

K-12 Breakfast & Lunch

		WEDNESDAY September 1, 2021	THURSDAY September 2, 2021	FRIDAY September 3, 2021
		BREAKFAST RICE KRISPIES [^] , Honey Grahams [^] , Fresh Apple, Milk LUNCH CHEESY TACO MEAT, Wild White Nacho Doritos [^] , Fresh Baby Carrots, Fresh Chopped Romaine, Fresh Banana, Ranch Dressing, Salsa, Milk HS 9-12 Additional Items: Mixed Vegetables, Mixed Fruit, Vanilla Cookie [^]	BREAKFAST PILLSBURY GRAPE CRESCENT [^] , Fresh Banana, Fruit Punch Juice, Milk LUNCH CORN DOG ON A STICK [^] , Potato Wedges, Fresh Apple Slices, Mustard, Ketchup, Milk HS 9-12 Additional Items: Fresh Baby Carrots w/Ranch Dressing, Fresh Apple	BREAKFAST BLUEBERRY MINI MUFFIN [^] , String Cheese, Fresh Apple, Milk LUNCH TURKEY BOLOGNA SANDWICH [^] , Fresh Chopped Romaine, Fresh Broccoli Florest, Fresh Banana, Ranch Dressing, Mustard, Milk
	MONDAY September 6, 2021	TUESDAY September 7, 2021	WEDNESDAY September 8, 2021	THURSDAY September 9, 2021
LABOR DAY	BREAKFAST FROSTED FLAKES [^] , Maple Breakfast Square [^] , Dried Cranberries, Fruit Punch Juice, Milk LUNCH MINI CHEESE RAVIOLI W/SAUCE [^] , Breadstick [^] , Mixed Vegetables, Diced Peaches, Milk HS 9-12 Additional Items: Orange-Tangerine Juice	BREAKFAST BANANA MINI MUFFIN [^] , String Cheese, Fresh Apple, Milk LUNCH CHICKEN ALFREDO PASTA [^] , Fresh Chopped Romaine, Fresh Baby Carrots, Fresh Banana, Milk HS 9-12 Additional Items: Wrapped Sliced Bread [^] , Green Beans, Fruit Punch Juice	BREAKFAST RASPBERRY-CHERRY YOGURT, Granola [^] , Fresh Banana, Grape Juice, Milk LUNCH HOT DOG [^] , Golden Potato Rounds, Fresh Plum, Mustard, Ketchup, Milk HS 9-12 Additional Items: Cheddar Sun Chips [^] , Fresh Baby Carrots w/Ranch Dressing, Fresh Apple	BREAKFAST FROSTED FLAKES [^] , Vanilla Waffle Square [^] , Fresh Apple, Milk LUNCH HERO SANDWICH [^] , Italian Corn Salad, Fresh Apple Slices, Mustard, Milk
MONDAY September 13, 2021	TUESDAY September 14, 2021	WEDNESDAY September 15, 2021	THURSDAY September 16, 2021	FRIDAY September 17, 2021
BREAKFAST RICE KRISPIES [^] , Strawberry Pancake Square [^] , Dried Cranberries, Apple Juice, Milk LUNCH CHEESY PENNE BAKE [^] , Breadstick [^] , Green Beans, Mixed Fruit, Milk HS 9-12 Additional Items: CHEEZE PIZZA [^] , Country Blend Vegetables, Fruit Punch Juice	BREAKFAST CHERRY FRUDEL [^] , Diced Peaches, Fruit Punch Juice, Milk LUNCH MEATBALL SUB [^] , Potato Wedges, Orange-Tangerine Juice, Milk HS 9-12 Additional Items: Wild White Nacho Doritos [^] , Diced Carrots, Diced Pears	BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN [^] , String Cheese, Fresh Apple, Milk LUNCH BBQ CHICKEN BURGER [^] , Baked Beans, Pineapple Tidbits, Milk HS 9-12 Additional Items: Fresh Baby Carrots w/Ranch Dressing, Grape Juice	BREAKFAST CINNAMON FLAKES [^] , Apple Bar [^] , Fresh Banana, Orange Tangerine Juice, Milk LUNCH CRUNCHY CHICKEN TENDERS [^] , Potato Rounds, Fresh Baby Carrots w/Ranch Dressing, Fresh Apple Slices, Ketchup, BBQ Sauce, Milk HS 9-12 Additional Items: Fresh Apple, Vanilla Cookie [^]	BREAKFAST STRAWBERRY YOGURT, Granola [^] , Fresh Apple, Milk LUNCH TURKEY BOLOGNA SANDWICH [^] , Fresh Chopped Romaine, Fresh Broccoli Florets, Fresh Banana, Ranch Dressing, Mustard, Milk
