

March

Riverside Student Center 6-8 Breakfast & Lunch Menu

Breakfast & Lunch Menu				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2, 2020	March 3, 2020	March 4, 2020	March 5, 2020	March 6, 2020
. NATIO	MAL SCHOO	L BREAKF	AST WEEK	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
CINNAMON TOAST CRUNCH ^	FROOT LOOPS*	STRAWBERRY BANANA YOGURT	FROSTED FLAKES *	PILLSBURY GRAPE CRESCENT ^
French Toast	Animal Grahams ^	Granola ^	Vanilla Waffle Square ^	Fresh Banana*
Breakfast Square ^ Fresh Apple	Craisins Grape Juice	Fruit Punch Juice Diced Pears	Fresh Apple Milk	Orange-Tangerine Juice Milk
Milk	Milk	Milk	1	
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Lunch FRENCH TOAST STICKS W/SAUSAGE ^	Lunch BBQ CHICKEN TATOR TOT-CHOS	Lunch POPCORN CHICKEN ^	Lunch CHICKEN ALFREDO PASTA ^	Lunch CRISPY CHICKEN SANDWICH ^
FRENCH TOAST STICKS	BBQ VEGAN CHICKEN W/CARROTS*	VEGETARIAN BURGER*	HEESY PENNE ALFREDO W/BROCCOLI/	BEAN & CHEESE PUPUSA*
W/SCRAMBLED EGGS*	Tortilla Rounds ^	Breadstick (IW)^	Mixed Vegetables	Fresh Crunchy Celery Sticks
Tropical Veggie Juice Applesauce Cup	Diced Carrots Mixed Fruit Cup	Baked Beans Pickle Chips	Fresh Apple Slices Milk	Romainé Lettuće Fresh Banana
Syrup	Milk	Orange-Tangerine Juice	Willix	Ranch, Hot Sauce, & BBQ Sauce
Milk		Ketchup, Mustard, & BBQ Sauce		Milk
March 9, 2020	March 10, 2020	Milk March 11, 2020	March 12, 2020	March 13, 2020
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
String Cheese	GOLDEN GRAHAM CEREAL ^	CINNAMON FLAKES ^	String Cheese	VANILLA YOGURT
Lemon Mini Loaf ^ Fresh Apple	French Toast Breakfast Square ^ Craisins	Graham Crackers ^ Orange-Tangerine Juice	Chocolate Chip Mini Loaf ^ Fresh Apple	Granola ^ Fresh Banana*
Milk	Fruit Punch Juice	Diced Peaches	Milk	Grape Juice
Milk	Milk	Milk		Milk
Lunch CHICKEN STRIPS	Lunch RIB-B-QUE	Lunch MEATLOAF PANINI ^	Lunch CHEESY TACO MEAT	Lunch CRUNCHY CHICKEN TENDERS ^
W/SWEET POTATO PUFFS ^	Wrapped Hamburger Bun ^	GRILLED CHEESE PANINI ^	VEGGIE NACHO COMBO CHILI	MAC & CHEESE^*
MINI CHEESE RAVIOLI W/SAUCE ^	BEAN & CHEESE BURRITO ^	Corn	Tortilla Rounds ^	California Blend Veggies
Green Beans Fresh Orange*	French Fries Diced Peaches	Fresh Crunchy Celery Sticks Diced Pears	Romaine Lettuce Fresh Red Pepper Slices	Fresh Pear Snickerdoodle Cookie ^
BBQ Sauce	Ketchup & Salsa	Chocolate Cookie ^	Fresh Apple Slices	BBQ Sauce
Milk	Milk	Ranch Milk	Taco Sauce & Ranch Milk	Milk
March 16, 2020	March 17, 2020	March 18, 2020	March 19, 2020	March 20, 2020
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
