

## Breakfast & Lunch Menu

Breakfast & Lunch Menu				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	October 1, 2019	October 2, 2019	October 3, 2019	October 4, 2019
	Breakfast	Breakfast	Breakfast	Breakfast
	VANILLA YOGURT	BANANA MUFFIN ^	WHOLE WHEAT BAGEL	CINNAMON TOAST CRUNCH ^
	Granola ^ Applesauce Cup	String Cheese	Cream Cheese	Animal Grahams
	Fruit Punch Juice	Fresh Apple* Milk	Fresh Banana	Fresh Apple*
	Milk	WIIK	Orange-Tangerine Juice Milk	IVIIK
	Lunch	Lunch	Lunch	Lunch
		MEATLOAF PANINI ^	CHEESY TACO MEAT	CRISPY CHICKEN DRUMSTICK ^
	RIB-B-QUE		VEGGIE NACHO COMBO CHILI	
	Wrapped Hamburger Bun ^ BEAN & CHEESE BURRITO ^	GRILLED CHEESE PANINI ^ Corn	Tortilla Rounds ^	Corn Muffin ^ VEGETARIAN BURGER
	Salsa	Fresh Crunchy Celery Sticks	Romaine Lettuce	Wrapped Hamburger Bun ^
	French Fries	Fat Free Ranch Dressing	Fresh Red Pepper Slices	Maple Baked Beans
	Diced Peaches	Diced Pears	Fat Free Ranch Dressing	Baby Carrots
	Ketchup	Chocolate Cookie ^	Fresh Apple Slices	Fat Free Ranch Dressing
	Milk	Milk	Taco Sauce	Fresh Banana
			Milk	BBQ Sauce
				Mustard
				Ketchup Milk
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October 7, 2019	October 8, 2019	October 9, 2019	October 10, 2019	October 11, 2019
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
FRUITY CHEERIOS ^ Animal Grahams ^	Strawberry/Banana Yogurt	FROSTED CORN FLAKES ^ Vanilla Waffle Square ^	RICE CHEX ^ Strawberry	PEACH MINI LOAF^ String Cheese
Animai Granams ^ Craisins	Granola ^	vanila vvarile Square ^ Fresh Apple*	Pancake Square ^	String Cheese Fresh Apple*
Apple Juice	Diced Pears	Milk	Fresh Banana	Milk
Apple Juice Milk	Fruit Punch Juice	IVIII.		IVIIIK
Lunch	Milk	Lunch	Orange-Tangerine Juice Milk	Lunch
PANCAKES & SAUSAGE ^	Lunch HOMESTYLE SALISBURY	PEPPERONI PIZZA ^ CHEESY PARM WRAP ^	Lunch CORN DOG ON A STICK^	CHICKEN & GREEN CHILE TAMALE
Syrup GRILLED CHEESE SANDWICH ^	HOMESTYLE SALISBURY	CHEESY PARM WRAP ^ Romaine Lettuce	CORN DOG ON A STICK^ VEGGIE NUGGETS ^	Hot Sauce SOUTHWESTERN BLACK BEAN
Applesauce Cup	STEAK W/GRAVY MONTEREY VEGETARIAN PATTY	Light Ranch Dressing	Maple Baked Beans	& CHEESE BURRITO ^
Tropical Veggie Juice	Wrapped Hamburger Bun ^	Orange-Tangerine Juice	Baby Carrots	Taco Sauce
Milk	Potato Wedges	Milk	Light Ranch Dressing	Jalapenos
	Ketchup		Fresh Pear*	Diced Carrots
	Mixed Fruit Cup		Mustard	Fresh Banana
	milk		Ketchup	Milk
			BBQ Sauce	
			Milk	
October 14, 2019	October 15, 2019	October 16, 2019	October 17, 2019	October 18, 2019
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
GOLDEN GRAHAM CEREAL ^	COCOA PUFFS ^ Graham Crackers ^	String Cheese Chocolate Chip	VANILLA YOGURT	APPLE CINNAMON
French Toast Breakfast Square ^	Graham Crackers ^ Diced Peaches	Chocolate Chip Mini Loaf ^	Granola ^ Fresh Banana	CHEERIOS ^ Maple Breakfast Square ^
Breaktast Square ^ Craisins	Orange-Tangerine Juice	Mini Loar ^ Fresh Apple*	Fresh Banana Applesauce Cup	Maple Breakfast Square ^ Fresh Apple*
