September 2019

Pathfinder Student Center

K-8 Breakfast & Lunch Menu

K-8 Breakfast & Lunch Menu				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 3, 2019	September 4, 2019	September 5, 2019	September 6, 2019
	Breakfast	Breakfast	Breakfast	Breakfast
NO SCHOOL	RICE CHEX	TRIX CEREAL	CINNAMON TOAST CRUNCH	CHEERIOS
LABOR DAY	Cherry Breakfast Bar	Graham Crackers	Strawberry Square	Maple Breakfast Square
	Blended Fruit Juice	Craisins	Peach Cup	Applesauce Cup
	Peach Cup Milk	Strawberry-Kiwi Juice Milk	Blended Fruit Juice Milk	Grape Juice Milk
	Lunch	Lunch	Lunch	Lunch
	HOMESTYLE SALISBURY	PEPPERONI PIZZA ^	CORN DOG ON A STICK^	CHICKEN & GREEN CHILE TAMALE
	STEAK W/GRAVY	CHEESY PARM WRAP ^	VEGGIE NUGGETS ^	SOUTHWESTERN BLACK BEAN
	MONTEREY VEGETARIAN PATTY W/WHOLE WHEAT	Romaine Lettuce	Maple Baked Beans	& CHEESE BURRITO ^
	Potato Wedges	Light Ranch Dressing	Baby Carrots	Jalapenos
	Mixed Fruit Cup	Orange-Tangerine Juice	Fresh Pear*	Diced Carrots
	Ketchup	Milk	Light Ranch Dressing	Fresh Banana
	Milk		Mustard & Ketchup	Taco Sauce
			BBQ Sauce Milk	Hot Sauce Milk
September 9, 2019	September 10, 2019	September 11, 2019	September 12, 2019	September 13, 2019
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
FRUITY CHEERIOS	APPLE CINNAMON CHEERIOS	Animal Graham Crackers	COCOA PUFFS	CINNAMON CHEX
Maple Breakfast Square	Vanilla Breakfast Square	Craisins	Strawberry Square	Graham Crackers
Craisins	Peach Cup	Strawberry-Kiwi Juice	Applesauce Cup	Peach Cup
Orange Tangerine Juice	Blended Fruit Juice	Milk	Grape Juice	Orange-Tangerine Juice
Milk	Milk		Milk	Milk
Lunch	Lunch	Lunch	Lunch	Lunch
CHICKEN DUNKERS	BAGEL DOG ^	CHICKEN TACO	MEATBALL W/WHOLE WHEAT BUN^	TERIYAKI CHICKEN PATTY
W/PARMESAN MARINARA SAUCE ^	4-CHEESE PANINI ^	VEGETARIAN CHILI W/BEANS	MINI CHEESE RAVIOLI	VEGETARIAN BURGER W/WHOLE WHEAT BU
CHEESE PIZZA ^	Mixed Vegetables	Tortilla Rounds ^	WITH SAUCE ^	Romaine Lettuce
Breadstick ^	Diced Pears	Fiesta Beans	Golden Potato Rounds	Baby Carrots
Green Beans Fresh Apple*	Ketchup Mustard	Fresh Banana Salsa	Diced Peaches Milk	Fresh Pear* Fat Free Ranch Dressing
Fresh Apple" Milk	Mustard	Saisa Milk	IAMIZ	Hat Free Ranch Dressing Mustard
September 16, 2019	September 17, 2019	September 18, 2019	September 19, 2019	September 20, 2019
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
GOLDEN GRAHAM CEREAL	RICE CHEX	TRIX CEREAL	CINNAMON TOAST CRUNCH	CHEERIOS
Vanilla Breakfast Squares	Cherry Breakfast Bar	Graham Crackers	Strawberry Square	Maple Breakfast Square
Craisins	Peach Cup	Craisins	Peach Cup	Applesauce Cup
Apple Juice	Blended Fruit Juice	Strawberry-Kiwi Juice	Blended Fruit Juice	Grape Juice
Milk	Milk	Milk	Milk	Milk
Lunch	Lunch	Lunch	Lunch	Lunch
PENNE PASTA W/MEAT SAUCE ^	CHEESE & GREEN CHILE TAMALE	CHICKEN QUESO BURRITO ^	FRENCH BREAD	BBQ CHICKEN W/WHOLE WHEAT BUN ^
CHEESY PARM WRAP ^ Breadstick ^	CRISPY CHICKEN PATTY W/WHOLE WHEAT BUN^ Maple Baked Beans	BEAN & CHEESE BURRITO ^ Romaine Lettuce	CHEESE PIZZA^ CHICKEN NUGGETS ^	FRENCH TOAST STICKS W/ SCRAMBLED EGO French Fries
Mixed Vegetables	Diced Pears	Fresh Cucumber Slices	Corn	Diced Peaches
Fresh Orange*	BBQ Sauce	Fresh Pear*	Honey Mustard Cup	Syrup
Milk	Hot Sauce	Fat Free Ranch Dressing	Fresh Apple Slices	Ketchup
	Sun Splash Veggie Juice	Salsa	Milk	Milk
	Milk	Milk		
September 23, 2019	September 24, 2019	September 25, 2019	September 26, 2019	September 27, 2019
	Breakfast	Breakfast	Breakfast	Breakfast
NO SCHOOL	APPLE CINNAMON CHEERIOS	FROSTED CORN FLAKES	COCOA PUFFS	
				CINNAMON CHEX
	Vanilla Breakfast Square	Animal Graham Crackers	Strawberry Square	Graham Crackers
	Vanilla Breakfast Square Peach Cup	Craisins	Strawberry Square Applesauce Cup	Graham Crackers Peach Cup
	Vanilla Breakfast Square Peach Cup Blended Fruit Juice	Craisins Strawberry-Kiwi Juice	Strawberry Square Applesauce Cup Grape Juice	Graham Crackers Peach Cup Orange-Tangerine Juice
	Vanilla Breakfast Square Peach Cup Blended Fruit Juice Milk	Craisins Strawberry-Kiwi Juice Milk	Strawberry Square Applesauce Cup Grape Juice Milk	Graham Crackers Peach Cup Orange-Tangerine Juice Milk
RANCH TURKEY BURGER	Vanila Breakfast Square Peach Cup Blended Fruit Juice Milk Lunch	Craisins Strawberry-Kiwi Juice Milk Lunch	Strawberry Square Applesauce Cup Grape Juice Milk Lunch	Graham Crackers Peach Cup Orange-Tangerine Juice
RANCH TURKEY BURGER MONTEREY VEGETARIAN PATTY W/WHOL	Vanilla Breakfast Square Peach Cup Blended Fruit Juice Milk Lunch MACARONI & CHEESE	Craisins Strawberry-Kiwi Juice Milk	Strawberry Square Applesauce Cup Grape Juice Milk	Graham Crackers Peach Cup Orange-Tangerine Juice Milk
	Vanila Breakfast Square Peach Cup Blended Fruit Juice Milk Lunch MACARONI & CHEESE HOT DOG WWHOLE WHEAT BUN ^ Fresh Broccoli Florets	Craisins Strawberry-Kiwi Juice Milk Lunch SLOPPY JOE W/WHOLE WHEAT BUNA	Strawberry Square Applesauce Cup Grape Juice Mik PIZZA DIPPERS ^	Graham Crackers Peach Cup Orange-Tangerine Juice Milk
MONTEREY VEGETARIAN PATTY W/WHOL Golden Potato Rounds Fresh Orange*	Vanilla Breakfast Square Peach Cup Blended Fruit Juice Milk Lunch MACARONI & CHEESE HOT DOG W/WHOLE WHEAT BUN ^ Fresh Broccoli Florets Baby Carrots	Craisins Strawberry-Kiwi Juice Milk Lunch SLOPPY JOE W/WHOLE WHEAT BUN^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Maple Baked Beans	Strawberry Square Applesauce Cup Grape Juice Milk Lunch PIZZA DIPPERS ^ CHEESEBURGER W/WHOLE WHEAT BUN^ Green Beans Fresh Pear*	Graham Crackers Peach Cup Orange-Tangerine Juice Milk
MONTEREY VEGETARIAN PATTY W/WHOL Golden Potato Rounds Fresh Orange* Ketchup	Vanila Breakfast Square Peach Cup Blended Fruit Juice Milk Lunch MACARONI & CHESSE HOT DOG W/WHOLE WHEAT BUN ^ Fresh Broccoli Florets Baby Carrots Fresh Banana	Craisins Strawberry-Kiwi Juice Milk Lunch SLOPPY JOE W/WHOLE WHEAT BUN^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Maple Baked Beans Fresh Apple Slices	Strawberry Square Applesauce Cup Grape Juice Mik Lunch PIZZA DIPPERS ^ CHEESEBURGER W/WHOLE WHEAT BUN^ Green Beans Fresh Pear* Mustard	Graham Crackers Peach Cup Orange-Tangerine Juice Milk
