



August 2021

K-8 Cold Lunch

MONDAY August 2, 2021	TUESDAY August 3, 2021	WEDNESDAY August 4, 2021	THURSDAY August 5, 2021	FRIDAY August 6, 2021
MONDAY August 9, 2021	TUESDAY August 10, 2021	WEDNESDAY August 11, 2021	THURSDAY August 12, 2021	FRIDAY August 13, 2021
MONDAY August 16, 2021	TUESDAY August 17, 2021	WEDNESDAY August 18, 2021	THURSDAY August 19, 2021	FRIDAY August 20, 2021
		BREAKFAST ASSORTED CEREAL ^, Vanilla Waffle Square, Orange-Tangerine Juice, Seedless Grapes, Milk LUNCH BBQ CHICKEN TATER TOT-CHOS w/Tortilla Rounds ^, Fresh Banana, Milk Vegetarian Option CHEESE PAPUSA ^ w/Golden Potato Rounds, Fresh Apple, Hot Sauce, Ketchup, Milk	BREAKFAST RICE KRISPIES ^, Crispy Granola Bites ^, Seedless Raisins, Fruit Punch Juice, Milk LUNCH TACO JOE, Hamburger Bun ^, Baked Beans, Fresh Plum, Milk Vegetarian Option BEAN & CHEESE EMPANADA ^, Baby Carrots, Baked Beans, Fresh Plum, Ranch Dressing, Milk	BREAKFAST CHERRY BREAKFAST BAR ^, String Cheese, Fresh Apple, Milk LUNCH TURKEY BOLOGNA SANDWICH ^, Fresh Chopped Romaine, Fresh Broccoli Florets, Fresh Banana, Mustard, Ranch Dressing, Milk
MONDAY August 23, 2021	TUESDAY August 24, 2021	WEDNESDAY August 25, 2021	THURSDAY August 26, 2021	FRIDAY August 27, 2021
BREAKFAST CINNAMON TOAST CRUNCH ^, Vanilla Waffle Square ^, Dried Cranberries, Grape Juice, Milk LUNCH TURKEY CHEESE SANDWICH ^, Fresh Baby Carrots, Fresh Cauliflower Florets, Applesauce, Mustard, Ranch Dressing, Milk	BREAKFAST PLAIN BAGEL ^, Cream Cheese, Fresh Pear, Orange-Tangerine Juice, Milk LUNCH 4-CHEESE PANINI ^, Country Blend Vegetables, Fresh Apple Slices, Milk	BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN ^, String Cheese, Fresh Apple, Milk LUNCH CHICKEN & GREEN CHILI TAMALES ^ w/Hot Sauce, Baked Beans, Fresh Celery Sticks, Fresh Apple Slices, Ranch Dressing, Milk Vegetarian Option VEGETARIAN BREADED NUGGETS ^, Cornbread, Pickle Chips, French Fries, Orange-Tangerine Juice, BBQ Sauce, Ketchup, Milk	BREAKFAST VANILLA YOGURT, Granola ^, Apple Juice, Fresh Banana, Milk LUNCH MAC & CHEESE ^, Baked Beans, Fresh Celery Sticks, Fresh Apple Slices, Ranch Dressing, Milk	BREAKFAST FRUITY CHEERIOS ^, Strawberry Pancake Square ^, Fresh Apple, Milk LUNCH HERO SANDWICH ^, Italian Corn Salad, Fresh Pear, Mustard, Milk
MONDAY August 30, 2021	TUESDAY August 31, 2021			
BREAKFAST FROSTED CORN FLAKES ^, Apple Breakfast Bar ^, Dried Cranberries, Orange-Tangerine Juice, Milk LUNCH STRAWBERRY YOGURT, Cornbread ^, String Cheese, Dragon Punch Veggie Juice, Fresh Orange, Milk	BREAKFAST STRAWBERRY YOGURT, Granola ^, Fresh Orange, Grape Juice, Milk LUNCH TURKEY HAM & CHEESE SANDWICH ^, Fresh Baby Carrots, Sun Splash Veggie Juice, Fresh Apple, Mustard, Ranch Dressing, Milk			** MENU IS SUBJECT TO CHANGE **

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE WHITE MILK

^ Denotes item is whole-grain/whole wheat

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