
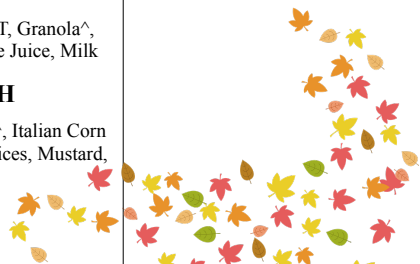


September 2021

K-12 Breakfast & Lunch

		WEDNESDAY	THURSDAY	FRIDAY
		September 1, 2021 BREAKFAST RICE KRISPIES [^] , Honey Grahams [^] , Fresh Apple, Milk LUNCH TURKEY & CHEESE SANDWICH [^] , Hummus Cup, Fresh Baby Carrots, Orange Tangerine Juice, Mustard, Milk	September 2, 2021 BREAKFAST PILLSBURY GRAPE CRESCENT ¹ , Fresh Banana, Fruit Punch Juice, Milk LUNCH HERO SANDWICH [^] , Italian Corn Salad, Fresh Apple Slices, Mustard, Milk	September 3, 2021 BREAKFAST BLUEBERRY MINI MUFFIN [^] , String Cheese, Fresh Apple, Milk LUNCH TURKEY BOLOGNA SANDWICH [^] , Fresh Chopped Romain, Fresh Broccoli Florest, Fresh Banana, Ranch Dressing, Mustard Milk
		MONDAY September 6, 2021 LABOR DAY	TUESDAY September 7, 2021 BREAKFAST FROSTED FLAKES [^] , Maple Breakfast Square [^] , Dried Cranberries, Fruit Punch Juice, Milk LUNCH TURKEY & CHEESE SANDWICH [^] , Fresh Baby Carrots, Sun Splash Veggie Juice, Applesauce, Ranch Dressing Mustard, Milk	WEDNESDAY September 8, 2021 BREAKFAST BANANA MINI MUFFIN [^] , String Cheese, Fresh Apple, Milk LUNCH TURKEY BOLOGNA SANDWICH [^] , Fresh Chopped Romaine, Fresh Broccoli Florets, Fresh Banana, Ranch Dressing, Mustard, Milk
MONDAY September 13, 2021 BREAKFAST RICE KRISPIES [^] , Strawberry Pancake Square [^] , Dried Cranberries, Apple Juice, Milk LUNCH STRAWBERRY YOGURT, Cornbread [^] , String Cheese, Tropical Veggie Juice, Fresh Orange, Milk	TUESDAY September 14, 2021 BREAKFAST CHERRY FRUDEL [^] , Diced Peaches, Fruit Punch Juice, Milk LUNCH TURKEY HAM & CHEESE [^] , Sun Splash Veggie Juice, Fresh Baby Carrots, Mixed Fruit, Ranch Dressing, Mustard, Milk	WEDNESDAY September 15, 2021 BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN [^] , String Cheese, Fresh Apple, Milk LUNCH TURKEY & CHEESE SANDWICH [^] , Hummus Cup, Fresh Baby Carrots, Orange Tangerine Juice, Mustard, Milk	THURSDAY September 16, 2021 BREAKFAST CINNAMON FLAKES [^] , Apple Bar [^] , Fresh Banana, Orange Tangerine Juice, Milk LUNCH HERO SANDWICH [^] , Italian Corn Salad, Fresh Apple Slices, Mustard, Milk	FRIDAY September 17, 2021 BREAKFAST STRAWBERRY YOGURT, Granola [^] , Fresh Apple, Milk LUNCH TURKEY BOLOGNA SANDWICH [^] , Fresh Chopped Romaine, Fresh Broccoli Florets, Fresh Banana, Ranch Dressing, Mustard, Milk
MONDAY September 20, 2021 BREAKFAST APPLE CINNAMON CHEERIOS [^] , Honey Grahams [^] , Craisins, Orange- Tangerine Juice, Milk LUNCH TURKEY & CHEESE SANDWICH [^] , Fresh Baby Carrots, Sun Splash Veggie Juice, Applesauce, Ranch Dressing Mustard, Milk	TUESDAY September 21, 2021 BREAKFAST RASPBERRY CHERRY YOGURT, Granola [^] , Mixed Fruit Cup, Apple Juice, Milk LUNCH VANILLA YOGURT, Cinnamon Bun [^] , String Cheese, Tropical Veggie Juice, Diced Pears, Milk	WEDNESDAY September 22, 2021 BREAKFAST TRIX [^] , Maple Breakfast Square [^] , Fresh Apple, Milk LUNCH TURKEY BOLOGNA SANDWICH [^] , Fresh Chopped Romaine, Fresh Broccoli Florets, Fresh Banana, Ranch Dressing, Mustard, Milk	THURSDAY September 23, 2021 BREAKFAST CINNAMON BUN [^] , Fresh Banana, Fruit Punch Juice, Milk LUNCH TURKEY HAM & CHEESE SANDWICH [^] , Hummus Cup, Fresh Baby Carrots, Fresh Orange, Mustard, Milk	FRIDAY September 24, 2021 BREAKFAST CHERRY BREAKFAST BAR [^] , String Cheese, Fresh Apple, Milk LUNCH HERO SANDWICH [^] , Italian Corn Salad, Fresh Apple Slices, Mustard, Milk
MONDAY September 27, 2021 BREAKFAST CINNAMON FLAKES [^] , Vanilla Waffle Square [^] , Craisins, Grape Juice, Milk LUNCH STRAWBERRY YOGURT, Cornbread [^] , String Cheese, Tropical Veggie Juice, Fresh Orange, Milk	TUESDAY September 28, 2021 BREAKFAST PLAIN BAGEL [^] , Cream Cheese, Diced Pears, Orange Tangerine Juice, Milk LUNCH TURKEY HAM & CHEESE [^] , Sun Splash Veggie Juice, Fresh Baby Carrots, Mixed Fruit, Ranch Dressing, Mustard, Milk	WEDNESDAY September 29, 2021 BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN [^] , String Cheese, Fresh Apple, Milk LUNCH TURKEY & CHEESE SANDWICH [^] , Hummus Cup, Fresh Baby Carrots, Orange Tangerine Juice, Mustard, Milk	THURSDAY September 30, 2021 BREAKFAST VANILLA YOGURT, Granola [^] , Fresh Banana, Apple Juice, Milk LUNCH HERO SANDWICH [^] , Italian Corn Salad, Fresh Apple Slices, Mustard, Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS. A CHOICE OF 1% OR FAT FREE WHITE MILK

** MENU IS SUBJECT TO CHANGE **

[^] Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider ***