| September 2021 K-8 Breakfast & Lunch | | | | |
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| | | WEDNESDAY | THURSDAY | FRIDAY |
| ر بر | | September 1, 2021 BREAKFAST MINI WHEATS LITTLE BITES^, Graham Crackers^, Strawberry-Kiwi Juice, Craisins, Milk LUNCH | September 2, 2021 BREAKFAST CINNAMON FROSTED FLAKES^, Strawberry Square ⁴ , Blended Fruit Juice, Peach Cup, Milk LUNCH | September 3, 2021 BREAKFAST CHEERIOS^, Maple Breakfast Square^, Grape Juice, Applesauce Cup, Milk LUNCH |
| MONDAY | TUESDAY | CHEESY TACO MEAT, Wild White Nacho Doritos ⁶ , Fresh Baby Carrots, Fresh Chopped Romaine, Fresh Banana, Ranch Dressing, Salsa, Milk Vegetarian Option VEGGIE NACHO COMBO, Wild White Nacho Doritos ⁶ , Fresh Baby Carrots, Fresh Chopped Romaine, Fresh Banana, Ranch Dressing, Salsa, Milk WEDNESDAY | CORN DOG ON A STICK^, Potato Wedges, Fresh Apple Slices, Mustard, Ketchup, Milk Vegetarian Option MINI CHEESE RAVIOLI W/SAUCE^, Breadstick^, Mixed Vegetables, Diced Peaches, Milk THURSDAY | BEAN & CHEESE EMPANADA^, Fresh Baby Carrots, Applesauce Cup, Milk FRIDAY |
| September 6, 2021 | September 7, 2021 | September 8, 2021 | September 9, 2021 | September 10, 2021 |
| | BREAKFAST APPLE JACKS^, Vanilla Breakfast Square^, Blended Fruit Juice, Peach Cup, Milk LUNCH | BREAKFAST FROSTED FLAKES [^] , Animal Graham Crackers, Strawberry-Kiwi Juice, Craisins, Milk LUNCH | BREAKFAST COCOA PUFFS^, Strawberry Square^, Grape Juice, Applesauce Cup, Milk LUNCH | BREAKFAST FROSTED MINI WHEATS^, Graham Crackers^, Orange-Tangerine Juice, Peach Cup, Milk LUNCH |
| LABOR DAY | TURKEY & CHEESE SANDWICH^, | CHICKEN ALFREDO PASTA^, Fresh Chopped Romaine, Fresh Baby Carrots, Fresh Banana, Milk Vegetarian Option | HOT DOG [^] , Golden Potato Rounds, Fresh Plum, Mustard, Ketchup, Milk Vegetarian Option | MAC & CHEESE^, Baked Beans, |
| | Fresh Baby Carrots, Sun Splash Veggie Juice, Applesauce, Ranch Dressing Mustard, Milk | VEGETARIAN BURGER^, Fresh Chopped Romaine, Fresh Baby Carrots, Fresh Banana, Milk | VEGGIE NACHO COMBO, Wild White Nacho Doritos', Fresh Baby Carrots, Fresh Chopped Romaine, Fresh Banana, Ranch Dressing, Salsa, Milk | Fresh Baby Carrots w/Ranch Dressing, Diced Pears, Chocolate Cookie [^] , Milk |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| September 13, 2021 | September 14, 2021 | September 15, 2021 | September 16, 2021 | September 17, 2021 |
| BREAKFAST GOLDEN GRAHAM CEREAL^, Vanilla Breakfast Square^, Apple Juice, Craisins, Milk LUNCH | BREAKFAST RICE KRISPIES^, Cherry Breakfast Bar^, Blended Fruit Juice, Peach Cup, Milk LUNCH | BREAKFAST MINI WHEATS LITTLE BITES^, Graham Crackers^, Strawberry-Kiwi Juice, Craisins, Milk LUNCH | BREAKFAST CINNAMON FROSTED FLAKES^, Strawberry Square^, Blended Fruit Juice, Peach Cup, Milk LUNCH | BREAKFAST CHEERIOS^, Maple Breakfast Square^, Grape Juice, Applesauce Cup, Milk LUNCH |
| CHEESE PIZZA^, Green Beans, Mixed Fruit, Milk | TURKEY HAM & CHEESE^, Sun Splash Veggie Juice, Fresh Baby Carrots, Mixed Fruit, Ranch Dressing, Mustard, Milk | CHEESE & GREEN CHILE TAMALE ⁷ , Baked Beans, Pineapple Tidbits, Salsa Cup, Milk | BEAN & CHEESE BURRITO^, Fresh Baby Carrot w/Ranch Dressing, Fresh Apple Slices, Taco Sauce, Milk | CHEESEBURGER^, Fresh Baby Carrots w/Ranch Dressing, Fresh Chopped Romaine, Fresh Banana, Milk Vegetarian Option VEGETARIAN BURGER^, Fresh |
| | | | | Chopped Romaine, Fresh Baby Carrots, Fresh Banana, Milk |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | Fresh Banana, Milk |
| MONDAY September 20, 2021 | TUESDAY September 21, 2021 | WEDNESDAY September 22, 2021 | THURSDAY September 23, 2021 | Fresh Banana, Milk |
| | | | | Fresh Banana, Milk FRIDAY |
| September 20, 2021 BREAKFAST FRUIT LOOPS^, Maple Breakfast Square^, Orange Tangerine Juice, Craisins, Milk | September 21, 2021 BREAKFAST APPLE JACKS^, Vanilla Breakfast Square^, Blended Fruit Juice, Peach Cup, Milk | September 22, 2021 BREAKFAST FROSTED FLAKES^, Animal Graham Crackers, Strawberry-Kiwi Juice, Craisins, Milk | September 23, 2021 BREAKFAST COCOA PUFFS^, Strawberry Square^, Grape Juice, Applesauce Cup, Milk | FRIDAY September 24, 2021 BREAKFAST FROSTED MINI WHEATS^, Graham Crackers^, Orange-Tangerine Juice, Peach Cup, Milk LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, |
| September 20, 2021 BREAKFAST FRUIT LOOPS^, Maple Breakfast Square^, Orange Tangerine Juice, Craisins, Milk LUNCH PIZZA DIPPERS^, Marinara Dipping Sauce, Mixed Vegetables, Applesauce, Milk | September 21, 2021 BREAKFAST APPLE JACKS^, Vanilla Breakfast Square^, Blended Fruit Juice, Peach Cup, Milk LUNCH VANILLA YOGURT, Cinnamon Bun^, String Cheese, Tropical Veggie Juice, Diced Pears, Milk | September 22, 2021 BREAKFAST FROSTED FLAKES^, Animal Graham Crackers, Strawberry-Kiwi Juice, Craisins, Milk LUNCH CHEESE PUPUSA^, Golden Potato Rounds^, Fresh Banana, Hot Sauce, Milk WEDNESDAY | September 23, 2021 BREAKFAST COCOA PUFFS^, Strawberry Square^, Grape Juice, Applesauce Cup, Milk LUNCH BEAN & CHEESE EMPANADA^, Fresh Baby Carrots w/Ranch Dressing, Fresh Plum, Taco Sauce, Milk THURSDAY | Fresh Banana, Milk FRIDAY September 24, 2021 BREAKFAST FROSTED MINI WHEATS^, Graham Crackers^, Orange-Tangerine Juice, Peach Cup, Milk LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk Vegetarian Option EGG & CHEESE BAGEL^, Tropical |
| September 20, 2021 BREAKFAST FRUIT LOOPS^, Maple Breakfast Square^, Orange Tangerine Juice, Craisins, Milk LUNCH PIZZA DIPPERS^, Marinara Dipping Sauce, Mixed Vegetables, Applesauce, Milk | September 21, 2021 BREAKFAST APPLE JACKS^, Vanilla Breakfast Square^, Blended Fruit Juice, Peach Cup, Milk LUNCH VANILLA YOGURT, Cinnamon Bun^, String Cheese, Tropical Veggie Juice, Diced Pears, Milk TUESDAY September 28, 2021 BREAKFAST RICE KRISPIES^, Cherry Breakfast | September 22, 2021 BREAKFAST FROSTED FLAKES^, Animal Graham Crackers, Strawberry-Kiwi Juice, Craisins, Milk LUNCH CHEESE PUPUSA^, Golden Potato Rounds^, Fresh Banana, Hot Sauce, Milk | September 23, 2021 BREAKFAST COCOA PUFFS^, Strawberry Square^, Grape Juice, Applesauce Cup, Milk LUNCH BEAN & CHEESE EMPANADA^, Fresh Baby Carrots w/Ranch Dressing, Fresh Plum, Taco Sauce, Milk | Fresh Banana, Milk FRIDAY September 24, 2021 BREAKFAST FROSTED MINI WHEATS^, Graham Crackers^, Orange-Tangerine Juice, Peach Cup, Milk LUNCH PANCAKES & SAUSAGE^, Tropical Veggie Juice, Diced Peaches, Syrup, Milk Vegetarian Option EGG & CHEESE BAGEL^, Tropical |

Vegetarian Option VEGETARIAN BURGER[^], Fresh

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS A CHOICE OF 1% OR FAT FREE WHITE MILK

tion is an equ

CHEESE PIZZA[^], Corn, Pineapple Tidbits, Milk Splash Veggie Juice, Fresh Baby Carrots, Mixed Fruit, Ranch Dressing, Mustard, Milk Slices, Hot Sauce, Milk Vegetarian Option CHEESE PUPUSA^, Golden Potato