



VISTA STUDENT CENTER Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
December 31, 2018	January 1, 2019	January 2, 2019	January 3, 2019	January 4, 2019
	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK
January 7, 2019	January 8, 2019	January 9, 2019	January 10, 2019	January 11, 2019
TURKEY BOLOGNA SANDWICH [^] Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Light Ranch Dressing Fresh Banana* Mustard Choice of Milk	TURKEY HAM & CHEESE SANDWICH [^] Italian Corn Salad Pineapple Tidbits Mustard Choice of Milk	DELI SUB SANDWICH [^] SunSet Sip Juice Baby Carrots Light Ranch Dressing Applesauce Cup Mustard Choice of Milk	STRAWBERRY YOGURT String Cheese Tropical Veggie Juice Fresh Orange* Corn Muffin Choice of Milk	TURKEY & CHEESE SANDWICH [^] Hummus Cup Baby Carrots Fresh Pear* Mustard Choice of Milk
January 14, 2019	January 15, 2019	January 16, 2019	January 17, 2019	January 18, 2019
TURKEY & CHEESE SANDWICH [^] Italian Corn Salad Fresh Banana* Mustard Choice of Milk	VANILLA YOGURT String Cheese Wango Mango Juice Mixed Fruit Cup Cherry Loaf [^] Choice of Milk	TURKEY BOLOGNA ON A WHOLE WHEAT BUN Hummus Cup Baby Carrots Orange Juice Mustard Choice of Milk	Light Ranch Dressing SunSet Sip Juice Fresh Apple Slices Mustard Choice of Milk TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Baby Carrots	DELI SUB SANDWICH [^] Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Light French Dressing Diced Peaches Mustard Choice of Milk
January 21, 2019	January 22, 2019	January 23, 2019	January 24, 2019	January 25, 2019
MARTIN LUTHER KING JR.	TURKEY HAM & CHEESE SANDWICH [^] Italian Corn Salad Pineapple Tidbits Mustard Choice of Milk	DELI SUB SANDWICH [^] SunSet Sip Juice Baby Carrots Light Ranch Dressing Applesauce Cup Mustard Choice of Milk	STRAWBERRY YOGURT String Cheese Tropical Veggie Juice Fresh Orange* Corn Muffin Choice of Milk	TURKEY & CHEESE SANDWICH [^] Hummus Cup Baby Carrots Fresh Pear* Mustard Choice of Milk
January 28, 2019	January 29, 2019	January 30, 2019	January 31, 2019	February 1, 2019
TURKEY & CHEESE SANDWICH [^] Hummus Cup Baby Carrots Orange Juice Mustard Choice of Milk	VANILLA YOGURT String Cheese Wango Mango Juice Mixed Fruit Cup Cherry Loaf [^] Choice of Milk	TURKEY BOLOGNA SANDWICH [^] Baby Carrots Light Ranch Dressing SunSet Sip Juice Fresh Apple Slices Mustard Choice of Milk	TURKEY HAM & CHEESE SANDWICH [^] Italian Corn Salad Fresh Banana* Mustard Choice of Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

[^] Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

