

## **CITRUS SPRINGS**

L2 - Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
December 31, 2018	January 1, 2019	January 2, 2019	January 3, 2019	January 4, 2019
	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK
January 7, 2019	January 8, 2019	January 9, 2019	January 10, 2019	January 11, 2019
SOUTHWESTERN BLACK BEAN & CHEESE BURRITO ^ Broccoli Salsa TERIYAKI GLAZED CHICKEN BROWN RICE & BROCCOLI Fresh Crunchy Celery Sticks Fat Free Ranch Dressing Fresh Orange* Choice of Milk	CHICKEN NUGGETS W/POTATO ROUNDS BBQ Sauce FRENCH TOAST STICKS W/SAUSAGE ^ Syrup Potato Rounds Fresh Cucumber Slices Light Italian Dressing Apple Juice Ketchup Choice of Milk	TURKEY BURGER ^ Maple Baked Beans Chipotle Ranch BEEF CHILI DOG Wrapped Hot Dog Bun ^ Mustard Baby Carrots Fat Free Ranch Dressing Mixed Fruit Cup Ketchup Choice of Milk	NACHO COMBO CHILI CRISPY CHICKEN DRUMSTICK ^ Tortilla Rounds ^ Sweet Maple Butter Carrots Fresh Apple Slices Choice of Milk	POPCORN CHICKEN ^ BBQ Sauce BEAN & CHEESE BURRITO ^ Jalapenos Romaine Lettuce Fat Free Ranch Dressing Pineapple Tidbits Corn Muffin ^ Choice of Milk
January 14, 2019	January 15, 2019	January 16, 2019	January 17, 2019	January 18, 2019
CHICKEN & GREEN CHILE TAMALE Hot Sauce CHEESEBURGER ^ Mustard Ketchup Whole Kernel Corn Diced Pears Choice of Milk	SPAGHETTI & MEATBALLS ^ Breadstick (IW)^ BBQ CHICKEN with DICED CARROTS Wrapped Hamburger Bun ^ Fresh Zucchini Slices Orange-Tangerine Juice Choice of Milk	ORANGE CHICKEN with BROCCOLI CHEESE LASAGNA With TOMATO SAUCE & BROCCOLI Fresh Red Pepper Slices Pineapple Tidbits Choice of Milk	TACO MEAT Tortilla Rounds ^ Taco Sauce BEAN & CHEESE PUPUSA Jalapenos Fiesta Beans Fresh Apple Slices Hot Sauce Choice of Milk	CHICKEN SANDWICH ^ BBQ Sauce CORN DOG ON A STICK Ketchup Mustard Country Blend Vegetables Fresh Banana* Choice of Milk
January 21, 2019	January 22, 2019	January 23, 2019	January 24, 2019	January 25, 2019
MARTIN LUTHER KING JR.	TERIYAKI GLAZED CHICKEN BROWN RICE & BROCCOLI PIZZA DIPPERS ^ Marinara Dipping Sauce Diced Carrots Fresh Apple Slices Chocolate Cookie ^ Choice of Milk	GENERAL TSO'S CHICKEN (with noodles & broccoli) Fresh Red Pepper Slices Light French Dressing Fresh Pear* Choice of Milk BEAN & CHEESE BURRITO ^ Fresh Broccoli Florets	CRISPY CHICKEN DRUMSTICK ^ Southwest Corn BBQ Sauce Corn Muffin ^ SALISBURY STEAK WITH GRAVY & MASHED POTATOES Wrapped Sliced Bread ^ (2) Fresh Cauliflower Florets Fat Free Ranch Dressing Mixed Fruit Cup Choice of Milk	*BREAKFAST FOR LUNCH* FRENCH TOAST STICKS W/SAUSAGE ^ Syrup CHICKEN ALFREDO PASTA ^ Wango Mango Julice Diced Peaches Choice of Milk
January 28, 2019	January 29, 2019	January 30, 2019	January 31, 2019	February 1, 2019
Ketchup Fresh Crunchy Celery Sticks Fat Free Ranch Dressing Applesauce Cup Choice of Milk SANTA FE CHICKEN WITH CARROTS Corn Muffin ^ TURKEY BURGER ^ Diced Carrots Mustard	CHEESE PUPUSA Hot Sauce POPCORN CHICKEN ^ BBQ Sauce Fiesta Beans Jalapenos Grape Juice Choice of Milk	Choice of Milk BBQ CHICKEN WITH GREEN BEANS Wrapped Hamburger Bun ^ SOUTHWESTERN BLACK BEAN & CHEESE BURRITO ^ Salsa Cup SunSet Sip Juice Diced Peaches	CHEESEBURGER ^ French Fries Mustard CHICKEN NUGGETS W/POTATO ROUNDS BBQ Sauce Fresh Cucumber Slices Fruit Punch Juice Ketchup Choice of Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.

www.preferredmeals.com

