orange Juice, Milk LUNCH Cheesy Penne Bake ^ Broccoli Pear Cup Chocolate Cookie ^ Milk	BREAKFAST Egg & Cheese on Bagel ^, Pineapple Cup, Grape Juice, Jelly, Milk LUNCH Cheesy Chipotle Chicken w/Rice ^ Corn Applesauce Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE WHITE MILK

** MENU IS SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider ***

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