

# September 2023 Menu

Monday, September 4, 2023	Tuesday, September 5, 2023	Wednesday, September 6, 2023	Thursday, September 7, 2023	Friday, September 8, 2023
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
	Pan Dulce OR Assorted Cereals w/Grahams, Fresh Apple, Orange Juice, Milk	Assorted Cereals, Honey Graham Crackers, Fresh Red Grapes, Orange Juice, Milk	Pan Dulce OR Assorted Cereals w/Grahams, Fresh Banana, Orange Juice, Milk	Blueberry Muffin Top, Graham Crackers, Assorted Fresh Fruit, Orange Juice, Milk
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
	Chicken Tenders OR Mac & Cheese Garlic Breadstick, Steamed Sliced Carrots, Potato Smiles, Fresh Red Apple, Milk BBQ Sauce, Chickn' Dippin' Sauce, Ketchup	Lentil Penne Pasta w/Marinara Sauce OR Kickin' Nuggets Savory Wheat Crackers, Tater Tots, Lettuce & Tomato Cup, Fresh Red Grapes, Milk Ranch Dressing	Beef Nachos OR Bean & Cheese Papusa Tortilla Chips, Pinto Beans and Cheese, Chili Lime Baby Carrots, Fresh Banana, Milk Ranch Dressing	Orange Chicken Rice Bowl OR Galaxy Cheese Pizza Corn, Tropical Trio Slushie, Assorted Fresh Fruit, Milk
Monday, September 11, 2023	Tuesday, September 12, 2023	Wednesday, September 13, 2023	Thursday, September 14, 2023	Friday, September 15, 2023
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Pan Dulce OR Assorted Cereals w/Grahams, Fresh Apple, Orange Juice, Milk	Assorted Cereals, Honey Graham Crackers, Fresh Tangerine, Orange Juice, Milk	Pan Dulce OR Assorted Cereals w/Grahams, Fresh Red Grapes, Orange Juice, Milk	Assorted Cereals, Honey Graham Crackers, Fresh Banana, Orange Juice, Milk	Cinnamon Roll OR Assorted Cereals w/Grahams, Assorted Fresh Fruit, Orange Juice, Milk
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Chicken Nuggets OR Bean & Cheese Chalupa and Cheez-It Crackers Steamed Sliced Carrots, Potato Smiles, Fresh Red Apple, Milk BBQ Sauce, Chickn' Dippin' Sauce, Ketchup	Chicken Alfredo Pasta w/Broccoli OR Italian Pull-Apart Cheese & Garlic w/ Marinara Sauce Steamed Broccoli Florets, Chili Lime Baby Carrots, Fresh Tangerine, Milk Ranch Dressing	Bean Burrito OR Kickin' Nuggets and Savory Wheat Crackers Tater Tots, Lettuce & Tomato Cup, Fresh Red Grapes, Milk Ketchup	Carnitas w/Corn Tortillas OR Grilled Cheese Sandwich Pinto Beans and Cheese, Chili Lime Baby Carrots, Fresh Banana, Milk Ranch Dressing	Beef Hamburger OR Mini Cheese Pizza Sliders Corn, Tropical Trio Slushie, Assorted Fresh Fruit, Milk Ketchup, Mustard
Monday, September 18, 2023	Tuesday, September 19, 2023	Wednesday, September 20, 2023	Thursday, September 21, 2023	Friday, September 22, 2023
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Pan Dulce OR Assorted Cereals w/Grahams, Fresh Apple, Orange Juice, Milk	Assorted Cereals, Honey Graham Crackers, Fresh Tangerine, Orange Juice, Milk	Pan Dulce OR Assorted Cereals w/Grahams, Fresh Red Grapes, Orange Juice, Milk	Assorted Cereals, Honey Graham Crackers, Fresh Banana, Orange Juice, Milk	Blueberry Muffin Top, Graham Crackers, Assorted Fresh Fruit, Orange Juice, Milk
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Chicken Nuggets OR Mac & Cheese and Garlic Breadstick Steamed Sliced Carrots, Potato Smiles, Fresh Red Apple, Milk BBQ Sauce, Chickn' Dippin' Sauce, Ketchup	Chicken Enchiladas w/Green Sauce OR Max Stix w/Marinara Sauce Steamed Broccoli Florets, Chili Lime Baby Carrots, Fresh Tangerine, Milk Sour Cream, Ranch Dressing	Lentil Penne Pasta w/Marinara Sauce OR Kickin' Nuggets and Savory Wheat Sticks Tater Tots, Lettuce & Tomato Cup, Fresh Red Grapes, Milk Ranch Dressing	Beef Nachos OR Bean & Cheese Papusa and Tortilla Chips Pinto Beans and Cheese, Chili Lime Baby Carrots, Fresh Banana, Milk Ranch Dressing	Orange Chicken Rice Bowl OR Galaxy Cheese Pizza Corn, Tropical Trio Slushie, Assorted Fresh Fruit, Milk
Monday, September 25, 2023	Tuesday, September 26, 2023	Wednesday, September 27, 2023	Thursday, September 28, 2023	Friday, September 29, 2023
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Pan Dulce OR Assorted Cereals w/Grahams, Fresh Apple, Orange Juice, Milk	Assorted Cereals, Honey Graham Crackers, Fresh Tangerine, Orange Juice, Milk	Pan Dulce OR Assorted Cereals w/Grahams, Fresh Red Grapes, Orange Juice, Milk	Assorted Cereals, Honey Graham Crackers, Fresh Banana, Orange Juice, Milk	Cinnamon Roll OR Assorted Cereals w/Grahams, Assorted Fresh Fruit, Orange Juice, Milk
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Chicken Nuggets OR Bean & Cheese Chalupa and Cheez It Crackers Steamed Sliced Carrots, Potato Smiles, Fresh Red Apple, Milk Ketchup	Chicken Alfredo Pasta w/Broccoli OR Italian Pull-Apart Cheese & Garlic w/ Marinara Sauce Steamed Broccoli Florets, Chili Lime Baby Carrots, Fresh Tangerine, Milk Ranch Dressing	Bean Burrito OR Kickin' Nuggets and Savory Wheat Crackers Tater Tots, Lettuce & Tomato Cup, Fresh Red Grapes, Milk Ranch Dressing	Carnitas w/Corn Tortillas OR Grilled Cheese Sandwich Pinto Beans and Cheese, Chili Lime Baby Carrots, Fresh Banana, Milk Ranch Dressing	Beef Hamburger OR Mini Cheese Pizza Sliders Corn, Tropical Trio Slushie, Assorted Fresh Fruit, Milk Ketchup, Mustard

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE MILK

\*\*\*\* MENU SUBJECT TO CHANGE \*\*\*\*

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