APPLE JACKS ^ Maple Breakfast Square ^	RICE KRISPIES ^ Strawberry Pancake Square ^	RASPBERRY YOGURT Granola ^	BLUEBERRY MUFFIN ^ String Cheese	CORN CHEX ^ Animal Grahams ^
Fresh Apple	Craisins	Mixed Fruit Cup	Fresh Apple	Fresh Orange*
Milk Milk	Grape Juice Milk	Orange-Tangerine Juice Milk	Milk	Fruit Punch Juice Milk
Lunch	Lunch	Lunch	Lunch	Lunch
PANCAKES & SAUSAGE ^	HOMESTYLE SALISBURY STEAK W/GRAVY	PEPPERONI PIZZA ^	CORN DOG ON A STICK^	CHICKEN TENDERS W/POTATO WEDGES ^
Syrup GRILLED CHEESE SANDWICH ^	MONTEREY VEGETARIAN PATTY Wrapped Hamburger Bun ^	CHEESY PARM WRAP ^ Romaine Lettuce	VEGGIE NUGGETS ^ Maple Baked Beans	MINI CHEESE RAVIOLI W/SAUCE^ * Country Blend Vegetables
Tropical Veggie Juice	Potato Wedges	Orange-Tangerine Juice	Baby Carrots	Fresh Banana*
Applesauce Cup Milk	Mixed Fruit Cup Ketchup	Ranch Milk	Fresh Pear* Ketchup, Ranch, BBQ Sauce	Breadstick (IW)^ Ketchup & BBQ Sauce
IVIIIK	Milk	IVIIIK	Milk	Milk
March 23, 2020	March 24, 2020	March 25, 2020	March 26, 2020	March 27, 2020
Breakfast FROOT LOOPS^	Breakfast COCOA PUFFS ^	Breakfast STRAWBERRY YOGURT	Breakfast CINNAMON FLAKES ^	Breakfast ENGLISH MUFFIN ^
Vanilla Waffle Square ^	Graham Crackers ^	Granola ^	Maple Breakfast Square ^	Assorted Jelly
Fresh Apple	Craisins	Diced Pears	Fresh Apple	Fresh Banana*
Milk Milk	Apple Juice Milk	Orange-Tangerine Juice Milk	Milk	Diced Peaches Milk
Lunch	Lunch	Lunch	Lunch	Lunch
CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^	BAGEL DOG ^ 4-CHEESE PANINI ^	CHICKEN TACO VEGETARIAN CHILI W/BEANS	MEATBALL SUB Wrapped Hot Dog Bun ^	CORN DOG ON A STICK^ FRENCH BREAD CHEESE PIZZA^*
CHEESE PIZZA ^	Golden Potato Rounds	Tortilla Rounds ^	MINI CHEESE RAVIOLI W/SAUCE ^	Baby Carrots
Breadstick ^	Diced Pears	Fiesta Beans	Mixed Vegetables	Fresh Broccoli Florets Fresh Pear
Green Beans Fresh Apple	Ketchup & Mustard Milk	Fresh Banana Salsa	Diced Peaches Milk	Fresh Pear Ketchup, Mustard, & Ranch
Milk		Milk		Milk
March 30, 2020	March 31, 2020			
Breakfast String Cheese	Breakfast APPLE JACKS ^			
Peach Mini Loaf ^	Vanilla Waffle Square ^			
Fresh Apple Milk	Craisins Grape Juice			
IVIIIK	Milk			
Lunch	Lunch SLOPPY JOE BURGER			
CHICKEN STRIPS W/SWEET POTATO FRIES ^ CHEESE & GREEN CHILE TAMALE*	CHEESY PARM WRAP^ *			
Potato Wedges	Diced Carrots			
Diced Pears Ketchup & BBQ Sauce	Mixed Fruit Cup Milk			
Milk				
** MENU SUBJECT TO CHANGE ** ^ Denotes item is whole-grain/whole wheat. * Denotes item is vegetarian.				
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*This menu is free of peanuts, tree nuts, fish, and shellfish. *** This institution is an equal opportunity provider.				