MONTEREY VEGETARIAN PATTY W/WHOL Golden Potato Rounds Fresh Orange* Ketchup Mustard	Vanilla Breakfast Square Peach Cup Blended Fruit Juice Milk Lunch MACARONI & CHEESE HOT DOG W/WHOLE WHEAT BUN ^ Fresh Broccoil Florets Baby Carrots Fresh Banana Light Ranch Dressing	Craisins Strawberry-Kiwi Juice Milk Lunch SLOPPY JOE W/WHOLE WHEAT BUN^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Maple Baked Beans Fresh Apple Slices Light Ranch Dressing	Strawberry Square Applesauce Cup Grape Juice Milk Lunch PIZZA DIPPERS ^ CHEESEBURGER W/WHOLE WHEAT BUN^ Green Beans Fresh Pear* Mustard Ketchup	Graham Crackers Peach Cup Orange-Tangerine Juice Milk
MONTEREY VEGETARIAN PATTY W/WHOL Golden Potato Rounds Fresh Orange* Ketchup Mustard Chipotle Ranch	Vanilla Breakfast Square Peach Cup Blended Fruit Juice Milk MACARONI & CHEESE HOT DOG W/WHOLE WHEAT BUN ^ Fresh Broccoli Florets Baby Carrots Fresh Banana Light Ranch Dressing Mustard	Craisins Strawberry-Kiwi Juice Milk Lunch SLOPPY JOE WWHOLE WHEAT BUN^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Maple Baked Beans Fresh Apple Slices Light Ranch Dressing Hot Sauce	Strawberry Square Applesauce Cup Grape Juice Milk Lunch PIZZA DIPPERS ^ CHEESEBURGER W/WHOLE WHEAT BUN^ Green Beans Fresh Pear* Mustard Ketchup Marinara Dipping Sauce	Graham Crackers Peach Cup Orange-Tangerine Juice Milk
MONTEREY VEGETARIAN PATTY W/WHOL Golden Potato Rounds Fresh Orange* Ketchup Mustard	Vanila Breakfast Square Peach Cup Blended Fruit Juice Mik MACARONI & CHEESE HOT DOG WWHOLE WHEAT BUN ^ Fresh Broccoli Florets Baby Carrots Fresh Banana Light Ranch Dressing Mustard Ketchup	Craisins Strawberry-Kiwi Juice Milk Lunch SLOPPY JOE W/WHOLE WHEAT BUN^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Maple Baked Beans Fresh Apple Slices Light Ranch Dressing	Strawberry Square Applesauce Cup Grape Juice Mik Lunch PIZZA DIPPERS ^ CHEESEBURGER W/WHOLE WHEAT BUN^ Green Beans Fresh Pear* Mustard Ketchup Marinara Dipping Sauce Sun Splash Veggie Juice	Graham Crackers Peach Cup Orange-Tangerine Juice Milk
MONTEREY VEGETARIAN PATTY W/WHOL Golden Potato Rounds Fresh Orange* Ketchup Mustard Chipotle Ranch Milk	Vanilla Breakfast Square Peach Cup Blended Fruit Juice Milk MACARONI & CHEESE HOT DOG W/WHOLE WHEAT BUN ^ Fresh Broccoli Florets Baby Carrots Fresh Banana Light Ranch Dressing Mustard	Craisins Strawberry-Kiwi Juice Milk Lunch SLOPPY JOE WWHOLE WHEAT BUN^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Maple Baked Beans Fresh Apple Slices Light Ranch Dressing Hot Sauce	Strawberry Square Applesauce Cup Grape Juice Milk Lunch PIZZA DIPPERS ^ CHEESEBURGER W/WHOLE WHEAT BUN^ Green Beans Fresh Pear* Mustard Ketchup Marinara Dipping Sauce	Graham Crackers Peach Cup Orange-Tangerine Juice Milk
MONTEREY VEGETARIAN PATTY W/WHOL Golden Potato Rounds Fresh Orange* Ketchup Mustard Chipotle Ranch Milk September 30, 2019	Vanila Breakfast Square Peach Cup Blended Fruit Juice Mik MACARONI & CHEESE HOT DOG WWHOLE WHEAT BUN ^ Fresh Broccoli Florets Baby Carrots Fresh Banana Light Ranch Dressing Mustard Ketchup	Craisins Strawberry-Kiwi Juice Milk Lunch SLOPPY JOE WWHOLE WHEAT BUN^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Maple Baked Beans Fresh Apple Slices Light Ranch Dressing Hot Sauce	Strawberry Square Applesauce Cup Grape Juice Mik Lunch PIZZA DIPPERS ^ CHEESEBURGER W/WHOLE WHEAT BUN^ Green Beans Fresh Pear* Mustard Ketchup Marinara Dipping Sauce Sun Splash Veggie Juice	Graham Crackers Peach Cup Orange-Tangerine Juice Milk
MONTEREY VEGETARIAN PATTY W/WHOL Golden Potato Rounds Fresh Orange* Ketchup Mustard Chipotle Ranch Milk September 30, 2019 Breakfast	Vanila Breakfast Square Peach Cup Blended Fruit Juice Mik MACARONI & CHEESE HOT DOG WWHOLE WHEAT BUN ^ Fresh Broccoli Florets Baby Carrots Fresh Banana Light Ranch Dressing Mustard Ketchup	Craisins Strawberry-Kiwi Juice Milk Lunch SLOPPY JOE WWHOLE WHEAT BUN^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Maple Baked Beans Fresh Apple Slices Light Ranch Dressing Hot Sauce	Strawberry Square Applesauce Cup Grape Juice Mik Lunch PIZZA DIPPERS ^ CHEESEBURGER W/WHOLE WHEAT BUN^ Green Beans Fresh Pear* Mustard Ketchup Marinara Dipping Sauce Sun Splash Veggie Juice	Graham Crackers Peach Cup Orange-Tangerine Juice Milk
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MONTEREY VEGETARIAN PATTY W/WHOL Golden Polato Rounds Fresh Orange* Ketchup Mustard Chipotle Ranch Mik September 30, 2019 Breakfast GOLDEN GRAHAM CEREAL Vanilla Breakfast Squares Craisins Apple Juice Mik Lunch CHICKEN STRIPS W/SWEET POTATO PUFFS ^ MINI CHEESE RAVIOLI W/SAUCE ^ Green Beans Fresh Orange*	Vanila Breakfast Square Peach Cup Blended Fruit Juice Mik MACARONI & CHESSE HOT DOG WWHOLE WHEAT BUN ^ Fresh Broccoli Florets Baby Carrots Fresh Banana Light Ranch Dressing Mustard Ketchup	Craisins Strawberry-Kiwi Juice Milk Lunch SLOPPY JOE WWHOLE WHEAT BUN^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Maple Baked Beans Fresh Apple Slices Light Ranch Dressing Hot Sauce	Strawberry Square Applesauce Cup Grape Juice Mik Lunch PIZZA DIPPERS ^ CHEESEBURGER W/WHOLE WHEAT BUN^ Green Beans Fresh Pear* Mustard Ketchup Marinara Dipping Sauce Sun Splash Veggie Juice	Graham Crackers Peach Cup Orange-Tangerine Juice Milk
MONTEREY VEGETARIAN PATTY W/WHOL Golden Potato Rounds Fresh Orange* Ketchup Mustard Chipotle Ranch Milk September 30, 2019 Breakfast GOLDEN GRAHAM CEREAL Vanilla Breakfast Squares Craisins Apple Juice Milk Lunch CHICKEN STRIPS W/SWEET POTATO PUFFS ^ M/SWEET PUFFS ^	Vanila Breakfast Square Peach Cup Blended Fruit Juice Mik MACARONI & CHESSE HOT DOG WWHOLE WHEAT BUN ^ Fresh Broccoli Florets Baby Carrots Fresh Banana Light Ranch Dressing Mustard Ketchup	Craisins Strawberry-Kiwi Juice Milk Lunch SLOPPY JOE WWHOLE WHEAT BUN^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Maple Baked Beans Fresh Apple Slices Light Ranch Dressing Hot Sauce	Strawberry Square Applesauce Cup Grape Juice Mik Lunch PIZZA DIPPERS ^ CHEESEBURGER W/WHOLE WHEAT BUN^ Green Beans Fresh Pear* Mustard Ketchup Marinara Dipping Sauce Sun Splash Veggie Juice	Graham Crackers Peach Cup Orange-Tangerine Juice Milk
