SPRINGS CHARTER SCHOOLS
Cherry Valley HOMESCHOOL COOPERATIVE

February 2021

K-12 Breakfast & Lunch

Springs CHARTER SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 1, 2021	**February 2, 2021**	**February 3, 2021**	**February 4, 2021**	**February 5, 2021**
BREAKFAST Cinnamon Toast Crunch ^, Strawberry Breakfast Bar ^, Applesauce Cup, Blended Fruit Juice, Milk **LUNCH** Salisbury Steak Breakstick ^ Seasoned Potatoes Sun Splash Vegetable Juice, Peach Cup Milk	**BREAKFAST** Cinnamon Bun ^, Peach Cup, Apple Cran Juice, Milk **LUNCH** Mini Corn Dogs & Chicken Nuggets ^ w/Potatoes, Baked Beans Mandarin Orange Cup Ketchup, Mustard Milk	**BREAKFAST** Blueberry Muffin, Cheese Stick, Pear Cup, Orange Juice, Milk **LUNCH** Sloppy Joe Hamburger Bun ^ Green Beans Mixed Fruit Cup Milk	**BREAKFAST** Rice Krispies ^, Graham Crackers ^, Applesauce, Grape Juice, Milk **LUNCH** Pizza Dippers ^ Marinara Dipping Sauce Green Beans Applesauce Milk	**BREAKFAST** Blueberry Muffin ^, String Cheese, Mixed Fruit Cup, Blended Fruit Juice, Milk **LUNCH** Penne Pasta w/Meatsauce ^ Breakstick ^ Mixed Vegetables Peach Cup Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
February 8, 2021	**February 9, 2021**	**February 10, 2021**	**February 11, 2021**	**February 12, 2021**
BREAKFAST Cinnamon Toast Soft Filled Bar ^, Diced Pears, Orange Juice, Milk **LUNCH** Cheesy Chipotle Chicken w/Spanish Rice ^ Cornbread Broccoli Mixed Fruit Cup Milk	**BREAKFAST** Waffles ^, Peach Cup, Apple Cran Juice, Syrup, Milk **LUNCH** Breaded Chicken Nuggets ^ Fiesta Beans Sun Splash Vegetable Juice Pear Cup, BBQ Sauce Milk	**BREAKFAST** Cinnamon Flakes ^, Maple Breakfast Square ^, Pineapple Tidbits, Blended Fruit Juice, Milk **LUNCH** Pancakes w/Sausage ^ Potato Rounds Orange Juice Syrup Milk	**BREAKFAST** Frosted Flakes ^, Apple Bar ^, Craisins, Orange Juice, Milk **LUNCH** Bean & Cheese Burrito ^ Corn Mixed Fruit Cup Salsa Cup Milk	**BREAKFAST** Turkey Ham & Cheese on English Muffin ^, Pineapple Tidbits, Grape Juice, Milk **LUNCH** Kickin Chicken Patty ^ Hamburger Bun ^ Potato Wedges Orange Juice Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
February 15, 2021	**February 16, 2021**	**February 17, 2021**	**February 18, 2021**	**February 19, 2021**
BREAKFAST Froot Loops ^, Graham Crackers, Pear Cup, Apple Cran Juice, Milk **LUNCH** General Tso's Chicken & Noodles ^ Broccoli Peach Cup Chocolate Cookie ^ Milk	**BREAKFAST** Pillsbury Grape Crescent, Peach Cup, Blended Fruit Juice, Milk **LUNCH** Chicken Strips w/Mac & Cheese Baked Beans Sun Splash Vegetable Juice Pear Cup, Applesauce, Honey Milk	**BREAKFAST** Banana Muffin ^, Cheese Stick, Mixed Fruit Cup, Grape Juice, Milk **LUNCH** Hero Sandwich Country Blend Vegetables Pineapple Cup Mustard Milk	**BREAKFAST** Cinnamon Flakes ^, Vanilla Breakfast Square ^, Craisins, Grape Juice, Milk **LUNCH** Hero Sandwich ^ Country Blend Vegetables Mixed Fruit Cup, Apple Cran Juice Mustard Milk	**BREAKFAST** Cheesy Egg Tater Ta-Chos, Crispy Granola Bites ^, Pear Cup, Mik **LUNCH** Chicken Alfredo Pasta ^ Breakstick ^ Broccoli Orange Juice Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
February 22, 2021	**February 23, 2021**	**February 24, 2021**	**February 25, 2021**	**February 26, 2021**
BREAKFAST Double Chocolate Mini Muffin ^, String Cheese, Applesauce Cup, Blended Fruit Juice, Milk **LUNCH** BBQ Chicken Hamburger Bun ^ Potato Wedges, Peach Cup Ketchup Milk	**BREAKFAST** Pancakes ^, Peach Cup, Orange Juice, Syrup, Milk **LUNCH** Chicken Nuggets ^ Baked Beans Sun Splash Vegetable Juice Applesauce, BBQ Sauce Milk	**BREAKFAST** Trix Cereal, Animal Crackers ^, Mixed Fruit Cup, Apple Cran Juice, Milk **LUNCH** Cheese Pizza ^ Green Beans Pear Cup Milk	**BREAKFAST** Frosted Flakes ^, Apple Bar ^, Craisins, Orange Juice, Milk **LUNCH** Cheesy Penne Bake ^ Broccoli Pear Cup Chocolate Cookie ^ Milk	**BREAKFAST** Egg & Cheese on Bagel ^, Pineapple Cup, Grape Juice, Jelly, Milk **LUNCH** Cheesy Chipotle Chicken w/Rice ^ Corn Applesauce Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE WHITE MILK
***** MENU IS SUBJECT TO CHANGE *****
^ Denotes item is whole-grain/whole wheat
****** This institution is an equal opportunity provider ******

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all program and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.nscr.usda.gov/complaint filing cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington D.C. 20250- 9410, by fax (202)690-7442 or email program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800)845-6136 (Spanish). USDA is an equal opportunity provider and employer.