Fruit Punch Juice	Milk	Assorted Jelly	Milk	Milk
Milk	Lunch	Milk	Lunch	Lunch
Lunch	BAGEL DOG ^	Lunch	*NATIONAL PASTA DAY*	TERIYAKI CHICKEN PATTY
CHICKEN DUNKERS	4-CHEESE PANINI ^	CHICKEN TACO	MEATBALL SUB	VEGETARIAN BURGER
W/PARMESAN MARINARA SAUCE ^	Golden Potato Rounds	VEGETARIAN CHILI	Wrapped Hot Dog Bun ^	Wrapped Hamburger Bun ^
Breadstick ^	Diced Pears	WITH BEANS	MINI CHEESE RAVIOLI	Romaine Lettuce
CHEESE PIZZA ^	Ketchup	Tortilla Rounds ^	WITH SAUCE ^	Baby Carrots
Green Beans	Mustard	Fiesta Beans	Mixed Vegetables	Fat Free Ranch Dressing
Fresh Apple* Milk	Milk	Fresh Banana	Diced Peaches Milk	Fresh Pear*
Milk		Salsa Milk	MIIK	Mustard Ketchup
		WIIK		Milk
October 21, 2019	October 22, 2019	October 23, 2019	October 24, 2019	October 25, 2019
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
TRIX ^	RASPBERRY YOGURT	BLUEBERRY MUFFINA	PUMPKIN MINI LOAF ^	CORN CHEX ^
Strawberry	Granola ^	String Cheese	Fresh Banana	Vanilla Waffle Square ^
Pancake Square ^	Mixed Fruit Cup	Fresh Apple*	Orange-Tangerine Juice	Fresh Apple*
Craisins	Fruit Punch Juice	Milk	Milk	Milk
Grape Juice	Milk			
Milk	Lunch	Lunch	Lunch	Lunch
Lunch	CHEESE & GREEN CHILE TAMALE	CHICKEN QUESO BURRITO ^	FRENCH BREAD	BBQ CHICKEN
PENNE PASTA W/MEAT SAUCE ^	Hot Sauce CRISPY CHICKEN PATTY ^	BEAN & CHEESE BURRITO ^ Romaine Lettuce	CHEESE PIZZA^ CHICKEN NUGGETS ^	Wrapped Hamburger Bun ^ FRENCH TOAST STICKS
W/MEAT SAUCE ^ Breadstick ^	Wrapped Hamburger Bun ^	Romaine Lettuce Fresh Cucumber Slices	Honey Mustard Cup	WITH SCRAMBLED EGGS
CHEESY PARM WRAP ^	BBQ Sauce	Fresh Cucumber Silces Fat Free Ranch Dressing	Honey Mustard Cup Corn	WITH SCRAMBLED EGGS Svrup
Mixed Vegetables	Maple Baked Beans	Fresh Pear*	Fresh Apple Slices	French Fries
Fresh Orange*	Diced Pears	Salsa	Milk	Diced Peaches
Milk	Sun Splash Veggie Juice	Milk		Ketchup
	Milk			Milk
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October 28, 2019	October 29, 2019	October 30, 2019	October 31, 2019	
Breakfast	Breakfast	Breakfast	Breakfast	
COCOA PUFFS ^	STRAWBERRY YOGURT	CINNAMON CHEX ^	ENGLISH MUFFIN ^	
Graham Crackers ^ Craisins	Granola ^ Diced Pears	Maple Breakfast Square ^	Assorted Jelly	( 00 \
		Fresh Apple*	Fresh Banana	
Orange-Tangerine Juice	Apple Juice	Milk	Diced Peaches	
Milk Lunch	Milk Lunch	Lunch MACARONI & CHEESE	Milk Lunch	1 / b/2 000 1
POPCORN CHICKEN ^	RANCH TURKEY BURGER	MACARONI & CHEESE HOT DOG	SLOPPY JOE	1 /3 /3/
BBQ Sauce	MONTEREY VEGETARIAN PATTY	Wrapped Hot Dog Bun ^	Wrapped Hamburger Bun ^	
CHEESE PIZZA ^	Wrapped Hamburger Bun ^	Mustard	BEAN & CHEESE PUPUSA	
Corn	Golden Potato Rounds	Ketchup	Fresh Crunchy Celery Sticks	
Mixed Fruit Cup	Fresh Orange*	Fresh Broccoli Florets	Light Ranch Dressing	
Milk	Ketchup	Baby Carrots	Hot Sauce	
	Mustard	Light Ranch Dressing	Maple Baked Beans	
	Chipotle Ranch	Fresh Banana	Fresh Apple Slices	
	Milk	Milk	Milk	
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