

Breakfast & Lunch Menu

Breakfast & Lunch Menu				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 2, 2019	December 3, 2019	December 4, 2019	December 5, 2019	December 6, 2019
Breakfast COCOA PUFFS ^	Breakfast STRAWBERRY YOGURT	Breakfast CINNAMON CHEX ^	Breakfast ENGLISH MUFFIN ^	Breakfast String Cheese
Graham Crackers ^	Granola ^	Maple Breakfast Square ^	Assorted Jelly	Peach Mini Loaf ^
Craisins	Diced Pears	Fresh Apple	Fresh Banana	Fresh Apple
Orange-Tangerine Juice	Apple Juice	Milk	Diced Peaches	Assorted Jelly
Milk	Milk		Milk	Milk
Lunch	Lunch	Lunch	Lunch	Lunch
MAC & CHEESE ^	SLOPPY JOE	BEAN & CHEESE PUPUSA	CHICKEN DUNKERS	HOMESTYLE SALISBURY
POPCORN CHICKEN ^	Wrapped Hamburger Bun ^	CHARBROILED HAMBURGER	W/PARMESAN MARINARA SAUCE ^	STEAK W/GRAVY
Country Blend Vegetables Applesauce Cup	PIZZA DIPPERS ^ Marinara Dipping Sauce	Wrapped Hamburger Bun ^ Fresh Crunchy Celery Sticks	MINI CHEESE RAVIOLI WITH SAUCE ^	MONTEREY VEGETARIAN PATTY Wrapped Hamburger Bun ^
BBQ Sauce	Mixed Vegetables	Fresh Pear*	Maple Baked Beans	Mashed Potatoes
Milk	Orange-Tangerine Juice	Ketchup, Mustard, & Fat Free Ranch	Fresh Orange*	Romaine Lettuce
	Milk	Hot Sauce	Milk	Diced Peaches
		Whole Kernel Corn Milk		BBQ Sauce & Fat Free Ranch Milk
December 9, 2019	December 10, 2019	December 11, 2019	December 12, 2019	December 13, 2019
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square	VANILLA YOGURT Granola ^	BANANA MUFFIN ^ String Cheese	WHOLE WHEAT BAGEL Cream Cheese	CINNAMON TOAST CRUNCH ^ French Toast
Craisins	Applesauce Cup	Fresh Apple	Fresh Pear*	Breakfast Square ^
Grape Juice	Fruit Punch Juice	Milk	Orange-Tangerine Juice	Fresh Apple
Milk Lunch	Milk Lunch	Lunch	Milk Lunch	Milk Lunch
PENNE PASTA W/MEAT SAUCE ^	*NEW ITEM*	Lunch CHICKEN & GREEN CHILE TAMALE	VEGGIE NUGGETS W/POTATO WEDGES ^	RIB-B-QUE
Breadstick ^ VEGETARIAN CHICKEN TINGA	CHICKEN TACO VEGETARIAN CHILI	VEGETARIAN BURGER Wrapped Hamburger Bun ^	W/POTATO WEDGES ^ HOT DOG W/ POTATO ROUNDS	Wrapped Hamburger Bun ^
W/CORN	WITH BEANS	Baby Carrots	Wrapped Hot Dog Bun ^	FRENCH TOAST STICKS WITH SCRAMBLED EGGS
IW Soft Tortilla ^	Wild White Nacho Doritos^	Romaine Lettuce	Maple Baked Beans	French Fries
Green Beans Mixed Fruit Cup	Corn Diced Pears	Orange-Tangerine Juice Ketchup, Mustard, & Fat Free Ranch	Fresh Apple Ketchup, Mustard, & BBQ Sauce	Fresh Banana Ketchup & Syrup
Milk	Milk	Milk	Milk	Milk
December 16, 2019	December 17, 2019	December 18, 2019	December 19, 2019	December 20, 2019
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
FRUITY CHEERIOS ^ Animal Grahams ^	STRAWBERRY BANANA YOGURT Granola ^	FROSTED CORN FLAKES ^ Vanilla Waffle Square ^	RICE CHEX ^ Strawberry Pancake Square ^	String Cheese Cherry Mini Loaf ^
Craisins	Fruit Punch Juice	Fresh Apple	Fresh Banana	Fresh Apple
Apple Juice	Diced Pears	Milk	Orange-Tangerine Juice	Milk
Milk Lunch	Milk Lunch	Lunch	Milk Lunch	Lunch
*NEW RECIPE!***	CHEESE PUPUSA	BBQ CHICKEN	HOLIDAY MEAL**	BAGEL DOG ^
BEEF & BEAN CHILI	CHICKEN TENDERS WITH	VEGGIE BURGER	CHEESE LASAGNA ^	SOUTHWESTERN BLACK BEAN
CHEESY PARM WRAP ^ Corn Muffin ^	POTATO WEDGES ^	POTATO WEDGES Wrapped Hamburger Bun ^	CRISPY CHICKEN PATTY ^	& CHEESE BURRITO ^ Corn
Mixed Vegetables	Green Beans Orange-Tangerine Juice	Maple Baked Beans	Wrapped Hamburger Bun ^ Pickle Chips	Baby Carrots
Diced Peaches	Jalapenos	Fresh Banana	Romaine Lettuce	Mixed Fruit Cup
Milk	Ketchup, BBQ Sauce, & Hot Sauce	Sriracha Ketchup & Mustard	Fresh Pear*	Ketchup, Mustard, & Fat Free Ranch
	Milk	Milk	Chocolate Cookie ^ Light Italian Dressing & BBQ Sauce	Milk
			Milk	
December 23, 2019	December 24, 2019	December 25, 2019	December 26, 2019	December 27, 2019
Wi	nter	By	eah	
December 30, 2019	December 31, 2019			
Deli to	Break Con.			
Winter 2	wear con.			