MONTEREY VEGETARIAN PATTY W/WHOL Golden Polato Rounds Fresh Orange* Ketchup Mustard Chipotle Ranch Milk September 30, 2019 Breakfast GOLDEN GRAHAM CEREAL Vanilla Breakfast Squares Craisins Apple Juice Milk Lunch CHICKEN STRIPS WiSWEET POTATO PUFFS ^ MINI CHEESE RAVIOLI W/SAUCE ^ Green Beans Fresh Orange* BBQ Sauce Milk	Vanila Breakfast Square Peach Cup Blended Frui Juice Milk Lunch MACARONI & CHEESE HOT DOG WWHOLE WHEAT BUN ^ Fresh Broccoli Florets Baby Carrots Fresh Banana Light Ranch Dressing Mustard Ketchup Milk	Craisins Strawberry-Kiwi Juice Milk Lunch SLOPPY JOE W/WHOLE WHEAT BUN^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Maple Baked Beans Fresh Apple Slices Light Ranch Dressing Hot Sauce Milk	Strawberry Square Applesauce Cup Grape Juice Milk Lunch PIZZA DIPPERS ^ CHEESEBURGER W/WHOLE WHEAT BUN^ Green Beans Fresh Pear* Mustard Ketchup Marinara Dipping Sauce Sun Splash Veggie Juice Milk	Graham Crackers Peach Cup Orange-Tangerine Juice Milk
MONTEREY VEGETARIAN PATTY W/WHOL Golden Polato Rounds Fresh Orange* Ketchup Mustard Chipotle Ranch Milk September 30, 2019 Breakfast GOLDEN GRAHAM CEREAL Vanilla Breakfast Squares Craisins Apple Juice Milk Lunch CHICKEN STRIPS WiSWEET POTATO PUFFS ^ MINI CHEESE RAVIOLI W/SAUCE ^ Green Beans Fresh Orange* BBQ Sauce Milk	Vanila Breakfast Square Peach Cup Blended Frui Juice Mik Lunch MACARONI & CHEESE HOT DOG WWHOLE WHEAT BUN ^ Fresh Broccoli Florets Baby Carrots Fresh Banana Light Ranch Dressing Mustard Ketchup Milk TE CONDIMENTS AND A CHOICE OF 1% OR FAT FRE	Craisins Strawberry-Kiwi Juice Mik Lunch SLOPPY JOE W/WHOLE WHEAT BUN^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Maple Baked Beans Fresh Apple Slices Light Ranch Dressing Hot Sauce Mik	Strawberry Square Applesauce Cup Grape Juice Mik Lunch PIZZA DIPPERS ^ CHEESEBURGER WWHOLE WHEAT BUNA Green Beans Fresh Pear* Mustard Ketchup Marinara Dipping Sauce Sun Splash Veggie Juice Mik	Graham Crackers Peach Cup Orange-Tangerine Juice Milk Lunch
MONTEREY VEGETARIAN PATTY W/WHOL Golden Potato Rounds Fresh Orange* Ketchup Mustard Chipotle Ranch Milk September 30, 2019 Breakfast GOLDEN GRAHAM CEREAL Vanilla Breakfast Squares Craisins Apple Juice Milk Lunch CHICKEN STRIPS WIX Lunch CHICKEN STRIPS WIX LUNCHEESE RAVIOLI W/SAUCE ^ Green Beans Fresh Orange* BBQ Sauce Milk	Vanila Breakfast Square Peach Cup Blended Frui Juice Mik Lunch MACARONI & CHEESE HOT DOG W/WHOLE WHEAT BUN ^ Fresh Banca Light Ranch Dressing Mustard Ketchup Milk TE CONDIMENTS AND A CHOICE OF 1% OR FAT FRE Denotes item is whole-grain/whole whea	Craisins Strawberry-Kiwi Juice Mik Lunch SLOPPY JOE W/WHOLE WHEAT BUN^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Maple Baked Beans Fresh Apple Slices Light Ranch Dressing Hot Sauce Mik	Strawberry Square Applesauce Cup Grape Juice Milk Lunch PIZZA DIPPERS ^ CHEESEBURGER WWHOLE WHEAT BUNA Green Beans Fresh Pear* Mustard Ketchup Marinara Dipping Sauce Sun Splash Veggie Juice Milk ** MENU SUBJE # Denotes item is vegetarian.	Graham Crackers Peach Cup Orange-Tangerine Juice Milk Lunch