



VISTA STUDENT CENTER LNJH - Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
October 29, 2018	October 30, 2018	October 31, 2018	November 1, 2018	November 2, 2018
November 5, 2018	November 6, 2018	November 7, 2018	November 8, 2018	November 9, 2018
TURKEY BOLOGNA SANDWICHA Light Ranch Dressing Fresh Fruit Mustard Choice of Milk Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW)	TURKEY HAM & CHEESE SANDWICH ^ Italian Corn Salad Pineapple Tidbits Mustard Choice of Milk	DELI SUB SANDWICH ^ SunSet Sip Juice Baby Carrots Light Ranch Dressing Applesauce Cup Mustard Choice of Milk	STRAWBERRY YOGURT String Cheese Tropical Veggie Juice Fresh Fruit Corn Muffin Choice of Milk	TURKEY & CHEESE SANDWICH ^ Baby Carrots Fresh Fruit Mustard Choice of Milk Hummus Cup
November 12, 2018	November 13, 2018	November 14, 2018	November 15, 2018	November 16, 2018
NO SCHOOL	NO SCHOOL	DELI SUB SANDWICH ^ Hummus Cup Baby Carrots Orange Juice Mustard Choice of Milk	TURKEY BOLOGNA SANDWICH ^A Fresh Fruit Mustard Choice of Milk Italian Corn Salad	TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Baby Carrots Light Ranch Dressing SunSet Sip Juice Fresh Fruit Mustard Choice of Milk
November 19, 2018	November 20, 2018	November 21, 2018	November 22, 2018	November 23, 2018
NO SCHOOL	NO SCHOOL	NO SCHOOL	THANKSGIVING	NO SCHOOL
November 26, 2018	November 27, 2018	November 28, 2018	November 29, 2018	November 30, 2018
TURKEY BOLOGNA SANDWICH^ Italian Corn Salad Fresh Fruit Mustard Choice of Milk	DELI SUB SANDWICH ^ Mustard Choice of Milk Hummus Cup Baby Carrots Orange Juice	TURKEY HAM & CHEESE SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Light French Dressing Diced Peaches Mustard Choice of Milk	VANILLA YOGURT String Cheese Wango Mango Juice Mixed Fruit Cup Cherry Loaf ^ Choice of Milk	TURKEY & CHEESE SANDWICH ^ Baby Carrots Light Ranch Dressing SunSet Sip Juice Fresh Fruit Mustard Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE WHITE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

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