



Rancho Cucamonga Personalized Learning Center K-8

Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	October 1, 2019 Breakfast VANILLA YOGURT Granola ^ Applesauce Cup Fruit Punch Juice Milk Lunch RIB-B-QUE Wrapped Hamburger Bun ^ BEAN & CHEESE BURRITO ^ Salsa French Fries Diced Peaches Ketchup Milk	October 2, 2019 Breakfast BANANA MUFFIN ^ String Cheese Fresh Apple* Milk Lunch MEATLOAF PANINI ^ GRILLED CHEESE PANINI ^ Corn Fresh Crunchy Celery Sticks Fat Free Ranch Dressing Diced Pears Chocolate Cookie ^ Milk	October 3, 2019 Breakfast WHOLE WHEAT BAGEL Cream Cheese Fresh Banana Orange-Tangerine Juice Milk Lunch CHEESY TACO MEAT VEGGIE NACHO COMBO CHILI Tortilla Rounds ^ Romaine Lettuce Fresh Red Pepper Slices Fat Free Ranch Dressing Fresh Apple Slices Taco Sauce Milk	October 4, 2019 Breakfast CINNAMON TOAST CRUNCH ^ Animal Grahams Fresh Apple* Milk Lunch CRISPY CHICKEN DRUMSTICK ^ Corn Muffin ^ VEGETARIAN BURGER Wrapped Hamburger Bun ^ Maple Baked Beans Baby Carrots Fat Free Ranch Dressing Fresh Banana BBQ Sauce Mustard Ketchup Milk
October 7, 2019 Breakfast FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple Juice Milk Lunch PANCAKES & SAUSAGE ^ Syrup GRILLED CHEESE SANDWICH ^ Applesauce Cup Tropical Veggie Juice Milk	October 8, 2019 Breakfast Strawberry/Banana Yogurt Granola ^ Diced Pears Fruit Punch Juice Milk Lunch HOMESTYLE SALISBURY STEAK W/GRAVY MONTEREY VEGETARIAN PATTY Wrapped Hamburger Bun ^ Potato Wedges Ketchup Mixed Fruit Cup Milk	October 9, 2019 Breakfast FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple* Milk Lunch PEPPERONI PIZZA ^ CHEESY PARM WRAP ^ Romaine Lettuce Light Ranch Dressing Orange-Tangerine Juice Milk	October 10, 2019 Breakfast RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk Lunch CORN DOG ON A STICK^ VEGGIE NUGGETS ^ Maple Baked Beans Baby Carrots Light Ranch Dressing Fresh Pear* Mustard Ketchup BBQ Sauce Milk	October 11, 2019 Breakfast PEACH MINI LOAF^ String Cheese Fresh Apple* Milk Lunch CHICKEN & GREEN CHILE TAMALE Hot Sauce SOUTHWESTERN BLACK BEAN & CHEESE BURRITO ^ Taco Sauce Jalapenos Diced Carrots Fresh Banana Milk
October 14, 2019 Breakfast GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Craisins Fruit Punch Juice Milk Lunch CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Breadstick ^ CHEESE PIZZA ^ Green Beans Fresh Apple* Milk	October 15, 2019 Breakfast COCOA PUFFS ^ Graham Crackers ^ Diced Peaches Orange-Tangerine Juice Milk Lunch BAGEL DOG ^ 4-CHEESE PANINI ^ Golden Potato Rounds Diced Pears Ketchup Mustard Milk	October 16, 2019 Breakfast String Cheese Chocolate Chip Mini Loaf ^ Fresh Apple* Assorted Jelly Milk Lunch CHICKEN TACO VEGETARIAN CHILI WITH BEANS Tortilla Rounds ^ Fiesta Beans Fresh Banana Salsa Milk	October 17, 2019 Breakfast VANILLA YOGURT Granola ^ Fresh Banana Applesauce Cup Milk Lunch *NATIONAL PASTA DAY* MEATBALL SUB Wrapped Hot Dog Bun ^ MINI CHEESE RAVIOLI WITH SAUCE ^ Mixed Vegetables Diced Peaches Milk	October 18, 2019 Breakfast APPLE CINNAMON CHEERIOS ^ Maple Breakfast Square ^ Fresh Apple* Milk Lunch TERIYAKI CHICKEN PATTY VEGETARIAN BURGER Wrapped Hamburger Bun ^ Romaine Lettuce Baby Carrots Fat Free Ranch Dressing Fresh Pear* Mustard Ketchup Milk
October 21, 2019 Breakfast TRIX ^ Strawberry Pancake Square ^ Craisins Grape Juice Milk Lunch PENNE PASTA W/MEAT SAUCE ^ Breadstick ^ CHEESY PARM WRAP ^ Mixed Vegetables Fresh Orange* Milk	October 22, 2019 Breakfast RASPBERRY YOGURT Granola ^ Mixed Fruit Cup Fruit Punch Juice Milk Lunch CHEESE & GREEN CHILE TAMALE Hot Sauce CRISPY CHICKEN PATTY ^ Wrapped Hamburger Bun ^ BBQ Sauce Maple Baked Beans Diced Pears Sun Splash Veggie Juice Milk	October 23, 2019 Breakfast BLUEBERRY MUFFIN^ String Cheese Fresh Apple* Milk Lunch CHICKEN QUESO BURRITO ^ BEAN & CHEESE BURRITO ^ Romaine Lettuce Fresh Cucumber Slices Fat Free Ranch Dressing Fresh Pear* Salsa Milk	October 24, 2019 Breakfast PUMPKIN MINI LOAF ^ Fresh Banana Orange-Tangerine Juice Milk Lunch FRENCH BREAD CHEESE PIZZA^ CHICKEN NUGGETS ^ Honey Mustard Cup Corn Fresh Apple Slices Milk	October 25, 2019 Breakfast CORN CHEX ^ Vanilla Waffle Square ^ Fresh Apple* Milk Lunch BBQ CHICKEN Wrapped Hamburger Bun ^ FRENCH TOAST STICKS WITH SCRAMBLED EGGS Syrup French Fries Diced Peaches Ketchup Milk
October 28, 2019 Breakfast COCOA PUFFS ^ Graham Crackers ^ Craisins Orange-Tangerine Juice Milk Lunch POPCORN CHICKEN ^ BBQ Sauce CHEESE PIZZA ^ Corn Mixed Fruit Cup Milk	October 29, 2019 Breakfast STRAWBERRY YOGURT Granola ^ Diced Peaches Apple Juice Milk Lunch RANCH TURKEY BURGER MONTEREY VEGETARIAN PATTY Wrapped Hamburger Bun ^ Golden Potato Rounds Fresh Orange* Ketchup Mustard Chipotle Ranch Milk	October 30, 2019 Breakfast CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple* Milk Lunch MACARONI & CHEESE HOT DOG Wrapped Hot Dog Bun ^ Mustard Ketchup Fresh Broccoli Florets Baby Carrots Light Ranch Dressing Fresh Banana Milk	October 31, 2019 Breakfast ENGLISH MUFFIN ^ Assorted Jelly Fresh Banana Diced Peaches Milk Lunch SLOPPY JOE Wrapped Hamburger Bun ^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Light Ranch Dressing Hot Sauce Maple Baked Beans Fresh Apple Slices Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE MILK
 ^ Denotes item is whole-grain/whole wheat.

** MENU SUBJECT TO CHANGE **
 *This menu is free of peanuts, tree nuts, fish, and shellfish.

*** This institution is an equal opportunity provider.