



Pathfinder Center 9-12

Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	October 1, 2019 Breakfast RICE CHEX Cherry Breakfast Bar Blended Fruit Juice Peach Cup Milk Lunch RIB-B-QUE Wrapped Hamburger Bun ^ BEAN & CHEESE BURRITO ^ Salsa French Fries Mixed Vegetables Diced Peaches Ketchup Grape Juice Milk	October 2, 2019 Breakfast TRIX CEREAL Graham Crackers Strawberry-Kiwi Juice Craisins Milk Lunch MEATLOAF PANINI ^ GRILLED CHEESE PANINI ^ Corn Potato Rounds Diced Peas Chocolate Cookie ^ Apple Juice Milk	October 3, 2019 Breakfast CINNAMON TOAST CRUNCH Strawberry Square Blended Fruit Juice SS Peach Cup Milk Lunch CHEESY TACO MEAT VEGGIE NACHO COMBO CHILI Tortilla Rounds ^ Romaine Lettuce Fresh Red Pepper Slices Fresh Crunchy Celery Sticks Light Ranch Dressing Fresh Apple* Vanilla Cookie ^ Taco Sauce Milk	October 4, 2019 Breakfast CHEERIOS Maple Breakfast Square Grape Juice Applesauce Cup Milk Lunch CRISPY CHICKEN DRUMSTICK ^ Corn Muffin ^ VEGETARIAN BURGER Wrapped Hamburger Bun ^ Maple Baked Beans Diced Carrots Fresh Banana BBQ Sauce Mustard Ketchup Fruit Punch Juice Milk
October 7, 2019 Breakfast FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Craisins Milk Lunch PANCAKES & SAUSAGE ^ Syrup GRILLED CHEESE SANDWICH ^ Potato Rounds Applesauce Cup Ketchup Grape Juice Sun Splash Veggie Juice Milk	October 8, 2019 Breakfast APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Peach Cup Milk Lunch HOMESTYLE SALISBURY STEAK W/GRAVY MONTEREY VEGETARIAN PATTY BBQ Sauce Wrapped Hamburger Bun ^ Potato Wedges Green Beans Mixed Fruit Cup Ketchup Apple Juice Milk	October 9, 2019 Breakfast FROSTED CORN FLAKES Animal Graham Crackers Strawberry-Kiwi Juice Craisins Milk Lunch PEPPERONI PIZZA ^ CHEESY PARM WRAP ^ French Fries Romaine Lettuce Light Ranch Dressing Diced Peaches Cheddar Sun Chips ^ Ketchup Orange-Tangerine Juice Milk	October 10, 2019 Breakfast COCOA PUFFS Strawberry Square Grape Juice Applesauce Cup Milk Lunch CORN DOG ON A STICK ^ VEGGIE NUGGETS ^ Maple Baked Beans Mixed Vegetables Fresh Apple* Mustard Diced Carrots Ketchup BBQ Sauce Snickerdoodle Cookie ^ Milk	October 11, 2019 Breakfast CINNAMON CHEX Graham Crackers Orange-Tangerine Juice Peach Cup Milk Lunch CHICKEN & GREEN CHILE TAMALE Hot Sauce SOUTHWESTERN BLACK BEAN & CHEESE BURRITO ^ Taco Sauce Jalapenos Diced Carrots Fresh Crunchy Celery Sticks Light Ranch Dressing Fresh Banana Orange-Tangerine Juice Milk
October 14, 2019 Breakfast GOLDEN GRAHAM CEREAL Vanilla Breakfast Squares Apple Juice Craisins Milk Lunch CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Breadstick ^ CHEESE PIZZA ^ Country Blend Vegetables Applesauce Cup Orange-Tangerine Juice Milk	October 15, 2019 Breakfast RICE CHEX Cherry Breakfast Bar Blended Fruit Juice Peach Cup Milk Lunch BAGEL DOG ^ Mustard 4-CHEESE PANINI ^ Green Beans Potato Rounds Diced Peas Ketchup Fruit Punch Juice Milk	October 16, 2019 Breakfast TRIX CEREAL Graham Crackers Strawberry-Kiwi Juice Craisins Milk Lunch CHICKEN TACO VEGETARIAN CHILI WITH BEANS Tortilla Rounds ^ Jalapenos Fiesta Beans Baby Carrots Light Ranch Dressing Fresh Banana Mixed Fruit Cup Chocolate Cookie ^ Salsa