

Vista Student Center

Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
July 29, 2019	**July 30, 2019**	**July 31, 2019**	**August 1, 2019**	**August 2, 2019**
August 5, 2019	**August 6, 2019**	**August 7, 2019**	**August 8, 2019**	**August 9, 2019**
August 12, 2019	**August 13, 2019**	**August 14, 2019**	**August 15, 2019**	**August 16, 2019**
August 19, 2019	**August 20, 2019**	**August 21, 2019**	**August 22, 2019**	**August 23, 2019**
August 26, 2019	**August 27, 2019**	**August 28, 2019**	**August 29, 2019**	**August 30, 2019**
TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Fresh Banana* Mustard Light Ranch Dressing Choice of Milk	TURKEY HAM & CHEESE SANDWICH ^ Italian Corn Salad Pineapple Tidbits Mustard Choice of Milk	DELI SUB SANDWICH ^ Baby Carrots Applesauce Cup Light Ranch Dressing Mustard Sun Splash Veggie Juice Choice of Milk	STRAWBERRY YOGURT String Cheese Corn Muffin Fresh Orange* Tropical Veggie Juice Choice of Milk	TURKEY & CHEESE SANDW Baby Carrots Fresh Pear* Hummus Cup Mustard Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHA

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

