

BRK



AUGUST BREAKFAST

WELCOME BACK!

*MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

MONDAY

TUESDAY

WEDNESDAY

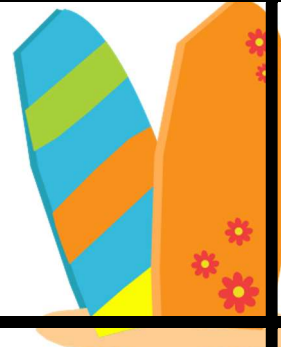
THURSDAY

FRIDAY



All meals are served with fruit and a
choice of milk
All Grains are whole grains

* This institution is an
equal opportunity provider



1

*Cereal bowl
(Fruit Loops)
or Zucchini
Bread

4

*Low-fat
Yogurt and
Granola or
*Cereal Bowl
(Cheerios)

5

*Fun and Fruity
Waffles
or
*Apple Top
Muffin

6

*WOWbutter and
Jam uncrustable or
*Cereal Bowl
(Cocoa Puffs)

7

*Cinnamon
Crumble
Cake or
*Blueberry
Muffin

8

*Cereal Bowl
(TRIX)
or
Sunrise Muffin

11

*Cereal Bar
or
*Cereal Bowl
(Cinnamon
Toast Crunch)

12

*Mocha
Crumble
Cake or
*Sunrise
Muffin

13

*Pan
Dulce (Pink)
or *Cereal
Bowl
(Corn Flakes)

14

*Chocolate
Chip Muffin
or *Zucchini
Bread

15

*Cereal bowl
(Fruit Loops)
or Apple Top
Muffin

18

*Double
Chocolate Muffin
or *Cereal bowl
(Cheerios)

19

*Pan Dulce
(Vanilla)
or *Apple top
Muffin

20

*Sweet Potato
Chocolate chip
Muffin top or
*Cereal Bowl
(Cocoa Puffs)

21

*Chocolate
Waffles
or
*Sunrise
Muffin

22

*Cereal Bowl
(TRIX)
or
Mocha Crumble

25

Low-fat Yogurt
+ *Granola
or *Cereal Bowl
(Cornflakes)

26

*Cinnamon
Crumble
or *Zucchini
Bread

27

*Fun and Fruity
Waffles
or *Cereal
Bowl (Fruit Loops)

28

*Pan Dulce
(Pink) or
*Blueberry
Muffin

29

*Cereal Bowl
(Cinnamon Toast
Crunch) or
Apple Top Muffin