Milk	October 17, 2019 Breakfast CINNAMON TOAST CRUNCH Strawberry Square Blended Fruit Juice SS Peach Cup Milk Lunch NATIONAL PASTA DAY* MEATBALL SUB Wrapped Hot Dog Bun ^ MINI CHEESE RAVIOLI WITH SAUCE ^ Mixed Vegetables Fresh Apple* Multi Grain Sun Chips ^ Milk	October 18, 2019 Breakfast CHEERIOS Maple Breakfast Square Grape Juice Applesauce Cup Milk Lunch TERIYAKI CHICKEN PATTY VEGETARIAN BURGER Wrapped Hamburger Bun ^ Romaine Lettuce Light Ranch Dressing Diced Carrots Diced Peaches Mayonnaise Mustard Ketchup Orange-Tangerine Juice Milk
October 21, 2019 Breakfast FRUITY CHEERIOS Maple Breakfast Square Orange Tangerine Juice Craisins Milk Lunch PENNE PASTA W/MEAT SAUCE ^ Breadstick ^ CHEESE PIZZA ^ Country Blend Vegetables Mixed Fruit Cup Orange-Tangerine Juice Milk	October 22, 2019 Breakfast APPLE CINNAMON CHEERIOS Vanilla Breakfast Square Blended Fruit Juice Peach Cup Milk Lunch CHEESE & GREEN CHILE TAMALE Hot Sauce String Cheese CRISPY CHICKEN PATTY ^ Wrapped Hamburger Bun ^ BBQ Sauce Maple Baked Beans Diced Peas Sun Splash Veggie Juice Grape Juice Milk	October 23, 2019 Breakfast FROSTED CORN FLAKES Animal Graham Crackers Strawberry-Kiwi Juice Craisins Milk Lunch CHICKEN QUESO BURRITO ^ BEAN & CHEESE BURRITO ^ Potato Rounds Romaine Lettuce Light Ranch Dressing Fresh Banana Cheddar Sun Chips ^ Salsa Ketchup Fruit Punch Juice Milk	October 24, 2019 Breakfast COCOA PUFFS Strawberry Square Grape Juice Applesauce Cup Milk Lunch FRENCH BREAD CHEESE PIZZA ^ CHICKEN NUGGETS ^ Corn Muffin ^ Honey Mustard Cup Diced Carrots Corn Fresh Apple* Milk	October 25, 2019 Breakfast CINNAMON CHEX Graham Crackers Orange-Tangerine Juice Peach Cup Milk Lunch BBQ CHICKEN Wrapped Hamburger Bun ^ FRENCH TOAST STICKS WITH SCRAMBLED EGGS Syrup French Fries Fresh Crunchy Celery Sticks Light Ranch Dressing Diced Peaches Ketchup Apple Juice Milk
October 28, 2019 Breakfast GOLDEN GRAHAM CEREAL Vanilla Breakfast Squares Apple Juice Craisins Milk Lunch POPCORN CHICKEN ^ BBQ Sauce CHEESE PIZZA ^ Corn Green Beans Mixed Fruit Cup Vanilla Cookie ^ Fruit Punch Juice Milk	October 29, 2019 Breakfast RICE CHEX Cherry Breakfast Bar Blended Fruit Juice Peach Cup Milk Lunch RANCH TURKEY BURGER MONTEREY VEGETARIAN PATTY Wrapped Hamburger Bun ^ Potato Rounds Mixed Vegetables Applesauce Cup Ketchup Mustard Chipotle Ranch Orange-Tangerine Juice Milk	October 30, 2019 Breakfast TRIX CEREAL Graham Crackers Strawberry-Kiwi Juice Craisins Milk Lunch MACARONI & CHEESE HOT DOG Wrapped Hot Dog Bun ^ Multi Grain Sun Chips ^ Mustard Ketchup Diced Carrots Fresh Broccoli Florets Light Ranch Dressing Fresh Banana Grape Juice Milk	October 31, 2019 Breakfast CINNAMON TOAST CRUNCH Strawberry Square Blended Fruit Juice SS Peach Cup Milk Lunch SLOPPY JOE Wrapped Hamburger Bun ^ BEAN & CHEESE PUPUSA Hot Sauce Fresh Crunchy Celery Sticks Baby Carrots Light Ranch Dressing Maple Baked Beans Fresh Apple* Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE MILK
^ Denotes item is whole-grain/whole wheat.

*** This institution is an equal opportunity provider.

*This menu is free of peanuts, tree nuts, fish, and shellfish.

** MENU SUBJECT TO CHANGE **