MONDAY September 20, 2021	TUESDAY September 21, 2021	WEDNESDAY September 22, 2021	THURSDAY September 23, 2021	FRIDAY September 24, 2021
BREAKFAST APPLE CINNAMON CHEERIOS [^] , Honey Grahams [^] , Craisins, Orange- Tangerine Juice, Milk LUNCH PIZZA DIPPERS [^] , Marinara Dipping Sauce, Mixed Vegetables, Applesauce, Milk HS 9-12 Additional Items: Grape Juice	BREAKFAST RASPBERRY CHERRY YOGURT, Granola [^] , Mixed Fruit Cup, Apple Juice, Milk LUNCH CRISPY CHICKEN SANDWICH [^] , Fresh Baby Carrots w/Ranch Dressing, Broccoli, Diced Pears, Milk HS 9-12 Additional Items: Diced Carrots, Fruit Punch Juice	BREAKFAST TRIX [^] , Maple Breakfast Square [^] , Fresh Apple, Milk LUNCH CHEESE PUPUSA [^] , Golden Potato Rounds [^] , Fresh Banana, Hot Sauce, Milk HS 9-12 Additional Items: Tortilla Rounds [^] , String Cheese, Fresh Baby Carrots w/Ranch Dressing, Mixed Fruit	BREAKFAST CINNAMON BUN [^] , Fresh Banana, Fruit Punch Juice, Milk LUNCH BEAN & CHEESE EMPANADA [^] , Fresh Baby Carrots w/Ranch Dressing, Baked Beans, Fresh Plum, Taco Sauce, Milk HS 9-12 Additional Items: Green Beans, Fresh Apple	BREAKFAST CHERRY BREAKFAST BAR [^] , String Cheese, Fresh Apple, Milk LUNCH HERO SANDWICH [^] , Italian Corn Salad, Fresh Apple Slices, Mustard, Milk
MONDAY September 27, 2021	TUESDAY September 28, 2021	WEDNESDAY September 29, 2021	THURSDAY September 30, 2021	
BREAKFAST CINNAMON FLAKES [^] , Vanilla Waffle Square [^] , Craisins, Grape Juice, Milk LUNCH CHEESE PIZZA [^] , Corn, Pineapple Tidbits, Milk HS 9-12 Additional Items: Grape Juice	BREAKFAST PLAIN BAGEL [^] , Cream Cheese, Diced Pears, Orange Tangerine Juice, Milk LUNCH MEATLOAF W/TOMATO SAUCE, HAMBURGER BUN [^] , Country Blend Vegetables, Mixed Fruit Cup, Milk HS 9-12 Additional Items: Diced Carrots, Fruit Punch Juice	BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN [^] , String Cheese, Fresh Apple, Milk LUNCH NASHVILLE (HOT) POPCORN CHICKEN [^] , Sliced Bread [^] , French Fries, Fresh Baby Carrots, Orange- Tangerine Juice, Ketchup, Milk HS 9-12 Additional Items: Diced Peaches	BREAKFAST VANILLA YOGURT, Granola [^] , Fresh Banana, Apple Juice, Milk LUNCH CHICKEN & GREEN CHILE TAMALE [^] , Baked Beans, Fresh Baby Carrots w/Ranch Dressing, Fresh Apple Slices, Hot Sauce, Milk HS 9-12 Additional Items: Fritos [^] , Mixed Vegetables, Fresh Apple	
ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS A CHOICE OF 1% OR FAT FREE WHITE MILK ** MENU IS SUBJECT TO CHANGE ** [^] Denotes item is whole-grain/whole wheat *** This institution is an equal opportunity provider ***				