

December 2020

K-12 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 30, 2020	December 1, 2020	December 2, 2020	December 3, 2020	December 4, 2020
BREAKFAST Cinnamon Toast Soft Filled Bar, Diced Pears, Orange Juice, Milk	BREAKFAST Waffles ^, Peach Cup, Apple Cran Juice, Syrup, Milk	BREAKFAST Cinnamon Flakes ^, Maple Breakfast Bar ^, Pineapple Tidbits, Blended Fruit Juice, Milk	BREAKFAST Frosted Flakes ^, Apple Bar ^, Craisins, Orange Juice, Milk	BREAKFAST Turkey Ham & Cheese on English Muffin ^, Pineapple Tidbits, Grape Juice, Milk
LUNCH Cheesy Chipotle Chicken w/Spanish Rice, Cornbread ^ Broccoli Mixed Fruit Cup Milk	LUNCH Breaded Chicken Nuggets ^ Fiesta Beans, Sun Splash Veggie Juice Pear Cup, Blended Fruit Juice BBQ Sauce Milk	LUNCH Pancakes ^ w/Sausage & Syrup Potato Rounds, Sun Splash Veggie Juice Craisins, Applesauce Milk	LUNCH Bean & Cheese Burrito ^ Salsa Cup Whole Kernel Corn Mixed Fruit Cup, Blended Fruit Juice Milk	LUNCH Kickin Chicken Sandwich ^ Potato Wedges, Green Beans Mixed Fruit Cup, Orange Juice BBQ Sauce, Ketchup Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 7, 2020	December 8, 2020	December 9, 2020	December 10, 2020	December 11, 2020
BREAKFAST Froot Loops ^, Graham Crackers ^, Pear Cup, Apple Cran Juice, Milk	BREAKFAST Pillsbury Grape Crescent ^, Peach Cup, Blended Fruit Juice, Milk	BREAKFAST Banana Muffin ^, Sgtng Cheese, Mixed Fruit Cup, Grape Juice, Milk	BREAKFAST Rice Krispies ^, Graham Crackers ^, Applesauce, Grape Juice, Milk	BREAKFAST Blueberry Muffin ^, String Cheese, Mixed Fruit Cup, Blended Fruit Juice, Milk
LUNCH General Tso's Chicken & Noodles Broccoli, Diced Carrots Apple Cran Juice, Peach Cup Chocolate Cookie ^ Milk	LUNCH Chicken Stirps w/Mac & Cheese Baked Beans, Sun Splash Veggie Juice Pear Cup, Grape Juice, Applesauce Honey, Crispy Granola Bites Milk	LUNCH Nashville (Hot) Popcorn Chicken ^ Flour Tortilla ^ French Fries Peach Cup Milk	LUNCH 4-Cheese Panini Sun Splash Veggie Juice Green Beans Pear Cup, Orange Juice Milk	LUNCH Crispy Chicken Sandwich ^ Broccoli Diced Carrots Applesauce, Grape Juice Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 14, 2020	December 15, 2020	December 16, 2020	December 17, 2020	December 18, 2020
BREAKFAST Cinnamon Toast Soft Filled Bar, Diced Pears, Orange Juice, Milk	BREAKFAST Pancakes ^, Peach Cup, Blended Fruit Juice, Syrup, Milk	BREAKFAST Cinnamon Flakes ^, Maple Breakfast Square ^, Pineapple Tidbits, Blended Fruit Juice, Milk	BREAKFAST Frosted Flakes ^, Apple Bar ^, Craisins, Orange Juice, Milk	BREAKFAST Turkey Ham & Cheese on English Muffin ^, Pineapple Tidbits, Grape Juice, Milk
LUNCH BBQ Chicken Tater Tot-Chos Cornbread ^ Sun Splash Veggie Juice Craisins, Mixed Fruit Cup Milk	LUNCH Corn Dog on a Stick Whole Kernel Corn, Green Beans Mustard, Ketchup Milk	LUNCH Beef Rib-B-Que Sandwich ^ Fiesta Beans French Fries Peach Cup, Blended Fruit Juice Milk	LUNCH Chick'n Nuggets w/Potato Wedges Cornbread ^, Diced Carrots Pineapple Cup, Apple Cran Juice BBQ Sauce, Ketchup Milk	LUNCH Meatloaf w/Tomato Sauce & Breadstick ^ Green Beans, Potato Rounds Mixed Fruit Cup, Grape Juice Vanilla Cookie ^ Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 21, 2020	December 22, 2020	December 23, 2020	December 24, 2020	December 25, 2020
December 28, 2020	December 29, 2020	December 30, 2020	December 31, 2020	



ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE WHITE MILK

** MENU IS SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider ***