September 2019 Pathfinder Student Center 9-12 Breakfast & Lunch Menu

		9-12 Breaklast & Lunch Me	ilu	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 3, 2019	September 4, 2019	September 5, 2019	September 6, 2019
	Breakfast	Breakfast	Breakfast	Breakfast
NO SCHOOL	RICE CHEX	TRIX CEREAL	CINNAMON TOAST CRUNCH	CHEERIOS
LABOR DAY	Cherry Breakfast Bar	Graham Crackers	Strawberry Square	Maple Breakfast Square
	Blended Fruit Juice	Craisins	Peach Cup	Applesauce Cup
	Peach Cup	Strawberry-Kiwi Juice	Blended Fruit Juice	Grape Juice
	Milk	Milk	Milk	Milk
	Lunch HOMESTYLE SALISBURY	Lunch PEPPERONI PIZZA ^	Lunch CORN DOG ON A STICK^	Lunch CHICKEN & GREEN CHILE TAMALE
	STEAK W/GRAVY	CHEESY PARM WRAP ^	VEGGIE NUGGETS ^	SOUTHWESTERN BLACK BEAN
	MONTEREY VEGETARIAN PATTY W/WHOLE WHEA		Maple Baked Beans	& CHEESE BURRITO ^
	Potato Wedges	Light Ranch Dressing	Baby Carrots	Jalapenos
	Mixed Fruit Cup	Orange-Tangerine Juice	Fresh Pear*	Diced Carrots
	Ketchup	Milk	Light Ranch Dressing	Fresh Banana
	Milk		Mustard & Ketchup	Taco Sauce
			BBQ Sauce	Hot Sauce
			Milk	Milk
September 9, 2019	September 10, 2019	September 11, 2019	September 12, 2019	September 13, 2019
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
FRUITY CHEERIOS	APPLE CINNAMON CHEERIOS	Animal Graham Crackers	COCOA PUFFS	CINNAMON CHEX
Maple Breakfast Square	Vanilla Breakfast Square	Craisins	Strawberry Square	Graham Crackers
Craisins	Peach Cup	Strawberry-Kiwi Juice	Applesauce Cup	Peach Cup
Oranga Tangarina Iujaa	Blended Fruit Juice	Milk	Grape Juice	Orange-Tangerine Juice
Orange Tangerine Juice Milk	Milk		Milk	Milk
Lunch	Lunch	Lunch	Lunch	Lunch
CHICKEN DUNKERS	BAGEL DOG ^	CHICKEN TACO	MEATBALL W/WHOLE WHEAT BUN^	TERIYAKI CHICKEN PATTY
W/PARMESAN MARINARA SAUCE ^	4-CHEESE PANINI ^	VEGETARIAN CHILI W/BEANS	MINI CHEESE RAVIOLI	VEGETARIAN BURGER W/WHOLE WHEAT BUN^
CHEESE PIZZA ^	Mixed Vegetables	Tortilla Rounds ^	WITH SAUCE ^	Romaine Lettuce
Breadstick ^	Diced Pears	Fiesta Beans	Golden Potato Rounds	Baby Carrots
Green Beans	Ketchup	Fresh Banana	Diced Peaches	Fresh Pear*
Fresh Apple*	Mustard	Salsa	Milk	Fat Free Ranch Dressing
Milk	Milk	Milk		Mustard
September 16, 2019	September 17, 2019	September 18, 2019	September 19, 2019	September 20, 2019
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
GOLDEN GRAHAM CEREAL	RICE CHEX	TRIX CEREAL	CINNAMON TOAST CRUNCH	CHEERIOS
Vanilla Breakfast Squares	Cherry Breakfast Bar	Graham Crackers	Strawberry Square	Maple Breakfast Square
Craisins	Peach Cup	Craisins	Peach Cup	Applesauce Cup
Apple Juice	Blended Fruit Juice	Strawberry-Kiwi Juice	Blended Fruit Juice	Grape Juice
Milk	Milk	Milk	Milk	Milk
Lunch	Lunch	Lunch	Lunch	Lunch
PENNE PASTA W/MEAT SAUCE ^	CHEESE & GREEN CHILE TAMALE	CHICKEN QUESO BURRITO ^	FRENCH BREAD	BBQ CHICKEN W/WHOLE WHEAT BUN ^
CHEESY PARM WRAP ^	CRISPY CHICKEN PATTY W/WHOLE WHEAT BUNA	BEAN & CHEESE BURRITO ^	CHEESE PIZZA^	FRENCH TOAST STICKS W/ SCRAMBLED EGGS
Breadstick ^	Maple Baked Beans	Romaine Lettuce	CHICKEN NUGGETS ^	French Fries
Mixed Vegetables	Diced Pears	Fresh Cucumber Slices	Corn	Diced Peaches
Fresh Orange*	BBQ Sauce	Fresh Pear*	Honey Mustard Cup	Syrup
Milk	Hot Sauce	Fat Free Ranch Dressing	Fresh Apple Slices	Ketchup
	Sun Splash Veggie Juice	Salsa	Milk	Milk
	Milk	Milk		
September 23, 2019	September 24, 2019	September 25, 2019	September 26, 2019	September 27, 2019
No sousse	Breakfast	Breakfast	Breakfast	Breakfast
NO SCHOOL	APPLE CINNAMON CHEERIOS	FROSTED CORN FLAKES	COCOA PUFFS	CINNAMON CHEX
	Vanilla Breakfast Square	Animal Graham Crackers	Strawberry Square	Graham Crackers
	Peach Cup	Craisins	Applesauce Cup	Peach Cup
	Blended Fruit Juice	Strawberry-Kiwi Juice	Grape Juice	Orange-Tangerine Juice
	Milk Lunch	Milk Lunch	Milk Lunch	Milk Lunch
RANCH TURKEY BURGER	MACARONI & CHEESE	SLOPPY JOE W/WHOLE WHEAT BUN^	PIZZA DIPPERS ^	Lunch
MONTEREY VEGETARIAN PATTY W/WHOL		BEAN & CHEESE PUPUSA	CHEESEBURGER W/WHOLE WHEAT BUNA	ĺ
Golden Potato Rounds	Fresh Broccoli Florets	Fresh Crunchy Celery Sticks	Green Beans	ĺ
Fresh Orange*	Baby Carrots	Maple Baked Beans	Fresh Pear*	1
Ketchup	Fresh Banana	Fresh Apple Slices	Mustard	ĺ
Mustard	Light Ranch Dressing	Light Ranch Dressing	Ketchup	1
Chipotle Ranch	Mustard	Hot Sauce	Marinara Dipping Sauce	ĺ
Milk	Ketchup	Milk	Sun Splash Veggie Juice	1
	Milk		Milk	
September 30, 2019				
Breakfast				
GOLDEN GRAHAM CEREAL				
Vanilla Breakfast Squares				
Craisins				
Apple Juice				
Milk				
Lunch				
CHICKEN STRIPS				
W/SWEET POTATO PUFFS ^				
MINI CHEESE RAVIOLI W/SAUCE ^				
Green Beans				
Fresh Orange*				
BBQ Sauce				
Milk				
ALL MEALS SERVED WITH APPROPRIA	TE CONDIMENTS AND A CHOICE OF 1% OR FAT FRE			BJECT TO CHANGE **
	Denotes item is whole-grain/whole whea	t.	# Denotes item is vegetarian.	
	*** Ti	his institution is an equal opportunity pro	ovider.	