SPRINGS CHARTER SCHOOLS
Vista STUDENT CENTER

December 2021

K-8 Breakfast & Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		December 1, 2021	December 2, 2021	December 3, 2021
		BREAKFAST CINNAMON TOAST CRUNCH ^, Graham Crackers ^, Fruit Juice, Dried Cranberries, Milk **LUNCH** CHEESEBURGER ^, Baked Beans, Potato Wedges, Pineapple Tidbits, Ketchup, Mustard, Milk **Vegetarian Option** VEGGIE BURGER ^, Baked Beans, Potato Wedges, Pineapple Tidbits, Ketchup, Mustard, Milk	**BREAKFAST** CINNAMON BUN ^, Orange Juice, Seedless Raisins, Milk **LUNCH** MINI CHEESE RAVIOLI ^, SunSet Sip Vegetable Juice, Apple Slices, Chocolate Cookie^, Milk	**BREAKFAST** COCOA PUFFS ^, Strawberry Breakfast Square ^, Grape Juice, Peach Cup, Milk **LUNCH** 4-CHEESE PANINI ^, Dragon Punch, Ocean Spray Orange Craisins, Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
December 6, 2021	**December 7, 2021**	**December 8, 2021**	**December 9, 2021**	**December 10, 2021**
BREAKFAST TRIX CEREAL ^, Graham Crackers ^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** PIZZA DIPPERS ^ Marinara Dipping Sauce SunSet Sip Juice Applesauce Milk	**BREAKFAST** RICE CHEX ^, Vanilla Breakfast Square^, Grape Juice, Dried Cranberries, Milk **LUNCH** STRAWBERRY YOGURT, String Cheese, Zee Zees Blueberry Lemon Bar ^, Dragon Punch, Fresh Red Apple Slices, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH ^, Graham Crackers ^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** CRUNCHY CHICKEN TENDERS ^, Corn, Fresh Seedless Grapes, BBQ Sauce, Milk **Vegetarian Option** BEAN & CHEESE BURRITO ^	**BREAKFAST** COCOA PUFFS ^, Strawberry Breakfast Square ^, Fruit Punch Juice, Diced Peaches, Milk **LUNCH** HOT DOG W/POTATO ROUNDS ^, Fresh Broccoli Florets, Fresh Green Apple Slices, Ranch Dressing, Mustard, Ketchup, Milk **Vegetarian Option** GRILLED CHEESE PANINI ^	**BREAKFAST** FRUITY CHEERIOS ^, Maple Breakfast Square ^, Orange-Tangerine Juice, Dried Cranberries, Milk **LUNCH** BEAN & CHEESE EMPANADA ^, Mixed Vegetables, Fresh Tangerine, Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
December 13, 2021	**December 14, 2021**	**December 15, 2021**	**December 16, 2021**	**December 17, 2021**
BREAKFAST TRIX CEREAL ^, Graham Crackers ^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** CHEF'S CHOICE, Country Blend Vegetables Diced Pears Milk	**BREAKFAST** RICE CHEX ^, Vanilla Breakfast Square^, Grape Juice, Dried Cranberries, Milk **LUNCH** VANILLA YOGURT, String Cheese, Zee Zees Birthday Cake Bar ^, Dragon Punch, Green Apple Slices, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH ^, Graham Crackers ^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** CHEESE PIZZA ^, Potato Wedges, Fruit Punch Juice, Mustard, Ketchup, Milk	**BREAKFAST** COCOA PUFFS ^, Strawberry Breakfast Square ^, Fruit Punch Juice, Diced Peaches, Milk **LUNCH** CHEESY TACO MEAT, Tortilla Rounds ^, Fresh Broccoli Florets, Baby Carrots, Fresh Apple Slices, Ranch Dressing, Milk **Vegetarian Option** BEAN & CHEESE BURRITO ^	**BREAKFAST** FRUITY CHEERIOS ^, Maple Breakfast Square ^, Orange-Tangerine Juice, Dried Cranberries, Milk **LUNCH** Grab & Go! HERO SANDWICH ^, Italian Corn Salad, Fresh Pear, Mustard, Milk **MINIMUM DAY**
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
December 20, 2021	**December 21, 2021**	**December 22, 2021**	**December 23, 2021**	**December 24, 2021**
WINTER BREAK	**WINTER BREAK**	**WINTER BREAK**	**WINTER BREAK**	**WINTER BREAK**
MONDAY	**TUESDAY**			
December 27, 2021	**December 28, 2021**	**December 29, 2021**	**December 30, 2021**	**December 31, 2021**
WINTER BREAK	**WINTER BREAK**	**WINTER BREAK**	**WINTER BREAK**	**WINTER BREAK**

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS and CHOICE OF 1% OR FAT FREE WHITE MILK

^ Denotes item is whole-grain/whole wheat

****** This institution is an equal opportunity provider ******